



# Thirteenth Annual **The Collective Soul Symposium**

Live Internet Activity

Being a Channel of Peace and Hope for Those in Suffering.  
Spiritual Care in Our Daily Practice

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**March 1 - 2, 2024**

THE UNIVERSITY OF TEXAS  
**MD Anderson  
Cancer Center**

Making Cancer History®

Institute  
**ISH** for Spirituality  
and Health  
AT THE TEXAS MEDICAL CENTER

For more information, visit <https://www.spiritualityandhealth.org/events/collectivesoul2024>

# Thirteenth Annual **The Collective Soul Symposium**

Being a Channel of Peace and Hope for Those in Suffering. Spiritual Care in Our Daily Practice

## **INTRODUCTION**

Spirituality and religiosity are recognized as factors that contribute to quality of life and coping strategies in many persons facing life-threatening illnesses. These life-threatening events can also give rise to spiritual distress. When combined with chronic or acute pain and other physical and psychological symptoms, spiritual distress can be a component of a patient's total suffering, which the Palliative Care Team (The Collective Soul) seeks to alleviate, enhancing the human spirit and creating a healing environment in the middle of the distressful situation. The purpose of this course is to provide a better understanding of the Palliative Care Team's role in enhancing the Human spirit and relieving patient's bio-psychosocial and spiritual suffering.

## **DESCRIPTION**

The purpose of this virtual educational event is to provide community-based, hospital, chaplains, ministers and other interested healthcare professionals with skills for a better understanding of the Palliative Care Team role; embracing the human spirit of patients with advanced illness, multiple physical, psychosocial, spiritual, and religious issues.

Attendees at this conference will learn the principles of Palliative Care and Hospice, the state-of-the art of physical, emotional, and spiritual symptom management; effective communication with patients and families at the end of life; and the integration of spiritual care into the Palliative Care practice.

## **EDUCATIONAL OBJECTIVES**

- Describe the important role that interdisciplinary teams play when caring for patients with advanced illnesses in a multicultural environment in the Palliative Care and Hospice setting.
- Apply the principles of management of different distressing Physical symptoms of patients with advanced illnesses.
- Describe managing distressing emotional and spiritual symptoms in patients with advanced illnesses and their families.

## **TARGET AUDIENCE**

This activity is aimed at physicians (MD or DO), Physician Assistant, Nurse (APRN, RN, and LVN), Social Workers; as well as, chaplains, ministers, clergy, spiritual care counselors, and other healthcare professionals.

## **SPECIALTY**

Hospice and Palliative Medicine

## **EDUCATIONAL METHODS**

- Didactic/Lecture
- Question and Answer Sessions
- Panel Discussions
- Case Presentations



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## **EVALUATION/CERTIFICATES**

An online course evaluation tool will provide participants with the opportunity to comment on the value of the program content to their practice decisions, performance improvement activities, or possible impact on patient health status. Participants will also have the opportunity to comment on any perceived commercial bias in the presentations as well as to identify future educational topics. Certificates provided upon completion of symposium evaluation.

## **ACCREDITATION/CREDIT STATEMENT**



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, The University of Texas MD Anderson Cancer Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

## **CREDIT DESIGNATION**

The University of Texas MD Anderson Cancer Center designates this live activity for a maximum of 11.50 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The University of Texas MD Anderson Cancer Center designates this live activity for a maximum of 11.50 credit(s) of education in medical ethics and/or professional responsibility.

The University of Texas MD Anderson Cancer Center designates this live activity will award 11.50 Nursing Contact Hour(s).

The University of Texas MD Anderson (CEU Provider #4607) is an approved continuing education provider for Social Workers through the Texas State Board of Social Worker Examiners. This activity has been approved for 11.50 continuing education units.



The University of Texas MD Anderson Cancer Center has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 11.50 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.



# The 2024 Steve Thorney Lecture in Spiritual Care Award Recipient

## George Fitchett, DMin, BCC, PhDh

Professor and the Director of Research  
Department of Religion, Health, and  
Human Values  
Rush University Medical Center  
Chicago, Illinois



## FORMER RECIPIENTS

### **Christina Puchalski, MD**

Professor and Director  
George Washington Institute for  
Spirituality for Spirituality and Health  
George Washington University  
Washington, District of Columbia

### **Tracy A. Balboni, MD, MPH**

Associate Professor and Clinical Director  
Supportive and Palliative Radiology Oncology  
Dana-Farber/Harvard Cancer Center  
Boston, Massachusetts

### **Rev. George Handzo, BCC, CSSB**

Director  
Health Services Research & Quality  
HealthCare Chaplaincy Network:  
Caring For The Human Spirit™  
New York, New York

### **John K. Graham, MD**

President & CEO  
Institute of Spirituality and Health  
Houston, Texas

### **Farr A. Curlin, MD**

Josiah C. Trent Professor of Medical Humanities  
Co-Director, Theology, Medicine and Culture  
Initiatives at Duke Divinity School  
Duke University  
Durham, North Carolina

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Josiah C. Trent Professor of Medical Humanities  
Co-Director, Theology, Medicine and Culture  
Initiatives at Duke Divinity School  
Duke University  
Durham, North Carolina

### **Betty Ferrell, RN, PhD, MA, FAAN, FPCN, CHPN**

Director and Professor  
Nursing Research and Education  
Population Sciences  
City of Hope National Medical Center  
Duarte, California

### **Daniel P. Sulmasy, OFM, MD, PhD**

Professor, Biomedical Ethics  
Senior Research Scholar, Kennedy Institute of Ethics  
Georgetown University  
Washington, District of Columbia

### **Eduardo Bruera, MD, FAAHPM**

Chair, Palliative, Rehabilitation & Integrative Medicine  
MD Anderson Cancer Center  
Houston, Texas

### **Karen E. Steinhauser, PhD**

Professor, Population Health Services and Medicine  
Associate Chief, Research Palliative Care  
Duke University Medical Center  
Durham, North Carolina

# AGENDA



## Thirteenth Annual The Collective Soul Symposium

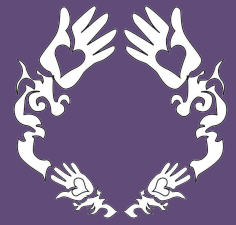
**Friday, March 1, 2024**

NOTE: All time is in Central Standard Time (CST)

8:00-8:15 a.m.	<b>Welcome and Opening Remarks</b> <i>Marvin Omar Delgado-Guay, MD, FAAHPM</i>	2:20-3:00 p.m.	<b>A Silent Scream that Needs A Voice and Care: Servicing Caregivers and Family Members in Suffering</b> <i>Cynthia Johnson, MDiv, BCC</i>
8:15-8:30 a.m.	<b>Invocation/Blessings</b> <i>Ali Haider, MD</i> <i>Suresh Reddy, MD</i> <i>Reverend Steve Thorney, MDiv, BCC, MA</i> <i>Donna Zhukovsky, MD, FACP, FAAHPM</i>	3:00-3:40 p.m.	<b>"Everything Stopped After My Loved One Died." Supporting Caregivers in the Grief and Bereavement Process</b> <i>John K. Graham, MD, PhD, DMin</i>
8:30-9:10 a.m.	<b>Palliative Care: A Human Right for All. Relieving Suffering in Patients with Advanced Illness</b> <i>Eduardo Bruera, MD, FAAHPM</i>	3:40-3:50 p.m.	Break
9:10-9:50 a.m.	<b>Embracing Compassion and Spirituality in Our Daily Practice. Intensive Caring in Action</b> <i>Marvin Delgado Guay, MD, FAAHPM</i>	3:50-4:30 p.m.	<b>The Compassionate Balance in Serving Patients with Advanced and Terminal Illness in Suffering and Caring for Ourselves. The Collective Soul in Action</b> <i>Marvel Bartley, MSRN, RN CMSRN, FNP-C</i> <i>Kimmie Tallie, RN, MSN, FNP-C</i> <i>Avery Virgilio, MS, APRN, FNP-C, ACHPN-C</i> <i>Sujin Ann-Yi, PhD, LMFT</i>
9:50-10:00 a.m.	<b>Introduction of the 2024 Steve Thorney Award Lecture to George Fitchett DMin, BCC, PhD</b> <i>Marvin Omar Delgado-Guay, MD, FAAHPM</i> <i>Eduardo Bruera, MD</i>	4:30-5:00 p.m.	<b>A Healing Laugh for the Soul: Laughter Yoga</b> <i>Stephen M. Findley, MDiv, CLYT, BCC</i>
10:00-11:00 a.m.	<b>The 2024 Steve Thorney Lecture in Spiritual Care: Quantifiable Assessment of Spiritual Concerns of Palliative Care Patients with the PC-7</b> <i>George Fitchett, DMin, BCC, PhD</i>	5:00 p.m.	Adjourn <i>Marvin Omar Delgado-Guay, MD, FAAHPM</i>
11:00-11:10 a.m.	Break		
11:10-11:50 a.m.	<b>Harmonizing Hope, Peace, and Control in the Life of Patients with Advanced Illness</b> <i>Anne Vandenhoeck, PhD</i>		
11:50 a.m.-1:10 p.m.	<b>Supporting Different Religious Perspectives About Life, Illness and Care Decision-Making and Death. A Panel Discussion</b> Islam: <i>Shaykh Basem Hamed, MD</i> Jewish: <i>Rabbi Dan Gordon</i> Hindu: <i>Smitha G Mallaiah, MS, C-IAYT</i> Buddhist: <i>Alejandro Chaoul, PhD</i> Christian: <i>Cletus Udoh, MDiv</i>		
1:10-1:40 p.m.	Lunch		
1:40-2:20 p.m.	<b>Approaching Ethical, Clinical, and Spiritual Dilemmas Found While Caring for Patients with Advanced and Terminal Illness</b> <i>Sylvia Klauser, PhD, BCC, ACPE-CE</i>		

All statements and opinions contained herein are solely those of the individual speakers and may not reflect those of The University of Texas MD Anderson Cancer Center.

# AGENDA



## Thirteenth Annual The Collective Soul Symposium

**Saturday, March 2, 2024**

NOTE: All time is in Central Standard Time (CST)

- 8:00-8:05 a.m. Welcome and Opening Remarks  
*Marvin Omar Delgado-Guay, MD, FAAHPM*
- 8:05-8:15 a.m. **Invocation/Blessings**  
*Steve Thorney, MDiv*
- 8:15-9:05 a.m. **Living the Integration of Spiritual Care for Children in Suffering**  
*Richard W. Bauer, MM, BCC, LCSW*
- 9:05-9:45 a.m. **"I Guess You Have to Be Here." What Happens When One Healthcare System Eliminates 13 Chaplain Jobs in One Day?**  
*Paul Galchutt, MPH, MDiv, BCC*  
*Csaba Szilagyi, MDiv, MLA, MS*
- 9:45-10:25 a.m. **Embracing Palliative/Clinical Care and Spiritual Care in Our Communities**  
*Asa W. Roberts, Jr., MBA, MDiv, DEdMin*
- 10:25-10:30 a.m. Break
- 10:30-11:10 a.m. **A Melody for Your Soul. Music Therapy for Patients with Advanced and Terminal Illness**  
*Ingrid S. Moeller, MA, MT-BC*
- 11:10-11:50 a.m. **Integrative Medicine Approaches to Alleviate Spiritual Pain and Distress of Patients Living with Advanced Illnesses in A Multicultural Environment.**  
*Gabriel Lopez, MD*
- 11:50 a.m.-12:20 p.m. **Healing the Soul Through Narrative (Literary) Art**  
*Marcia Brennan, PhD*
- 12:20-12:30 p.m. Adjourn and Evaluation  
*Marvin Omar Delgado-Guay, MD, FAAHPM*

*The University of Texas MD Anderson Cancer Center has implemented a process whereby everyone who is in a position to control the content of an educational activity must disclose all financial relationships with any commercial interest that could potentially affect the information presented. Specific disclosure will be made to the participants prior to the educational activity.*

*Agendas are subject to change because we are always striving to improve the quality of your educational experience. MD Anderson may substitute faculty with comparable expertise on rare occasions necessitated by illness, schedule conflicts, and so forth.*

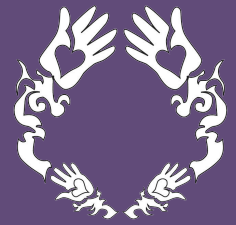
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*Please let us know what specific topics, issues or questions you wish to see addressed or emphasized in this activity. E-mail Continuing Professional Education at [ContinuingEducation@MDAnderson.org](mailto:ContinuingEducation@MDAnderson.org). All responses will be forwarded to the Activity Directors for consideration.*

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# SPEAKERS



## Thirteenth Annual **The Collective Soul Symposium**

Being a Channel of Peace and Hope for Those in Suffering. Spiritual Care In Our Daily Practice

### MD ANDERSON SPEAKERS

**Sujin Ann-Yi, PhD**

Associate Professor  
Palliative, Rehabilitation and Integrative Medicine

**Marvel Bartley, MSRN, RN CMSRN, FNP-C**

Advanced Practice Provider  
Palliative, Rehabilitation, and Integrative Medicine

**Eduardo Bruera, MD, FAAHPM**

Chair  
Palliative, Rehabilitation and Integrative Medicine

**Marvin Omar Delgado-Guay, MD, FAAHPM**

Activity Director and Professor  
Palliative, Rehabilitation and Integrative Medicine

**Ali Haider, MD**

Associate Professor  
Palliative, Rehabilitation and Integrative Medicine

**Sylvia Klauser, PhD, BCC, ACPE-CE**

Senior Chaplain  
Department of Spiritual Care and Education

**Gabriel Lopez, MD**

Associate Professor  
Palliative, Rehabilitation, and Integrative Medicine

**Smitha G Mallaiah, MS, C-IAYT**

Sr. Mind-Body Intervention Specialist  
Palliative, Rehabilitation, and Integrative Medicine

**Ingrid S. Moeller, MA, MT-BC**

Music Therapist  
Palliative, Rehabilitation and Integrative Medicine

**Suresh K. Reddy, MD**

Section Chief Professor, Section Chief &  
Director of Education  
Palliative, Rehabilitation and Integrative Medicine

**Kimie Tallie, RN, MSN, FNP-C**

Supervisor, Advanced Practice Provider  
Palliative, Rehabilitation, and Integrative Medicine

**Avery Virgilio, MS, APRN, FNP-C, ACHPN-C**

Advanced Practice Provider  
Palliative, Rehabilitation, and Integrative Medicine

**Donna S. Zhukovsky, MD, FAAHPM**

Professor  
Palliative, Rehabilitation, and Integrative Medicine

### GUEST SPEAKERS

**Marcia Brennan, PhD**

Rice University  
Houston, Texas

**Alejandro Chaoul, PhD**

The Jung Center's Mind Body Spirit Institute  
Houston, Texas

**Stephen M. Findley, MDiv, CLYT, BCC**

The Shakha Zone  
Houston, Texas

**George Fitchett DMin, BCC, PhDh**

Rush University  
Chicago, Illinois

**Paul Galchutt, MPH, MDiv, BCC**

University of Minnesota Medical Center  
Minneapolis, Minnesota

**Rabbi Dan Gordon**

Temple Beth Torah  
Houston, Texas

**John K. Graham, MD, PhD, DMin**

The Institute for Spirituality and Health  
Houston, Texas

**Shaykh Basem Hamid, MD**

Wasat Institute  
Houston, Texas

**Cynthia A. Johnson, MDiv, BCC**

Houston Methodist Hospital  
Houston, Texas

**Asa W. Roberts, Jr., MBA, MDiv, DEdMin**

Houston, Texas

**Csaba Szilagyi, MDiv, MLA, MS**

John Hopkins Howard County Medical Center  
Columbia, Maryland

**Steve Thorney, MDiv, MA**

Retired Chaplain  
Houston, Texas

**Cletus Udoh, MDiv, BCC**

Harris Health Center  
Houston, Texas

**Anne Vandehoeck, PhD**

KU Leuven University  
Leuven, Belgium

### Advanced Course Advisory Committee

Activity Directors: Marvin Omar Delgado-Guay, MD, FAAHPM and Eduardo Bruera MD, FAAHPM

Activity Executive Manager: Tameka Sneed

Marvel Bartley, MSRN, RN CMSRN, FNP-C

Chaplain Sherlock Brown, MDiv, BCC

Angelica Castillo, CE Activity Planner

John K. Graham, MD, PhD, DMin

Elida Galan, Administrative Support

Chaplain Cynthia Johnson, BCC

Sylvia Klauser, PhD, BCC, ACPE-CE

Malory Lee, LCSW

Gabriel Lopez, MD

Joanne Martin

Stuart Nelson, MA

Cybil Saenz

Kimie Tallie, RN, MSN, FNP-C

Marian Taylor, DNP, RN, CMSRN

Reverend Steve Thorney, MDiv, BCC, MA

Chaplain Cletus Udoh, MDiv, BCC,

Avery Virgilio, MS, APRN, FNP-C, ACHPN-C

# Registration Information

## Live Internet Event

The two-day Collective Soul Symposium will begin on Friday, March 1, 2024, with Opening Remarks at 8:00 a.m. and will adjourn for the day at 5:00 p.m. The symposium will reconvene on Saturday, March 2, 2024, at 8:00 a.m. and adjourn at 12:30 p.m. Advanced registration is encouraged.

Course registration includes on-line materials, presentation video recordings and PowerPoint presentations.

To Register, visit: [www.SpiritualityAndHealth.org/events/CollectiveSoul2024](http://www.SpiritualityAndHealth.org/events/CollectiveSoul2024)

When registering online a receipt/confirmation letter will be automatically e-mailed to the e-mail address you list on the registration form.

### Registration Fees

Physician Fee:	\$150.00
Symposium Fee:	\$ 75.00
<small>(Physicians, Chaplains, Ministers, Clergy, Spiritual Care Counselors, Nurses, Social Workers and Healthcare Professionals)</small>	

Students:	\$ 50.00*
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\* Students needing assistance will need to write a statement of the reasons.

