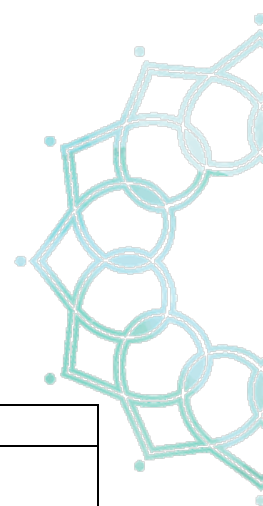


# Goal Setting Document



	Goal 1	Goal 2
<b>Goal</b>		
<b>How are you going to achieve your goal? What are the steps you will take?</b>		
<b>Why do you want to achieve the goal?</b>		
<b>What and who benefit from achieve the goal?</b>		
<b>Date to be achieved</b>		
<b>Results and actions so far</b>		
<b>Date actually achieved</b>		
<b>Reward</b>		
<b>Advice for next time</b>		