



February

2018



Katonah-Lewisboro Elementary

Student Lunch -\$2.75 Adult lunch -\$4.00 plus tax

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
			1 Nachos & Chicken Taco Meat Cheese, Lettuce, Salsa Corn & Carrots Black Bean Salad Cantaloupe	2 Pizza Mania Pizza Slice, Pizza Bagel, or French Bread Pizza Garden Salad Apple Slices	<p>All Lunches Include Choice of: Fruit or 100% Fruit Juice and Vegetable, Skim Milk, or 1% Low-Fat Milk *Hormone & Antibiotic Free* No High Fructose Corn Syrup</p> <p>Daily Menu Options: WW Bagel Meal or Kaiser Roll Served with protein, fruit, & vegetable</p> <p>Chicken Caesar Salad Chicken Caesar Wrap</p> <p>Featuring Boar's Head: Turkey & Cheese Sandwich Ham Cheese Sandwiches Peanut Butter & Jelly Served on whole wheat bread</p> <p>Real Fruit Smoothies! \$1.75</p> <p>Salad Offered daily as a side Vegetable</p> <p>Questions please contact: Andy Waield, Food Service Director 914-763-7308</p> <p>Menus are subject to change without notice.</p>
5 Grilled Cheese Sandwich Tomato Soup Broccoli Orange Wedges	6 <i>Breakfast for Lunch</i> Whole Grain French Toast Sticks Scrambled Eggs Turkey Sausage Pattie Roast Potatoes Strawberries	7 Grilled Chicken Parmesan Whole Grain Spaghetti Marinara Sauce Steamed Green Beans Mixed Berries	8 Whole Grain Soft Chicken Taco Shredded Cheddar Cheese & Lettuce Corn Apple Sauce	9 Pizza Mania Pizza Slice, Pizza Bagel, or French Bread Pizza Celery Sticks Choice of Fresh Fruit	
12 Macaroni-n-Cheese Garlic Bread Broccoli Sweet Grapes	13 Chicken & Broccoli Teriyaki Brown Rice Cauliflower Cantaloupe	14 Meatball Hero Whole Grain Hoagie Marinara Sauce Roast Zucchini Honeydew	15 Nachos & Chicken Taco Meat Cheese, Lettuce, Salsa Corn w/ Red Pepper Black Bean Salad Apple Slices	16 Pizza Mania Pizza Slice, Pizza Bagel, or French Bread Pizza Carrot Sticks Choice of Fresh Fruit	
19 Closed Presidents Day	20 Superintendents Conference Day	21 Whole Grain Rotini Pasta Marinara Sauce or Meat Sauce Green Beans Sweet Pear	22 Chicken Whole Grain Hard Taco Cheese & Lettuce Black Bean Salad Raisins	23 Pizza Mania Pizza Slice, Pizza Bagel, or French Bread Pizza Streamed Carrots Sweet Grapes	
26 Beef Hamburger Whole Grain Bun Carrots Blueberries	27 Grilled Chicken Breast Brown Rice Pilaf Green Beans Orange Wedges	28 Baked Whole Grain Penne Pasta Marinara Sauce & Mozzarella Broccoli Applesauce	Food Allergies If you have a food allergy, please speak to the manager, chef, or your server		



Regardless of portion size, the FSMC is responsible for meeting all requirements under the Final Rule Nutrition Standards in the National School Lunch and School Breakfast Programs.

This includes min-max calories, saturated fat and sodium along with specific component offerings for all fruits, vegetables, grains, meat/meat alternates and milk.

"This institution is an equal opportunity employer and provider."

