

Happiness Tracker Version 1.0 based on the book at [www.rabbimoffic.com/prayer](http://www.rabbimoffic.com/prayer)

	Honor Those Who Gave You Life	Be Kind	Keep Learning	Invite Others into Your Life	Be There When Others Need You	Celebrate Good Times	Support Yourself and Others during Times of Loss	Pray With Intention	Forgive	Look Insid and Comm
Sunday										
Monday										
Tuesday										
Wednesday										
Thursday										
Friday										
Saturday										

This is for Reference. You can access a digital copy with personal coaching at [www.rabbimoffic.com/coach](http://www.rabbimoffic.com/coach)