

## **OFFICIAL RULES**

## **General Guidelines**

- Only boys and girls 6-13 years old may enter.
- Only soft sole gym shoes allowed; NO football shoes, cleats or bare feet.
- All other equipment including footballs and football tees will be supplied by the host. Players, for example, cannot use their own football.
- Ages 6-9 will use a size 6 or Pee Wee football; ages 10-13 will use a size 7 or junior football.

## **Competition Guidelines**

- Each participant will be allowed three punts, three passes and three placekicks as part of his or her entry; the official will record the longest of the three attempts in each category.
- If a participant completely misses the ball on a punt or kick attempt, it will not count as an attempt and another attempt will be allowed.
- If the participant goes over the line prior to or before releasing or making contact with the ball, that attempt will not count. One makeup attempt will be allowed per participant; violations 2 or 3 will count as a "0" for that attempt.
- The distance will be recorded in yards from where the participants punt, pass or kick first makes contact with the ground and rounded to the nearest yard; bounces or rolls do not count.
- Three participants in each age category with the highest total score of his or her punt, pass and kick will be the winners. Participant's total score will consist of the total yards of the best attempt in each discipline.
- If a tie exists for first place, each participant involved will get one final punt, pass and kick attempt with their total score in the head-to-head matchup determining the winner.

\*\*Participants and guardians should be aware that there is a risk of injury by participating in this competition due to the inherent nature of the activity. **Entrants participate at their own risk**.