

Summer Schedule Effective 6/26/17 – 9/2/17



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 Effective: 6/26 - 9/2/2017 only

MON	TUE	WED	THU	FRI	SAT
	11:30-12:15am Adults (No Class 7/24-8/18)		11:30-12:15am Adults (No Class 7/24-8/18)		9:00-9:45am Black Belt Candidate 15 Min. BBC/LC OPTION
Private Lesson & Make Up class		4:00-4:45pm All	Private Lesson & Make up class	4:00-4:45pm All	10:00-10:45am Teens/Adults 15 Min. BBC/LC OPTION
4:15-5:00pm All	4:15-5:00pm All	15 Min. BBC/LC OPTION	4:15-4:45 Little Tigers	15 Min. BBC/LC OPTION	11:00-11:45am All
15 Min. BBC/LC OPTION	15 Min. BBC/LC OPTION	5:00-5:30 Little Tigers	4:45-5:30pm All	5:00-5:30 Little Tigers	15 Min. BBC/LC OPTION
5:15-6:00pm All	5:15-5:45 Little Tigers	5:30-6:15pm All	15 Min. BBC/LC OPTION	5:30-6:15pm All	12:00-12:30pm Little Tigers
15 Min. BBC/LC OPTION	5:45-6:30pm All	15 Min. BBC/LC OPTION	5:45-6:30pm All	15 Min. BBC/LC OPTION	12:30-1:30pm Summer Break NO DEMO TEAM
6:15-6:45pm Little Tigers	15 Min. BBC/LC OPTION	6:30-7:15pm Teens/Adults	15 Min. BBC/LC OPTION	6:30-7:15pm Black	
6:45-7:30pm All	6:45-7:30pm Black	15 Min. BBC/LC OPTION	6:45-7:30pm	15 Min. BBC/LC OPTION	1:00-2:30pm Birthday Party
15 Min. BBC/LC OPTION	15 Min. BBC/LC OPTION		Summer Break No Tournament Class	7:30-8:30pm INSTRUCTOR PROGRAM	
7:45-8:30pm Teens/Adults	7:45-8:30pm Teens/Adults			MASTER'S CLUB	
15 Min. BBC/LC OPTION	15 Min. BBC/LC OPTION				Final
					Summer Schedule 5/10/17

****Important Information** Please Pay Careful Attention to the Details Provided Below.**

- Little Tigers: Open strictly for 3.5 years to 6 years old only.
- All (All Level Classes): Open to All Belts & All Ages 6 years old and up, Family classes
- Black Belt: Open to 1st Degree Black Belts and Up
- Teens/Adults: Available for 12 years old and Up
- Tournament Class, Demo Team and Instructor Program/Master's Club: Special Invitation by Masters
- Black Belt Candidate: Open to anyone who has four or fewer pre-tests left before testing for next black belt (Such as Jr. Black Star, 1st, 2nd and 3rd Degree 8th pre-test level)
- BBC/LC OPTION *: Self-Defense, Weapons, and Full Contact Sparring Option Classes

Open to Only Black Belt Club Program Members *(Former R3 and RU Option)

Private Lessons Available by Appointment with the Masters

* Low to Mid & High Belt Classes will return on the Back-to-School Schedule.

A Days: Forms is taught.

B Days: Kicking and Non-Contact Sparring is taught.

C Days: Basic Motions & Custom class is taught.

15 Minutes: Weapons

15 Minutes: Full Contact Sparring

15 Minutes: Self Defense