

APPENDIX 12: **SEE PREPARATION LIST**

Goal of the SEE Preparation List: For new SEEs to learn as much as possible about NAVIGATE and the SEE role when in-person training is not available.

Recommendations:

In the SEE manual, there is a section called “Learning SEE.” This contains week-by-week checklists for 4 weeks of learning SEE. Keep track of when you complete each activity in “Learning SEE.” Also write down questions and comments and share weekly with the NAVIGATE director.

IN ADDITION:

- Complete each activity on the following list.
- Initial each activity as it is completed.
- Write at least one comment about something you learned from each activity
- Write at least one question that you had as you completed each activity.
- Meet with the NAVIGATE director to discuss what you have learned and get your questions answered.

1. Read all of the Team Members’ Guide from NAVIGATE website:

www.navigateconsultants.org

___ Completed

___ Comments:

___ Questions:

2. Watch “Sometimes I’m Schizoaffective; All of the time I’m Human.” Johnny Benjamin. 3 minute video.

https://www.youtube.com/watch?v=M3_hny4GFIY

___ Completed

___ Comments:

___ Questions:

3. Watch Recovery Stories on the OnTrack website with examples of people who are working

<https://vimeopro.com/user23094934/voices-of-recovery/video/85828609>

<https://vimeopro.com/user23094934/voices-of-recovery/video/85834373>

<https://vimeopro.com/user23094934/voices-of-recovery/video/85834646>

___ Completed

___ Comments:

___ Questions:

4. Watch Recovery Stories on the OnTrack website with experiences of individuals who have completed their education. Each about 4 minutes.

<https://vimeopro.com/user23094934/voices-of-recovery/video/85740602>

<https://vimeopro.com/user23094934/voices-of-recovery/video/85739637>

<https://vimeopro.com/user23094934/voices-of-recovery/video/85741132>

___ Completed

___ Comments:

___ Questions:

5. Watch Examples of young people with first episode psychosis who are going to school or have completed school. About 15 minutes total.

<https://www.youtube.com/channel/UCrM8Kxbl3OQaGVILepFOtUg>

___ Completed

___ Comments:

___ Questions: