“Hospital Perspective” of Mothers with SUD

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- Downtown San Antonio
- Bexar County ~ 30% of NAS in Texas
- ~ 1200 deliveries/ year
- 22 bed Level 2 NICU
- Admits ~ 50-60 babies with NAS/year
- NAS Center of Excellence (VON)
Labor & Delivery

- No Prenatal Care
- Polydrug Use
- Incarcerations
- Comorbidities
- Inaccurate/ Inconsistent History
- STDs/ Hepatitis C
- Skin infections
- Inadequate Pain Control
NICU

• ~ 50% with NAS
• Non-Pharmacological Methods
• Morphine (plus Phenobarbital or Clonidine if needed)
• Feeding Difficulties
• Utilize “Cuddlers"
• Average LOS 21 days
• Average Cost of Hospitalization $ 32,000
• ~ 15-20% need Foster Placement
Important Points

• Compassionate, Nonjudgmental, Trauma Informed Care
• See Pregnancy and Postpartum Periods as unique window
• Engage/ Empower parental involvement in baby’s care
• Standardized Policies for Management needed in L&D, PP, and NICU
• Coordination of care to Outpatient setting
• Multidisciplinary Team approach