THANK YOU!

This year’s annual Summit was a breakthrough for the Texas Collaborative for Healthy Mothers and Babies. We had more people, more diverse representation from different sectors and regions around the state, and a wealth of extraordinary presentations from some of the nation’s pre-eminent experts in maternal and infant health. More than all that, though, there was an excitement in the air. There was a sense that we have an opportunity to make a dramatic difference in the lives and health of mothers and babies in Texas. The momentum going forward was and is palpable.

The impact of the Summit wouldn’t have been possible without the support of our hosts and partners. Thank you. By supporting the Summit, you made it possible for this community of statewide leaders to gather to share best practices, innovative strategies, and hard-won wisdom. You made it possible to assemble a wide variety of out-of-state speakers, elevating the Summit to a new height. You facilitated, in a direct and impactful way, the dissemination of knowledge that will make a concrete difference in the lives of our fellow Texans.

Thank you again for your support and partnership. We look forward to a continued collaboration to improve health for mothers and babies in Texas.

Sincerely,

Manda Hall, MD
Associate Commissioner for Community Health Improvement, Texas Department of State Health Services

David Lakey, MD
Vice Chancellor for Health Affairs, UT System

Michael Speer, MD
Chair of the TCHMB Executive Committee

If you’re interested in finding out more about how to support the 2020 Summit, please contact Katia Ramos at kramos@utsystem.edu.

Videos and presentations from the 2019 Summit are available online at tchmb.org/2019conference
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Overview

The 2019 Texas Collaborative for Healthy Mothers and Babies (TCHMB) Summit was held January 29-30, 2019, at the AT&T Executive Conference Center in Austin, Texas.

The Summit was funded by the Texas Department of State Health Services, and organized by The University of Texas System Population Health group. It provided Texas clinicians, hospitals, advocates and other stakeholders an opportunity to discuss current issues and learn about the efficacy of initiatives related to the health of mothers and babies, including maternal safety, in Texas.

Keynote speeches were delivered by four national leaders in maternal and infant health. The Day 1 keynotes were delivered by Dr. Elliott Main, Medical Director and Executive Committee Chair of the California Maternal Quality Care Collaborative, and Dr. Ann Borders, Executive Director and Obstetric Lead of the Illinois Perinatal Quality Collaborative. Day 2 keynotes were delivered by Dr. Lisa Hollier, President of the American College of Obstetricians and Gynecologists (ACOG) and Stacey Stewart, President of the March of Dimes.

Throughout the two-day summit, sessions focused on providing the data and science behind major maternal and infant health issues, in Texas and nationally, and on the practical steps and initiatives necessary to address these issues. There was a particular emphasis on the nuts and bolts of developing a successful state Perinatal Quality Collaborative (PQC) and implementing Quality Improvement (QI) initiatives in hospitals.

Attendee response to the Summit was overwhelmingly positive.

- 360 people attended, which was more than double the number of attendees at the previous TCHMB annual conference.
- 92% of attendees rated the event “very good” or “excellent.”
- 89% said they were likely to attend future summits.
- 99% said the overall learning objectives were met.
- 90% said they intend to make changes to their practice as a result of the event.
“The summit was a Texas-sized celebration of the enormous collaborative effort to reduce maternal mortality and severe morbidity. The two day meeting brought together the leadership from the perinatal collaborative, public health agencies, provider groups, hospital administration, patient advocates and community organizations with a single focus. It is through these partnerships sharing their best strategies and resources that Texas will achieve the elimination of preventable maternal deaths. It was a symphony in action.”

- Jeanne Mahoney, RN, BSN, Senior Director, AIM Program, American College of Obstetricians and Gynecologists (ACOG)
What Attendees Think

92% of attendees rated the event “very good” or “excellent.”

“I was super impressed with the number and commitment of attendees at the Summit. Because that is what it takes to improve outcomes at scale.”
- Elliott Main, MD

“I liked how enthusiastic everyone was about implementing the changes necessary to reduce the maternal morbidity and mortality rate not only in Texas, but the U.S. I especially enjoyed listening to Dr. Borders.”

“I loved that it included a lot of discussion about rural hospitals.”

“I particularly appreciated Dr. Isaac’s talk on NAS and the importance of supporting these moms and avoiding bias/judgment and stigmatizing language when they are in our care.”

“There were so many speakers with such an incredible amount of knowledge, and I really enjoyed everything that I learned. It surpassed my expectations.”

“The facility was great. The walk to the ballroom from parking was perfect and the food was just great. You fed us so well. Thank you for not closing the breakfast early. It was very comfortable. Parking was great too.”

“I really enjoyed how the conference brought together people from all areas of maternal health. The information was provided in such a way that you could see the implications for all areas of healthcare.”

“The speakers were amazing! I really liked hearing from other states as well and learning from what they have done. The food was GREAT and plentiful. The team of workers/helpers in the foyer were friendly and helpful. I was impressed with how organized this event was. Overall, great job. Thank you so much!”

“I have recommended this conference to other public health professionals passionate about maternal health in Texas.”

I loved that it included a lot of discussion about rural hospitals.

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“I have recommended this conference to other public health professionals passionate about maternal health in Texas.”
What Attendees Think

90% of attendees intend to make changes to their practice as a result of the event

“Each day in the United States, more babies are born premature and more mothers are dying. The Texas Collaborative for Healthy Mothers and Babies Summit was an opportunity to discuss how we can all work together to level the playing field so all moms can have healthy pregnancies and babies. We are committed to leading this fight, and encourage communities across Texas to join us so every mom and baby gets the best possible start.”

-March of Dimes President and CEO Stacey D. Stewart.

<table>
<thead>
<tr>
<th>Statement</th>
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<tbody>
<tr>
<td>We will be sending home a brochure with our postpartum patients of warning signs to call their OB, and starting up a discharge callback committee to follow up with the patients.</td>
</tr>
<tr>
<td>I will increase my awareness of my bias against mothers who have substance abuse disorders.</td>
</tr>
<tr>
<td>I will incorporate PPH risk and VTE risk into each and every sign-out/briefing.</td>
</tr>
<tr>
<td>I plan to increase education to mothers about coming to volume and producing more mothers’ own milk versus donor milk.</td>
</tr>
<tr>
<td>I plan to incorporate a form to fill out at the beginning of a visit to screen for postpartum depression.</td>
</tr>
<tr>
<td>We will monitor hypertensive patients more closely.</td>
</tr>
<tr>
<td>I will try not to project my own prejudices and agenda into my patient, and I will try to give more comprehensive postpartum instructions. We will also try to be more diligent in conducting drills at our hospitals.</td>
</tr>
<tr>
<td>We will run more postpartum hemorrhage drills on unit.</td>
</tr>
<tr>
<td>As a student I intend to develop a proposal to create a mapping tool that includes community resources/referral data to support dyads during the 4th trimester.</td>
</tr>
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Videos and presentations from the 2019 Summit are available online at [tchmb.org/2019conference](http://tchmb.org/2019conference)
Looking Toward 2020

The major lesson from both the success and the growing pains of this year’s conference is that there is room to expand and diversify.

• Due to space limitations, this year’s summit had to turn away more than 100 people hoping to attend. There was also feedback from attendees that even with the numbers capped, crowding was an issue. In response, next year’s summit will be expanded to comfortably accommodate 500-600 people.

• Attendees were enthusiastic about the speakers and sessions at this year’s summit. There was a strong focus, however, on maternal safety, and a predominance of physicians on the panels. The line-up of speakers and sessions for next year’s summit will be diversified to reflect the extraordinary representation of nurses at the summit, as well as attendee interest in topics like infant health, community health, and maternal and infant health policy.

• There was excellent representation at this year’s summit from Austin and Houston in particular. Outreach and communications for next year’s summit will focus on targeting potential attendees from diverse regions of Texas.

If you’re interested in providing suggestions or comments on next year’s event, please contact Daniel Oppenheimer at doppenheimer@utsystem.edu.
Perinatal Quality Collaboratives: State and National Successes

**Elliott Main, MD,** Medical Director and Executive Committee Chair, California Maternal Quality Care Collaborative, Professor of Obstetrics and Gynecology, Stanford School of Medicine

Dr. Elliott Main has been a leader in the national effort to reduce maternal mortality since the maternal health community first observed an increase in such deaths. The successful efforts of the California Maternal Quality Care Collaborative (CMQCC) in reducing maternal morbidity and mortality in California have provided a model to the rest of the nation not just for their quality improvement efforts but for their ability to measure these efforts and outcomes. Main’s keynote provided an overview of the trends, described the causes of the increase, dispelled harmful myths about maternal responsibility, and looked in depth at how states have successfully implemented practices to reduce maternal mortality and morbidity.

How the Illinois Perinatal Quality Collaborative (ILPQC) Launches and Sustains Initiatives

**Ann Borders, MD, MSc, MPH,** Clinical Assistant Professor of Obstetrics and Gynecology at the University of Chicago, Pritzker School of Medicine and Executive Director of the Illinois Perinatal Quality Collaborative

In the five years since its perinatal quality collaborative was launched, Illinois has emerged as a national model, with over 100 birthing hospitals participating in its initiatives and an impressive record of improving outcomes for mothers and babies. Dr. Ann Borders is a national expert on creating, growing, and sustaining a PQC, and now serves on the National Network of Perinatal Quality Collaboratives Executive Committee. In her keynote presentation during the evening session, Dr. Borders described the launch, structure, and development of the ILPQC, as well as the lessons learned on how to best deploy a state collaborative to support successful implementation of QI initiatives in hospitals.
Texas Maternal Morbidity and Mortality: Past, Present & Future

Lisa M. Hollier, MD, MPH, Chief Medical Officer, Obstetrics & Gynecology Texas Children's Health Plan, President, American College of Obstetricians & Gynecologists (ACOG)

Dr. Lisa Hollier is at the forefront of both state and national efforts to improve maternal health, and is one of the key leaders in Texas's efforts to reduce maternal mortality and morbidity. Her keynote presentation focused on trends in maternal mortality and morbidity in Texas, strategies for reducing overall mortality and morbidity, and specific challenge to, and opportunities for, reducing disparities in maternal health outcomes.

Strategies for Addressing the Biggest Health Threats Facing Moms & Babies

Stacey D. Stewart, MBA, President and CEO, March of Dimes

As President and CEO of the March of Dimes, Stacey D. Stewart heads one of the nation's largest and most influential organizations dedicated to the health of all moms and babies. She is responsible for all aspects of the organization's strategy, vision and operations. Her keynote presentation focused on the broader March of Dimes strategy to improve maternal health and reduce disparities in maternal health outcomes, as well as on the state of maternal health in Texas and specific initiatives dedicating to improving outcomes in Texas.
Videos and presentations from the 2019 Summit are available online at tchmb.org/2019conference
Videos and presentations from the 2019 Summit are available online at tchmb.org/2019conference
The Texas Collaborative for Healthy Mothers and Babies (TCHMB) is a multidisciplinary network made up of health professionals throughout the state. Our mission is to advance health care quality and patient safety for all Texas mothers and babies, through the collaboration of health and community stakeholders in the development of joint quality improvement (QI) initiatives, the advancement of data-driven best practices, and the promotion of education and training. We believe in communication, transparency, inclusiveness, and evidence-based work.

To stay up to date on the Texas Collaborative for Healthy Mothers and Babies, visit our website at tchmb.org and subscribe to our newsletter.