



**1 ROCK ISLE ROAD
VILLAGE TO LAKE**

1.8 KM ONE WAY · APPROX. 2 HOUR ROUND TRIP
121 METER ELEVATION GAIN · 32 METER ELEVATION LOSS
DIFFICULTY: ◆



2 STANDISH VIEWING DECK LOOP

797 METER ROUND TRIP
APPROX. 1 HOUR ROUND TRIP INCLUDING CHAIRLIFT RIDE
16 METER ELEVATION GAIN · 16 METER ELEVATION LOSS
DIFFICULTY: ○



**3 STANDISH VIEWING DECK
TO ROCK ISLE LAKE JUNCTION**

1.1 KM ONE WAY · APPROX. 1 HOUR ONE-WAY TRIP
9 METER ELEVATION GAIN · 119 METER ELEVATION LOSS
DIFFICULTY: ○



4 GRIZZLY/LARYX LOOP

3.6 KM ROUND TRIP · APPROX. 2.5 HOUR LOOP
146 METER ELEVATION GAIN · 146 METER ELEVATION LOSS
DIFFICULTY: ◆



**5 TWIN CAIRNS TO MONARCH
VIEWPOINT TRAIL**

2.2 KM ONE WAY TRIP · APPROX. 1 HOUR ONE-WAY TRIP
49 METER ELEVATION GAIN · 26 METER ELEVATION LOSS
DIFFICULTY: ○



**6 THE MEADOW PARK TRAIL
MONARCH VIEWPOINT TO VILLAGE**

1.8 KM TRIP · APPROXIMATELY 1 HOUR ONE-WAY TRIP
6 METER ELEVATION GAIN · 176 METER ELEVATION LOSS
DIFFICULTY: ◆



● EASY ◆ MODERATE

**PLEASE HELP US PROTECT
THE FRAGILE NATURE OF
SUNSHINE MEADOWS BY:**

1. Staying on the trails.
2. Leaving flowers where they belong.
3. Letting the animals find food themselves (even those cute squirrels).

HOSTED TRAIL TOURS:

45 Minute Interpretive Tour: \$12* per person

90 Minute Interpretive Tour: \$25* per person

To book (recommended), visit: banffsunshinemeadows.com
or call 1-877-542-2633. *Prices do not include GST.

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