



ITINERARY

Hut to Hut Package!

Get away from the crowds to experience the spectacular beauty in the pristine backcountry of Banff National Park.

Shadow Lake Lodge and Sunshine Mountain Lodge are pleased to offer a luxury 'hut to hut' backcountry hiking experience.

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SHADOW LAKE LODGE

est. 1928

1-866-762-0114 info@shadowlakelodge.com


sunshine
mountainlodge

1-877-542-2633 ~ reservations@skibanff.com

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Day 1

Sunshine Mountain Lodge

When you arrive at Sunshine Village, please park out front of the Sunshine Mountain Lodge front desk (located at the base, just behind the Creekside Lodge) to check in. Check-in time is 4pm and during the process, Sunshine Village staff will take your bags and deliver them into your room (we ask for approximately 2 hours to porter the bags). You will receive a parking pass for the Hotel's VIP parking lot (located beside the front desk area) as well as a gondola and chairlift ticket in order to take the highest and longest 8-passenger gondola in Banff National Park up to Sunshine Village and the Sunshine Mountain Lodge. Once you reach the hotel, visit the concierge desk (located in the main foyer) to receive your room keys.



After you have settled into your room, take advantage of hiking in Sunshine Meadows. Wildflowers and wildlife await you as you take the Standish Chairlift up to the top of Mt. Standish. A very popular hiking trail begins just 200 short meters from the Standish chairlift unload. Make your way to the Standish viewing deck to take in stunning views of Simpson Valley, three alpine lakes, and the famous Mt. Assiniboine (affectionately nicknamed "the Matterhorn of the Canadian Rockies"). From the viewing deck, you can hike around the three alpine lakes - Grizzly Lake, Larix Lake and Rock Isle Lake, with the trail taking you back down to the Village and hotel (5.5km). This particular hike will take approximately two hours to complete.

That evening, dine in luxury at one of the two restaurants in the Sunshine Mountain Lodge. Afterwards, dive into your stay at Sunshine Mountain Lodge with all the comforts you would expect. As the sun goes down over the Rockies, don cozy robes and slippers and head for a soak the giant outdoor hot tub. Retreat back to your alpine sanctuary when done to enjoy your room amenities, which includes a flat-screen TV, wine glasses and opener, a Keurig machine (complete with pods and mugs), electric kettle and humidifier. Take in dramatic panoramas of Lookout Mountain on the deck before retiring for the evening, eagerly anticipating your hike to Shadow Lake the next morning.

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**note: Simpson Pass was named after Sir George Simpson, one of the area's first surveyors.*

Day 2

Sunshine Mountain Lodge to Shadow Lake Lodge

Your day starts early, as we recommend that guests be on the trail by **8:00am**. Enjoy a hearty breakfast in the Sunshine Mountain Lodge before checking out with your bagged lunch and beginning the exciting journey to Shadow Lake Lodge. Start your hike by heading to the trail beside the Wawa chair; then take the Sunshine Meadows trail to Simpson Pass (distance 5.6km, elevation -65m). From Simpson Pass*, head to Healy Pass. This is open, grassy terrain, thickly strewn with mountain wild flowers and groves of larch trees (distance 3.5km, elevation +195m).

Healy Pass affords superb views of Mount Assiniboine, The Monarch and all of the lakes in the Egypt area. To the north, Mount Ball stands out in all it's glory. From Healy Pass you will hike down to Egypt Lake. (2.9km distance, -335m elevation)

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Day 2

Sunshine Mountain Lodge to Shadow Lake Lodge

Once you reach Egypt Lake, you will have two route options to continue the journey to Shadow Lake Lodge. When making your decision on which route to take, please consider how long it has taken you to reach this point in the hike.



Option #1 Egypt Lake to Pharoah Creek Valley Trail

This shorter, but less scenic trail descends to a Warden's cabin at the meeting of Shadow Creek and Pharoah Creek (distance 8.5km). From there it is only a 2.4km hike to Shadow Lake Lodge which should take approximately 30 minutes.

Total distance for Option #1 is 22.9km.

Check-in at Shadow Lake Lodge

You will be greeted by our friendly staff, who will check you into your private log cabin. Enjoy Afternoon Tea in the Dining Cabin including a delicious spread of home baked goods and savoury cheese boards as well as a well-deserved hot shower in the wash house. A three-course, mountain gourmet dinner is served at 6:30pm.

Option #2 Egypt Lake to Whistling Pass

Option #2 is longer and more challenging than Option #1, but if time, energy and good weather are on your side, your efforts will be rewarded with spectacular views. From Egypt Lake, you will hike the steep trail to Scarab Lake, then on to Whistling Pass. Enjoy jaw-dropping views of Haiduk, Scarab and Mummy Lakes, as well as Mount Ball in the background (3.7km distance, +305m elevation).

From Whistling Pass, you will descend to Haiduk Lake, a beautiful alpine lake fed by a cascading waterfall off of Haiduk Peak. From Haiduk Lake, hike down to Ball Pass junction where you will pass Parks Canada campsite RE21 (6.3km distance, -379m elevation).

From Ball Pass junction, hike down through meadows of wild flowers down to Shadow Lake where Mount Ball towers high on your left.

At Shadow Lake, you will cross over the long bridge at the outlet of the lake and hike the final kilometer to Shadow Lake Lodge. Shadow Lake is the largest lake in the area, 2km long from the base of Mount Ball (4.3km distance).

Total distance for Option #2 is 27.3km.

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Day 3

Shadow Lake Lodge

A hearty breakfast is served at 8:00am, after which you will pack a lunch to take with you for the day. There are several full and half day hikes from the lodge to fill your day, or relax, unplugged at the lodge.

Afternoon Tea is available mid-afternoon and another delicious, three-course, mountain gourmet dinner is served at 6:30pm.



Day 4

Departure Day

This is check-out day. After you have your breakfast and pack a lunch to take with you, our staff will assist you with checking out (10:00am).

There are two options to hike out from the lodge.

Option #1 Redearth Creek Trail

This moderately graded trail is 13km to the Redearth parking lot located off of the Trans-Canada Highway (-455m elevation).

Option #2 Gibbon Pass to Twin Lakes/Arnica Lake/Vista Lake

This option is more challenging than Redearth Creek trail, but is completely worth the effort as you will take in amazing views from Gibbon Pass. All in all, you will hike past four gorgeous mountain lakes, ending your trek at the Vista Lake trailhead parking lot on Highway 93 South (distance 14km, elevation +455m and -560m).

A more detailed description is available on our website www.shadowlakelodge.com.

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