Whatever words we utter should be chosen with care for people will hear them and be influenced by them for good or ill. Buddha

# Gumball

### Gumball Enterprises

1424 11th Avenue Suite 400 Seattle, WA 98122 United States Phone: (206) 931-1865 Email: hello@gumballenterprises.com

www.necessaryconversations.com

# Gumball

Necessary

Conversations

Program Summary





# Program Summary

## **OBJECTIVE**

# Understand

Understanding the power of language and the impact of biology as it relates to your choices to respond versus react in any given business situation

# Equip

Equipping you with skills to proactively and constructively identify and conduct **Necessary Conversations** required in the workplace for moving your business forward faster

# Enable

Enabling you to build stronger relationships through open, honest and candid communication at all 4 levels throughout the organization, with vendors and clients

## Shift

Shifting your mindset from an inward, fear-based conversation between self and other, to an outwardly facing, business focused, mindset to move the business forward. For example: from conducting 'fearless, dangerous, difficult, conversations' to conducting, 'necessary conversations'

### **CURRICULUM OUTLINE**

#### Repetition is the Mother of Skill; 1 hour of knowledge, 4 hours of practice.

- Online pre-work: 20-minute video on skills required, 1 HBR article on biology and one worksheet in preparation for the practicum
- Facilitated interactive practicum
  - 1. Agenda/Introduction
  - 2. Lecturette
  - 3. Practicum
  - Strategies and creation of a plan for applying the skills on real business case senarios
- Post event online survey

#### EXPECTED OUTCOME

Instead of avoiding and ignoring conversations with others, employees will feel confident and prepared to conduct the **Necessary Conversations** required for moving their business forward faster.

Individuals will be able to do this at 4 levels throughout the organization, with vendors, and with clients.

As a company you will benefit from the improved relationships and interpersonal dynamics that in turn result in conducting business faster and more effectively.

#### **KEY CONCEPTS**

#### Six Levels of Measurement:

- Responding versus reacting
- Neurology and its impact on how we respond vs react
- Active listening
- Shifting from an inward, fear-based model to an outward, business-based approach
- Fundamental feedback skills
- Identifying the necessary conversations required to move the business forward at multiple levels

### SUCCESS INDICATORS

#### Four Levels of Measurement:

- Workshop satisfaction of experience (online survey post event)
- Knowledge acquired from the event (online survey post event)
- Knowledge applied to (online surveypost event and 6 months later)
- Impact of knowledge applied (6-mo online survey; HR inquiries, EES results related to communications)



