Born in HK and raised in NYC, Au is an Actress/Producer who believes that the power of storytelling can change one's perception by showing the audience what it's like walking in someone's shoes. Au can be seen in shows on Netflix, AMC, NBC, etc and her latest film In A New York Minute will be available on VOD May 3rd, 2022. Currently, Au is working with the Hearst Media Production Group and NBC to develop a show where they are using food as a cultural bridge to showcase PoC's stories in America. In addition to acting, Au’s been an active and outspoken member of the community in fighting injustice and supporting people of color. She’s been invited to speak on a number of topics affecting the PoC community at a number of events and companies, including at Goldman Sachs, IPG Group, AEG Studios, Wash The Hate, Act To Change (501c3) and others. In 2020 and 2021 Au was named the "Ambassador of Hope" for CMP (Chinatown Manpower Project).