A key piece of knowing every athlete’s story, is working with families to understand why their kids are playing sports and what experiences, beyond sport, their kids are coming to your team with. Coaches can use the worksheet below to send questions directly to families to fill out independently. These questions can also be used as guidance to create an online survey form.

Family Questionnaire:
1. Has your child played sports before, either organized or not?
   - Yes
   - No

2. What obstacles has your child faced in playing sports?

3. Why have you and your child chosen to participate on this team?

4. What skills do you hope your child can learn to apply outside of sports? E.g. Teamwork
   - ____________________________
   - ____________________________
   - ____________________________
   - ____________________________
   - ____________________________
5. How would you rank life skills development *(skills that can be applied outside of sports)* as a priority in your child’s participation on this team? Circle the answer that best applies.

- High Priority
- Somewhat
- Neutral
- Not a priority

6. What motivates your child to play sports?

7. How do you motivate your child in their sports experiences?

8. What support are you seeking from me as your child’s coach?