Set Season Expectations with Young People

Set the tone for the season & create the culture you want to see on the team. Use the outline to discuss expectations. Fill in the blanks with commitments that your team make to be your code of conduct.

#1: Be a Team Player
Create the space for players to learn about each other’s backgrounds, cultures and experiences. What commitments can we make individually and as a team to make sure we are being team players?

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#2 Be Kind and Supportive
Targeted insults or joking behavior based on personal characteristics, including race, ethnicity, ability, family background will not be tolerated. What commitments can we make individually and as a team to make sure we support our teammates?

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#3: Celebrate Effort
Fostering a positive, inclusive environment can be difficult. Value varied experiences, perspectives and needs. What commitments can we make individually and as a team to help us celebrate effort and play for growth?

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#4: Make and Encourage Mistakes
Celebrate mistakes! Mistakes are moments that we can all learn from. What commitments can we make individually and as a team to help us celebrate mistakes, learn from them and support our teammates?

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#5: Grow Together
As coaches and athletes, we learn from each other with every activity, every practice, every game. What commitments can I make as a coach to make sure that I am meeting your expectations as an athlete?

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