Giving youth athletes the opportunity to clearly define their goals and objectives, is a key piece of creating a supportive team culture and giving kids ownership over their experiences. After you have completed the goal setting tool with your athlete, prompt a conversation with their family to discuss what their goals for the kids are in the current season.

Family Goals
What skills would you like to see your child achieve by the end of the season?

Here is what your child identified as goals, what are specific actions we can take to work together to support those goals on this team and at home?

What challenges would you like me as coach to be aware of to support your child on the field?