

# Welcome To Tien The Ultimate Thai Experience.

At Tien, we are proud to create exceptional food that is carefully prepared and beautifully presented. The team at Tien will guide you on a magical adventure of tastes, aromas and textures.

Our team sources only the finest authentic Thai ingredients to produce the most sublime flavours – each one working in perfect harmony with the next.

Tien has been officially blessed by Pra Arejarn Utai, a Buddhist Monk from Thailand. His blessing promises to bring luck to the restaurant and to all who dine here.

Share peace, serenity and joy in the wonderful environment that we have created at Tien.

Our wall panelling provides a natural home for the candles we light every day. Did you know that in Thailand Tien (pronounced T'N) means candle?

## IMPORTANT NOTICE

### SPECIAL DIETS

Anyone who requires a special diet should check ingredients with us before ordering. All our food is freshly prepared so please ask.

 Contains nuts  Contains eggs

 Suitable for vegetarians

 Gluten free

**All our dishes are MSG free, as we do not use taste enhancement agents.**

**No milk or dairy products are used in our dishes.**

If there is a Thai dish you cannot see on the menu, please ask and we may be able to prepare it for you. We have a good selection of specialist Thai ingredients which we can use to prepare your dish.



**TIIEN**  
THAI CUISINE



## Starters

- 1 **Spicy Prawn Crackers** £2.95
- 2 **Crispy Seaweed**  £5.50
- 3 **Prawns on Toast**  £5.50  
Deep-fried minced prawns on toast served with plum sauce
- 4 **Sweetcorn Cake**   £5.50  
Deep-fried sweetcorn cake served with sweet chilli sauce
- 5 **Tempura Mixed Vegetables**  £5.50  
Deep-fried crispy battered vegetables served with sweet chilli sauce
- 6 **Thai Vegetarian Spring Rolls**  £5.50  
Spring rolls stuffed with mixed vegetables and glass noodles served with sweet chilli sauce
- 7 **Chicken Satay**   £5.50  
Skewers of tender barbecue chicken served with peanut sauce and cucumber salsa
- 8 **Dim-Sum** £5.95  
Steamed minced prawn dumplings served with sweet and sour sauce
- 9 **Pork Spare Ribs** £5.95  
Thai pork spare ribs cooked in a barbecue sauce with garlic and pepper
- 10 **Thai Fish Cake**   £5.95  
Our fish cakes made with minced prawns and fish with Thai spices for a traditional, firm texture and 'bounce'. Served with sweet chilli sauce
- 11 **King Prawns Tempura** £6.95  
Deep-fried crispy battered king prawns served with plum sauce
- 12 **Goong Talai (Medium or Hot)** £6.95  
Steamed tiger prawns served with special homemade spicy sauce
- 13 **Deep-Fried Squid** £6.95  
Served with garlic, pepper and chilli
- 14 **Hoy-Ob (Mussels)** £7.95  
Steamed mussels with chillies, sweet basil and lemon grass served with traditional Thai chilli dressing
- 15 **Vegetarian Mixed Starter (for two people)**   £12.95  
Spring rolls stuffed with mixed vegetables and glass noodles; [sweetcorn cake](#) ; mushrooms on toast; skewers of tofu, onion, mushrooms, tempura red and green peppers. All served with sweet chilli sauce and Thai dip
- 16 **Mixed Starter (for two people)**  £15.95  
A selection of spring rolls, barbecued chicken wings, chicken satay, prawn toasts and [Thai fish cakes](#)  served with peanut sauce, sweet chilli sauce and cucumber salsa
- 17 **Aromatic Duck (for two people)** £16.95  
Crispy aromatic duck served with pancakes, cucumber juliennes, spring onion, lettuce and Hoi Sin sauce served in Thai style

DISHES CAN BE MADE MORE SPICY TO SUIT INDIVIDUAL PALATES



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## Salads

- 18 **Papaya Salad** **N** £12.95  
Papaya with peanuts, lime juice, palm sugar, fish sauce, dry shrimps and chillies
- 19 **Grilled Beef Salad** (Medium) £12.95  
With mixed vegetables and chilli dressing
- 20 **Mixed Seafood Salad** (Medium) £12.95  
Seafood salad with special Thai dressing
- 21 **Tiger Prawn Salad** (Medium) £12.95  
Tiger prawn salad with traditional Thai herbs flavoured with chilli oil and mint leaves
- 22 **Lab Ped** (Medium) £13.95  
Minced duck salad with special Thai dressing

## Soups

Choice of Chicken, Prawn, Vegetable **V** or Mushroom **V**

- 23 **Tom Kha** (Medium) **G** £6.95  
Spicy soup with coconut milk, galangal, mushrooms, lemon grass, lime juice and kaffir lime leaves
- 24 **Tom Yam** (Medium or Hot) £6.95  
Traditional spicy soup with mushrooms, lemon grass, chillies and lime juice
- 25 **Wonton Soup** £6.95  
Prawns wrapped in wonton pastry
- 26 **Spicy Fisherman's Soup** (Medium or Hot) £9.95  
Spicy soup with mixed seafood, lemon grass, holy basil, lime juice, and roasted chillies

## Curries

Chicken £11.95 – Pork £11.95 – Beef £12.95 – Lamb £12.95

Tiger Prawn £12.95 – Vegetable with Tofu **V** £10.95

- 27 **Tien Green Curry** (Mild) **G** **V**  
With bamboo shoots and aubergines flavoured with long chillies, sweet basil and coconut milk
- 28 **Green Curry** (Medium or Hot) **G** **V**  
With bamboo shoots and aubergines flavoured with long chillies, sweet basil and coconut milk
- 29 **Red Curry** (Medium or Hot) **G** **V**  
With bamboo shoots and aubergines flavoured with long chillies, sweet basil and coconut milk
- 30 **Massaman Curry** **N**  
Authentic ground peanut curry with potatoes and onions flavoured with tamarind juice and coconut milk
- 31 **Yellow Curry** **G** **V**  
With onions and potatoes, mixed peppers flavoured with crispy shallots and coconut milk
- 32 **Panang Curry** (Medium or Hot) **G** **V**  
Flavoured with coconut milk and kaffir lime leaves

### SPECIAL DIETS

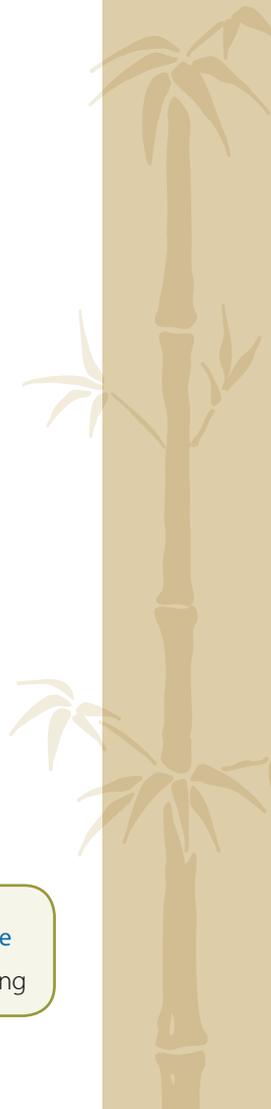
**N** Contains nuts **G** Contains eggs **V** Suitable for vegetarians **G** Gluten free

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## Stir-Fried

Chicken £11.95 – Pork £11.95 – Beef £12.95  
Tiger Prawn £12.95 – Vegetable with Tofu **V** £10.95

- 33 Stir-Fried Sweet and Sour**  
Stir-fried pineapples, tomatoes, cucumber and mixed peppers in sweet and sour sauce
- 34 Stir-Fried Holy Thai Basil and Chillies (Medium or Hot)**  
Stir-fried garlic and chillies flavoured with holy basil leaves
- 35 Stir-Fried Cashew Nuts and Chillies (Medium or Hot) **N****  
Stir-fried chilli oil with cashew nuts, onions and mushrooms flavoured with roasted chillies
- 36 Stir-Fried Garlic and Peppers**  
Served with cucumber, tomatoes and coriander
- 37 Stir-Fried Ginger and Mushrooms**  
Stir-fried fresh ginger, black fungus mushrooms, chillies and spring onions flavoured with soya bean paste
- 38 Stir-Fried Vegetables with Oyster Sauce**  
Stir-fried onions, peppers, mushrooms and spring onions in oyster sauce

## Scallop

- 39 Scallops in Oyster Sauce** £16.95  
Stir-fried scallops with mixed vegetables
- 40 Scallops with Holy Thai Basil (Medium or Hot)** £16.95  
Stir-fried scallops with garlic, chillies, holy basil leaves and Thai herbs
- 41 Scallops with Garlic** £16.95  
Stir-fried scallops with garlic and pepper

## Fish

- 42 Fish Choo Chee (Medium or Hot)** £17.95  
Sea bass fillet deep-fried with spicy coconut milk, kaffir lime leaves, tamarind juice and chillies
- 43 Fish with Chilli Garlic Sauce (Medium or Hot)** £17.95  
Sea bass fillet deep-fried with sweet chilli garlic sauce served with basil leaves
- 44 Fish with Sweet and Sour Sauce** £17.95  
Sea bass fillet deep-fried with pineapple, tomato, cucumber, mixed peppers, and spring onions in sweet and sour sauce
- 45 Steamed Sea Bass with Chilli Lemon Sauce (Medium or Hot)** £19.95  
Whole sea bass steamed, with fresh garlic and coriander in chilli lemon sauce
- 46 Steamed Sea Bass with Ginger Sauce** £19.95  
Whole sea bass steamed, with fresh ginger and onions in soya sauce
- 47 Grilled Sea Bass with Spicy Sauce** £19.95  
Whole sea bass grilled, wrapped with banana leaves and Thai herbs served with homemade special hot spicy sauce

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## Noodles

Chicken £11.95 – Pork £11.95 – Beef £12.95  
Tiger Prawn £12.95 – Vegetable with Tofu  £10.95

- 48 **Phad Thai**   
Stir-fried rice noodles with bean sprouts served with spring onions and sweet turnips
- 49 **Phad See-Eew**   
Stir-fried rice noodles with vegetables in dark soy sauce
- 50 **Phad Kee Mao** (Medium)  
Stir-fried rice noodles with chillies, tomatoes, onions and basil leaves
- 51 **Singapore Noodles**   
Stir-fried rice noodles with vegetables and soy sauce
- 52 **Plain Noodles** £6.95  
Stir-fried rice noodles with bean sprouts and onions

## Rice

- 53 **Steamed Rice**   £3.95
- VARIATIONS
- 54 **Egg Fried Rice with Vegetables**   *plus £1.00*
- 55 **Steamed Coconut Rice**   *plus £1.00*
- 56 **Sticky Rice**   *plus £1.00*
- 57 **Special Rice (Chicken or Prawn)**  £12.95  
Special fried rice with egg and vegetables
- 58 **Tien Special Rice**    £13.95  
Fried rice with tiger prawns and chicken, cashew nuts and pineapple

## Vegetable Side Dishes

- 59 **Stir-Fried Mushrooms with Garlic** £6.95  
Stir-fried seasonal mushrooms with garlic sauce
- 60 **Stir-Fried Mixed Vegetables** £6.95  
Stir-fried assorted vegetables in oyster sauce
- 61 **Stir-Fried Phak-Choy** £6.95  
Stir-fried phak-choy with garlic in oyster sauce
- 62 **Stir-Fried Broccoli** £6.95  
Stir-fried broccoli in oyster sauce
- 63 **Stir-Fried Aubergine and Sweet Basil** £7.95  
Stir-fried aubergine and Thai sweet basil with chillies in oyster sauce

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## Chargrilled Dishes

- |    |  |        |
|----|--|--------|
| 64 | <b>Chargrilled Chicken</b><br>Thai style marinated corn fed chicken served on a hot platter with dip   | £12.95 |
| 65 | <b>Chargrilled King Prawns</b><br>Served with special homemade spicy sauce   | £14.95 |
| 66 | <b>Weeping Tiger Sirloin Steak (Hot Dip)</b><br>Chargrilled sirloin steak on a hot platter with special Thai chilli sauce                                  | £16.95 |
| 67 | <b>Weeping Tiger Rib-Eye Steak (Hot Dip)</b><br>Chargrilled rib-eye steak on a hot platter with special Thai chilli sauce                                  | £17.95 |
| 68 | <b>Grilled Sea Bass with Spicy Sauce</b><br>Whole sea bass grilled, wrapped with banana leaves and Thai herbs served with homemade special hot spicy sauce | £19.95 |

## Chef's Specials

- |    |  |        |
|----|--|--------|
| 69 | <b>Chilli Lamb (Medium or Hot)</b><br>Stir-fried lamb with a curry paste, krachai, fresh chillies and basil leaves | £14.95 |
| 70 | <b>Duck with Tamarind Sauce</b><br>Melt in the mouth duck served with a tamarind sauce                             | £15.95 |
| 71 | <b>King Prawns with Tamarind Sauce</b><br>Juicy king prawns served with a tamarind sauce                           | £15.95 |

## Chinese Corner

- |    |  |        |
|----|--|--------|
| 72 | <b>Crispy Seaweed</b> 🌊  | £5.50  |
| 73 | <b>Dim-Sum</b><br>Steamed minced prawn dumplings served with sweet and sour sauce  | £5.95  |
| 74 | <b>Wonton Soup</b><br>Prawns wrapped in wonton pastry  | £6.95  |
| 75 | <b>Deep-Fried Squid</b><br>Served with garlic, pepper and chilli   | £6.95  |
| 76 | <b>Stir-Fried Beef Peking Style</b><br>Stir-fried beef with bamboo shoots and vegetables in spicy Hoi Sin sauce. Served on a hot sizzling platter      | £11.95 |
| 77 | <b>Stir-Fried Beef and Black Beans</b><br>Stir-fried beef with black bean and vegetables, flavoured with a touch of wine and sesame oil on a hot plate | £11.95 |

## Thai Taster Menu

Minimum of four people – £26.95 per head

Please select ONE MAIN DISH PER PERSON.

All side dishes are served to share

### Starters

#### Mixed Starter (for four people) N

A selection of spring rolls, barbecued chicken wings, chicken satay, prawn toasts and Thai fish cakes 🍤 served with peanut sauce, sweet chilli sauce and cucumber salsa

### Soup

#### Tom Yam (Medium or Hot)

Traditional spicy soup with mushrooms, lemon grass, chillies and lime juice

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**T I E N**  
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## Main Courses

### Beef with Broccoli

Stir-fried beef with broccoli and oyster sauce with garlic

### Fish Choo Chee (Medium or Hot)

Sea bass fillet deep-fried with spicy coconut milk, kaffir lime leaves, tamarind juice and chillies

### Green Chicken Curry (Mild, Medium or Hot)

With bamboo shoots and aubergines flavoured with long chillies, sweet basil and coconut milk

### Stir-Fried Prawns with Cashew Nuts and Chillies (Medium or Hot)

Stir-fried chilli oil with cashew nuts, onions and mushrooms flavoured with roasted chillies

## Side Dishes

### Stir-Fried Mixed Vegetables

Stir-fried assorted vegetables in oyster sauce

### Chicken Phad Thai

Stir-fried rice noodles with bean sprouts served with spring onions and sweet turnips

### Steamed Rice

### Steamed Coconut Rice

## Dessert

### Ice Cream

# Thai Set Menu A

Minimum of two people – £21.95 per head

Please select ONE MAIN DISH PER PERSON.

All side dishes are served to share

## Starters

### Mixed Starter (for two people)

A selection of spring rolls, barbecued chicken wings, chicken satay, prawn toasts and Thai fish cakes  served with peanut sauce, sweet chilli sauce and cucumber salsa

## Main Courses

### Green Chicken Curry (Medium or Hot)

With bamboo shoots and aubergines flavoured with long chillies, sweet basil and coconut milk

### Stir-Fried Beef

Stir-fried beef with garlic and peppers served with cucumber, tomatoes, and coriander

## Side Dishes

### Stir-Fried Mixed Vegetables

Stir-fried assorted vegetables in oyster sauce

### Chicken Phad Thai

Stir-fried rice noodles with bean sprouts served with spring onions and sweet turnips

### Steamed Rice

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## Thai Set Menu B

Minimum of two people – £25.95 per head

Please select ONE MAIN DISH PER PERSON.

All side dishes are served to share

### Starter

#### Aromatic Duck (for two people)

Crispy aromatic duck served with pancakes, cucumber juliennes, spring onion, lettuce and Hoi Sin sauce served in Thai style

### Soup

#### Tom Kha (Medium or Hot)

Spicy soup with coconut milk, galangal, mushrooms, lemon grass, lime juice and kaffir lime leaves

### Main Courses

#### Massaman Chicken Curry

Authentic ground peanut curry with potatoes and onions flavoured with tamarind juice and coconut milk

#### Steamed Sea Bass with Chilli Lemon Sauce (Medium or Hot)

Whole sea bass steamed, with fresh garlic and coriander in chilli lemon sauce

### Side Dishes

#### Stir-Fried Vegetables

Stir-fried assorted vegetables in oyster sauce

#### Chicken Phad Thai

Stir-fried rice noodles with bean sprouts served with spring onions and sweet turnips

#### Steamed Rice

### Dessert

Ice Cream

## Thai Vegetarian Set Menu

Minimum of two people – £20.95 per head

### Starter

#### Vegetarian Mixed Starter (for two people)

Spring rolls stuffed with mixed vegetables and glass noodles; sweetcorn cake ; mushrooms on toast; skewers of tofu, onion, mushrooms, tempura red and green peppers. All served with sweet chilli sauce and Thai dip

### Main Courses

#### Vegetarian Yellow Curry

With onions and potatoes, mixed peppers flavoured with crispy shallots and coconut milk

#### Stir-Fried Sweet and Sour Mixed Vegetables

With pineapple, tomatoes, cucumber, and mixed peppers in sweet and sour sauce

### Side Dishes

#### Stir-Fried Mushrooms with Holy Basil

Mushrooms with garlic, chillies and holy basil

#### Steamed Rice

Coffee *or* Tea

### SPECIAL DIETS

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