

GRATITUDE MANDALA



MINDFUL MANDALA

Choose things you are grateful for to decide which colors to use on your mandala.

Red: family

Blue: friends

Green: school

Yellow: home

Orange: brain

Brown: clothes

Purple: body

Pink: health

Gray: Books

Black: Toys / Games



If you love this activity,
check out the entire
resource here.



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Credits

Fonts:

Robyn Hyndman <https://www.teacherspayteachers.com/Store/Robyn-Hyndman>

Joanne Hewitt <https://www.etsy.com/shop/AquariusLogos?ref=l2-about-shopname>

Hungry JPEG <https://thehungryjpeg.com/>

Borders:

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THANK YOU!

Rachel Davis (Bright Futures Counseling)

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