GRATITUDE MANNALA

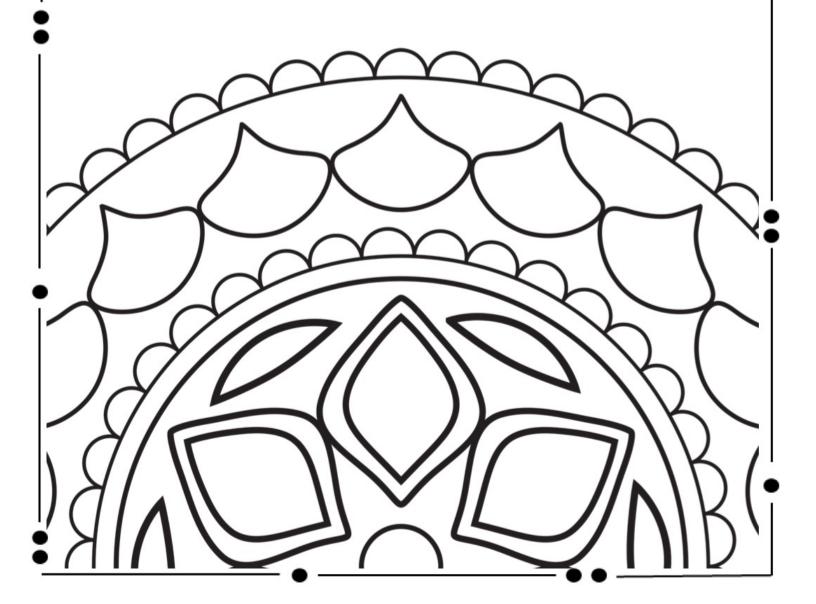


MINDFUL MANDALA

Choose things you are grateful for to decide which colors to use on your mandala.

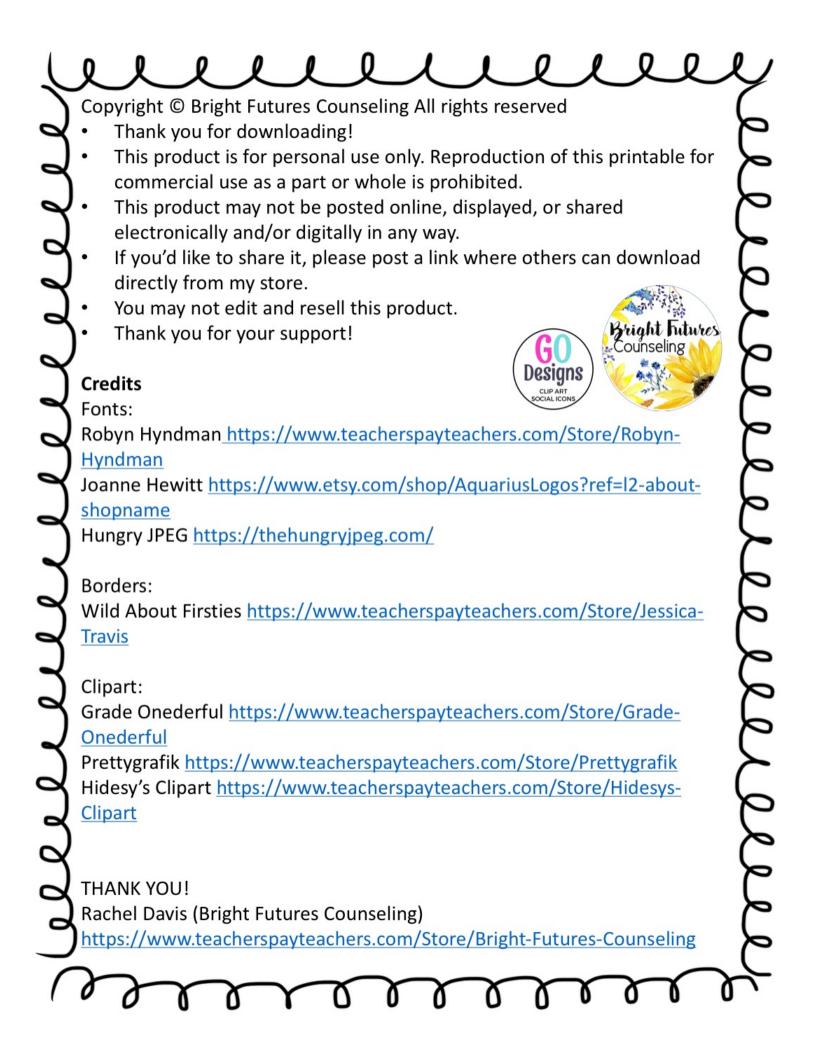
Red: family Brown: clothes
Blue: friends Purple: body
Green: school Pink: health
Yellow: home Gray: Books

Orange: brain Black: Toys / Games



If you love this activity, check out the entire resource here.









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