

St. Alban's



Morning Prayer Rite II

March 31st 2020 | 9:00am

All videos available at

www.facebook.com/StAlbansSinkingSpring/videos

St. Thomas



Episcopal
Church

*The entire liturgy for Morning Prayer is found below.
Words to be said in unison or as a congregational response are **found in bold.***

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The Officiant begins with the opening sentence

If we say we have no sin, we deceive ourselves, and the truth is not in us; but if we confess our sins, God who is faithful and just, will forgive our sins and cleanse us from all unrighteousness. *1 John 1:8, 9*

The Officiant says to the people

Let us confess our sins against God and our neighbor.

Silence may be kept.

Officiant and People

Most merciful God,

we confess that we have sinned against you

in thought, word, and deed,

by what we have done,

and by what we have left undone.

We have not loved you with our whole heart;

we have not loved our neighbors as ourselves.

We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ,

have mercy on us and forgive us;

that we may delight in your will,

and walk in your ways,

to the glory of your Name. Amen.

Officiant

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Officiant then says

Lord, open our lips.

People And our mouth shall proclaim your praise.

Officiant and People

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

Venite

**Come, let us sing to the Lord; *
let us shout for joy to the Rock of our salvation.
Let us come before his presence with thanksgiving *
and raise a loud shout to him with psalms.**

**For the Lord is a great God, *
and a great King above all gods.
In his hand are the caverns of the earth, *
and the heights of the hills are his also.
The sea is his, for he made it, *
and his hands have molded the dry land.**

**Come, let us bow down, and bend the knee, *
and kneel before the Lord our Maker.
For he is our God,
and we are the people of his pasture and the sheep of his hand. *
Oh, that today you would hearken to his voice!**

The Psalm

Psalm 121, 122, 123

Psalm 121

- 1 I lift up my eyes to the hills; * **from where is my help to come?**
- 2 My help comes from the Lord, * **the maker of heaven and earth.**
- 3 He will not let your foot be moved * **and he who watches over you will not fall asleep.**
- 4 Behold, he who keeps watch over Israel * **shall neither slumber nor sleep;**
- 5 The Lord himself watches over you; * **the Lord is your shade at your right hand,**
- 6 So that the sun shall not strike you by day, * **nor the moon by night.**
- 7 The Lord shall preserve you from all evil; * **it is he who shall keep you safe.**
- 8 The Lord shall watch over your going out and your coming in, * **from this time forth for evermore.**

Psalm 122

1 I was glad when they said to me, * **“Let us go to the house of the Lord.”**

2 Now our feet are standing * **within your gates, O Jerusalem.**

3 Jerusalem is built as a city * **that is at unity with itself;**

4 To which the tribes go up, the tribes of the Lord, * **the assembly of Israel, to praise the Name of the Lord.**

5 For there are the thrones of judgment, * **the thrones of the house of David.**

6 Pray for the peace of Jerusalem: * **“May they prosper who love you.**

7 Peace be within your walls * **and quietness within your towers.**

8 For my brethren and companions’ sake, * **I pray for your prosperity.**

9 Because of the house of the Lord our God, * **I will seek to do you good.”**

Psalm 123

1 To you I lift up my eyes, * **to you enthroned in the heavens.**

2 As the eyes of servants look to the hand of their masters, * **and the eyes of a maid to the hand of her mistress,**

3 So our eyes look to the Lord our God, * **until he show us his mercy.**

4 Have mercy upon us, O Lord, have mercy, * **for we have had more than enough of contempt,**

5 Too much of the scorn of the indolent rich, * **and of the derision of the proud.**

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

The First Lesson

Exodus 5:1-6:1

A reading from the book of Exodus.

Afterward Moses and Aaron went to Pharaoh and said, “Thus says the Lord, the God of Israel, ‘Let my people go, so that they may celebrate a festival to me in the wilderness.’” But Pharaoh said, “Who is the Lord, that I should heed him and let Israel go? I do not know the Lord, and I will not let Israel go.” Then they said, “The God of the Hebrews has revealed himself to us; let us go a three days’ journey into the wilderness to sacrifice to the Lord our God, or he will fall upon us with pestilence or sword.” But the king of Egypt said to them, “Moses and Aaron, why are you taking the people away from their work? Get to your labors!” Pharaoh continued, “Now they are more numerous than the people of the land and yet you want them to stop working!” That same day Pharaoh commanded the taskmasters of the people, as well as their supervisors, “You shall no longer give the people straw to make bricks, as before; let them go and gather straw for themselves. But you shall require of them the same quantity of bricks as they have made

previously; do not diminish it, for they are lazy; that is why they cry, 'Let us go and offer sacrifice to our God.' Let heavier work be laid on them; then they will labor at it and pay no attention to deceptive words."

So the taskmasters and the supervisors of the people went out and said to the people, "Thus says Pharaoh, 'I will not give you straw. Go and get straw yourselves, wherever you can find it; but your work will not be lessened in the least.'" So the people scattered throughout the land of Egypt, to gather stubble for straw. The taskmasters were urgent, saying, "Complete your work, the same daily assignment as when you were given straw." And the supervisors of the Israelites, whom Pharaoh's taskmasters had set over them, were beaten, and were asked, "Why did you not finish the required quantity of bricks yesterday and today, as you did before?"

Then the Israelite supervisors came to Pharaoh and cried, "Why do you treat your servants like this? No straw is given to your servants, yet they say to us, 'Make bricks!' Look how your servants are beaten! You are unjust to your own people." He said, "You are lazy, lazy; that is why you say, 'Let us go and sacrifice to the Lord.' Go now, and work; for no straw shall be given you, but you shall still deliver the same number of bricks." The Israelite supervisors saw that they were in trouble when they were told, "You shall not lessen your daily number of bricks." As they left Pharaoh, they came upon Moses and Aaron who were waiting to meet them. They said to them, "The Lord look upon you and judge! You have brought us into bad odor with Pharaoh and his officials, and have put a sword in their hand to kill us."

Then Moses turned again to the Lord and said, "O Lord, why have you mistreated this people? Why did you ever send me? Since I first came to Pharaoh to speak in your name, he has mistreated this people, and you have done nothing at all to deliver your people."

Then the Lord said to Moses, "Now you shall see what I will do to Pharaoh: Indeed, by a mighty hand he will let them go; by a mighty hand he will drive them out of his land."

People The Word of the Lord
 Thanks be to God.

Canticle 14
A Song of Penitence

O Lord and Ruler of the hosts of heaven, *
 God of Abraham, Isaac, and Jacob,
 and of all their righteous offspring:
You made the heavens and the earth, *
 with all their vast array.
All things quake with fear at your presence; *
 they tremble because of your power.
But your merciful promise is beyond all measure; *
 it surpasses all that our minds can fathom.
O Lord, you are full of compassion, *
 long-suffering, and abounding in mercy.
You hold back your hand; *
 you do not punish as we deserve.
In your great goodness, Lord,
you have promised forgiveness to sinners, *
 that they may repent of their sin and be saved.

And now, O Lord, I bend the knee of my heart, *
and make my appeal, sure of your gracious goodness.
I have sinned, O Lord, I have sinned, *
and I know my wickedness only too well.
Therefore I make this prayer to you: *
Forgive me, Lord, forgive me.
Do not let me perish in my sin, *
nor condemn me to the depths of the earth.
For you, O Lord, are the God of those who repent, *
and in me you will show forth your goodness.
Unworthy as I am, you will save me,
in accordance with your great mercy, *
and I will praise you without ceasing all the days of my life.
For all the powers of heaven sing your praises, *
and yours is the glory to ages of ages. Amen.

The Second Lesson
Mark 9:42-50

A reading from the Gospel of Mark.

“If any of you put a stumbling block before one of these little ones who believe in me, it would be better for you if a great millstone were hung around your neck and you were thrown into the sea. If your hand causes you to stumble, cut it off; it is better for you to enter life maimed than to have two hands and to go to hell, to the unquenchable fire. And if your foot causes you to stumble, cut it off; it is better for you to enter life lame than to have two feet and to be thrown into hell. And if your eye causes you to stumble, tear it out; it is better for you to enter the kingdom of God with one eye than to have two eyes and to be thrown into hell, where their worm never dies, and the fire is never quenched.

“For everyone will be salted with fire. Salt is good; but if salt has lost its saltiness, how can you season it? Have salt in yourselves, and be at peace with one another.”

People The Word of the Lord.
 Thanks be to God.

Canticle 19
The Song of the Redeemed

**O ruler of the universe, Lord God,
great deeds are they that you have done, *
surpassing human understanding.
Your ways are ways of righteousness and truth, *
O King of all the ages.**

**Who can fail to do you homage, Lord,
and sing the praises of your Name? *
for you only are the Holy One.
All nations will draw near and fall down before you, ***

because your just and holy works have been revealed.

Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.

The Apostles' Creed

Officiant and People together

**I believe in God, the Father almighty,
creator of heaven and earth;
I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins
the resurrection of the body,
and the life everlasting. Amen.**

Officiant The Lord be with you.

People **And also with you.**

Officiant Let us pray.

Officiant and People

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

V. Show us your mercy, O Lord;
R. And grant us your salvation.
V. Clothe your ministers with righteousness;
R. Let your people sing with joy.
V. Give peace, O Lord, in all the world;
R. For only in you can we live in safety.
V. Lord, keep this nation under your care;
R. And guide us in the way of justice and truth.
V. Let your way be known upon earth;
R. Your saving health among all nations.
V. Let not the needy, O Lord, be forgotten;
R. Nor the hope of the poor be taken away.
V. Create in us clean hearts, O God;
R. And sustain us with your Holy Spirit.

The Collect of the Day (The Fifth Sunday in Lent)

Almighty God, you alone can bring into order the unruly wills and affections of sinners: Grant your people grace to love what you command and desire what you promise; that, among the swift and varied changes of the world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

A Collect for the Renewal of Peace

O God, the author of peace and lover of concord, to know you is eternal life and to serve you is perfect freedom: Defend us, your humble servants, in all assaults of our enemies; that we, surely trusting in your defense, may not fear the power of any adversaries; through the might of Jesus Christ our Lord. **Amen.**

A Prayer for Mission

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior Jesus Christ. **Amen.**

Silence may be kept, and free intercessions and thanksgivings may be offered.

The General Thanksgiving

Officiant and People

**Almighty God, Father of all mercies,
we your unworthy servants give you humble thanks
for all your goodness and loving-kindness
to us and to all whom you have made.
We bless you for our creation, preservation,
and all the blessings of this life;
but above all for your immeasurable love
in the redemption of the world by our Lord Jesus Christ;**

for the means of grace, and for the hope of glory.
And, we pray, give us such an awareness of your mercies,
that with truly thankful hearts we may show forth your praise,
not only with our lips, but in our lives,
by giving up our selves to your service,
and by walking before you
in holiness and righteousness all our days;
through Jesus Christ our Lord,
to whom, with you and the Holy Spirit,
be honor and glory throughout all ages. Amen.

Then may be said

Let us bless the Lord.
Thanks be to God.

The Officiant may then conclude with one of the following

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to him from generation to generation in the Church, and in Christ Jesus for ever and ever. **Amen.** *Ephesians 3:20,21*

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