## MASTER SEAMAN (MS) / MASTER CORPORAL (MCPL) / FLIGHT CORPORAL (FCPL) MERIT-BASED RANK PROMOTION CRITERIA CHECKLIST

Cadet's Name:	_ Date:			
Section 1: Prerequisites for Promotion				
		Achieved	Not Achieved	
<ul> <li>Completed at least six months of service at the rank of LS / Cpl / Cpl.</li> </ul>				
<ul> <li>Successfully completed Phase Two / Red Star / Proficiency Level Two.</li> </ul>				
<ul> <li>Participated in the Cadet Fitness Assessment as part of PO X04 (Personal Fitness &amp; Healthy Living).</li> </ul>				
Section 2: Div O / PI Comd / Flt Comd Recommendation				
Recommendation is based on the following criteria, a review of cadet training results and a file review:				
	Needs Developing	Acceptable	Outstanding	
<ul> <li>dress and deportment</li> <li>conduct, discipline and attitude</li> <li>attendance</li> <li>participation</li> <li>response to direction</li> <li>ability to interact positively and comfortably with others</li> <li>ability to make sound judgements regarding their own actions</li> <li>willingness to accept responsibility</li> <li>ability to solve problems effectively</li> <li>ability to communicate effectively with subordinates, peers and supervisors</li> <li>ability to set a positive example for others</li> <li>initiative</li> </ul>				
Based on the criteria above, I recommend the cadet:				
not be promoted at this time but reconsidered in months.				
be promoted as soon as possible.				
Div O / PI Comd / Flt Comd Signature:		_ Dat	te:	

Section 3: CO's Approval			
The Div O / PI Comd / Flt Comd recommendation for promotion is:			
not approved			
approved			
CO's Signature:	Date:		
	Date.		
Notes:			