



#CATCHPREP

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**CATCH School-Wide Assembly
For All CATCH Students**

January 17th, 2023



During Today's School-wide Assembly...



1. Welcome Back: Start of the Semester
2. Grades
3. Computers
4. Lockers
5. Behavior
6. CATCH Essay





Welcome Back!

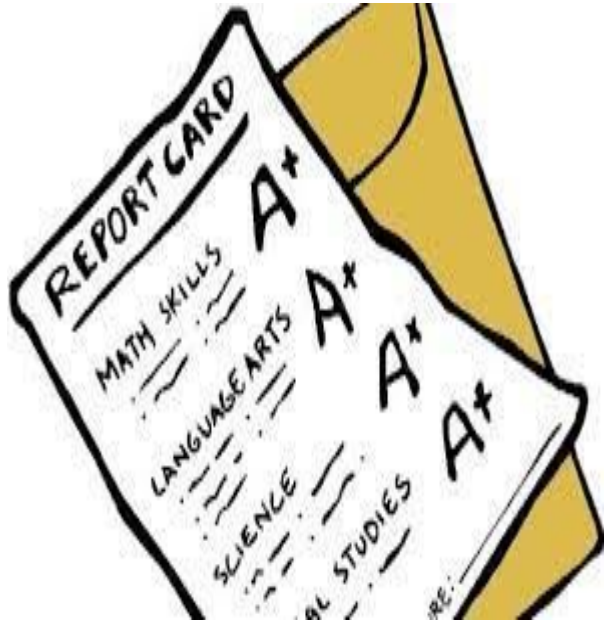
Welcome back! We missed you!

We're looking forward to another extremely successful semester!

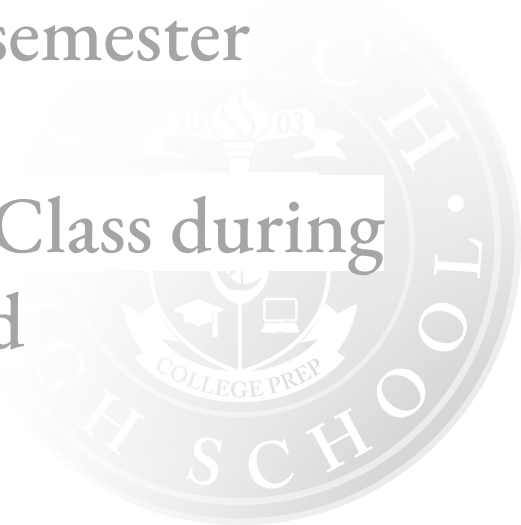




Grades and Schedules



1. Semester grades are final and report cards should have arrived. If you failed a class, you will be require to make it up
2. Start the semester strong!
3. CATCH Class during 5th period





Computers



- Please bring your computer
- You will be reissued a computer next week

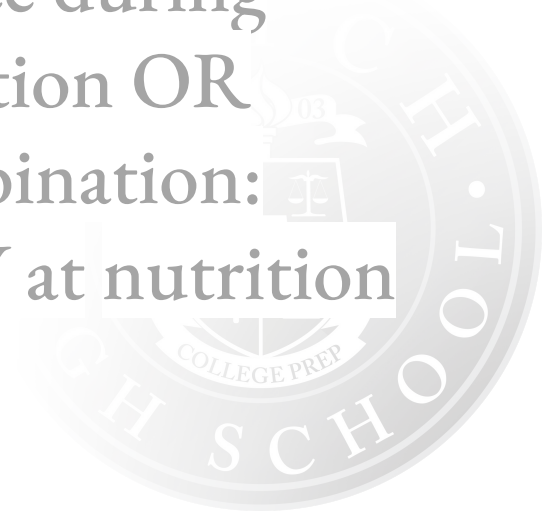




Lockers



1. Access before and after school, nutrition and lunch. **NOT** during class
2. Cleanliness (food, decorations), locker checks
3. Lockers not working
4. Excused absence during locker distribution **OR** forgotten combination:
WEDNESDAY at nutrition





Behavior



- We are responsible for you to and from school
- Any drugs or paraphernalia on campus is **ILLEGAL**
- If you can't do it at home, don't do it here
- Tardies: Be in class on time. 3 tardies = **DETENTION**
- Phones: Not allowed in classrooms





CATCH Essay #8



CATCH PREP CHARTER HIGH

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Founded By: Patricia D. Smith Governing Board President: Victor Kimbell

SCHOOLWIDE ESSAY PROMPT #8

BACKGROUND: On January 2, 2022 while playing in the Buffalo Bills - Cincinnati Bengals game during Monday Night Football, 24 year-old Damar Hamlin suffered a cardiac arrest after a standard hit during a tackle. On live television, Hamlin collapsed and was administered life-saving CPR by Bills trainer, Denny Kellington, for nine long minutes on the field before being rushed to the hospital. While he is expected to live, it can't be denied that it will have lasting effects on his life, career and health.



The NFL has a history of serious injuries to players, including spinal cord injuries, paralysis, broken bones, concussions and other serious brain injuries, and even death. The average career length for professional NFL athletes is only three years because of the physical trauma experienced daily and while players may make a lot of money during those three years, many suffer long-term health ailments that often make it challenging to find other work, resulting in economic hardship. With the potential of long-term injury and financial stress, three-years hardly seems worth it.

To add insult to injury, for years the NFL conducted 'race-norming': a practice of paying out Black players less money for brain injuries than their White counterparts with the justification that Black players had lower cognitive ability to begin with so the brain injuries had less of an impact. This practice was only recently stopped after a lawsuit a year ago in 2021. Yet, as dangerous as the sport is and even with the NFL's questionable treatment of its players, thousands of highschool and college boys still strive to make it to the big leagues.

Let's get back to Damar Hamlin. The only reason he's alive today is because Bills' trainer, Kellington, acted quickly with CPR. According to ProCPR, "Every year in the United States, around 356,461 out-of-hospital cardiac arrests (OHCAs) occur across all age groups, most of them being adults. Almost 90% of these cases are fatal." The reason so many are fatal is that so few receive CPR in time, leaving the brain with no oxygen. BUT there is a 45% survival rate of cardiac arrests that happen outside of the hospital **when bystander CPR is administered**. As we saw with Hamlin, CPR saves lives. So that's what we are going to focus on for this essay: saving lives.

THE PROMPT: Using the essay outline on the back, answer the prompt in a well-organized and thoughtful 1-2 page essay. First, watch the CPR video provided by CNN: <https://www.cnn.com/2023/01/06/sport/denny-kellington-bills-damar-hamlin-cpr/index.html>

Write about a time you or someone you know experienced a medical emergency. What happened? How did you help or how **could** you have helped? Would basic First Aid knowledge have helped?





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January 10th, 2023