

WHERE CAN YOU GET HELP IN SLO COUNTY?

Mobile Crisis Service (24 hours)	1-800-838-1381
Behavioral Health Admin.	781-4719
Arroyo Grande Clinic	473-7060
Atascadero Clinic	461-6060
Central Clinic on Johnson Avenue	781-4700
Inpatient Service	781-4711
Youth Services (Vicente Dr.)	781-4179
Forensic MH Services (CON REP)	781-4190
SLO Hotline 24-hour mental health support	783-0607
Patient's Rights Advocate	781-4783

TMHA Family Services Program

Adult Services	540-6571, 540-6572, 540-6574
Youth Services	458-6388, 458-2596, 503-0009

TMHA Mental Health Advocates 540-6576

[San Luis Obispo County Behavioral Health Dept. web site](http://www.slocounty.ca.gov/health/mentalhealthservices.htm)

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Transitions-Mental Health Association

(P. O. Box 15408), 784 High Street, San Luis Obispo, CA 93406,
(Corner of High and Santa Barbara Streets)
Ph. 805-540-6500; FAX: 805-540-6501
Email: info@t-mha.org; www.t-mha.org

NAMI San Luis Obispo County

P. O. Box 3158, San Luis Obispo, CA 93403
Messages: 805-543-1825
www.namislo.org