Overview:

The following pages present worksheets that can be used to write a book report on *Peaceful Revolution*, by Paul K. Chappell. The worksheets are designed for a high school general education English class, perhaps most appropriate for 9th and 10th grade but it certainly could be used for 11th and 12th grades. It is also designed for those students who have difficulty with writing and need extra supports (scaffolding) to complete assignments. This includes a great many students in the United States. These students also often need help with including quotations, citing sources, and creating bibliographies. So, this assignment is valuable not only because it introduces students to the work of Paul K. Chappell, but also because it helps students to become better writers.

The assignment could also be used (without worksheets) for higher level classes. The written assignment for such classes is on the last page of this document.
Book Report for *Peaceful Revolution*, by Paul K. Chappell

Developed by Christopher Mahon

The purpose of this book report is to summarize and analyze *Peaceful Revolution*, by Paul K. Chappell. You will do this by summarizing each chapter, choosing your favorite quote from each chapter, and explaining why you like the quote. You will also write an introduction and conclusion for the book report.

So, the book report will follow this outline:

**Outline**

I. Introduction.

II. Summary and analysis of each chapter:

   A. Summarize the chapter by describing the "muscle" discussed in the chapter and explaining why the muscle is important. Introduce your favorite quotation from the chapter.

   B. Write your favorite quotation from the chapter.

   C. Explain why you like the quotation.

III. Conclusion.

You will complete the following worksheets: one for the introduction, one for each chapter, and one for the conclusion. After you complete the worksheets, you will use the material from the worksheets to create the first draft of your book report. This should be typed, but if you are unable to type it, you will need to write it as neatly as possible. You will need to add headings for the introduction, each chapter you write about, and for the conclusion. So, your book report will include nine headings. It will also include a title. After you complete the first draft, you will edit and proofread your work, and then type the final draft.


**Book Report Worksheet: Peaceful Revolution, by Paul K. Chappell**

**Introduction**

What kind of challenges does the world face at this time, in this century? Concentrate on challenges that need peaceful solutions.

Who is Paul K. Chappell? Write a little about him, based on the biography of him on the back cover of your book and what you learned about him from reading the book.

How is Chappell's book organized? What are the parts of the book? What is contained in each part?

**Thesis Statement**

What is the PURPOSE of the book?

Do you think the book achieved its purpose? Why?

Chapter 1: The Muscle of Hope

Summarize the chapter by describing the muscle of hope and then introduce your favorite quote from the chapter:

QUOTE:

page number of quote: ______________

Response to quote:

**Chapter 2: The Muscle of Empathy**

Summarize the chapter by describing the muscle of empathy and then introduce your favorite quote from the chapter:

<table>
<thead>
<tr>
<th>QUOTE:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
</tr>
</tbody>
</table>

page number of quote: ____________

Response to quote:

<p>| |</p>
<table>
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<th></th>
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</table>
Chapter 3: The Muscle of Appreciation

Summarize the chapter by describing the muscle of appreciation and then introduce your favorite quote from the chapter:

QUOTE:

page number of quote: _____________

Response to quote:
### Chapter 4: The Muscle of Conscience

Summarize the chapter by describing the muscle of conscience and then introduce your favorite quote from the chapter:

<table>
<thead>
<tr>
<th>QUOTE:</th>
</tr>
</thead>
</table>

page number of quote: _____________

Response to quote:
Chapter 5: The Muscle of Reason

Summarize the chapter by describing the muscle of reason and then introduce your favorite quote from the chapter:

QUOTE:

page number of quote: ________________

Response to quote:
# Book Report Worksheet: Peaceful Revolution, by Paul K. Chappell

## Chapter 6: The Muscle of Discipline

Summarize the chapter by describing the muscle of discipline and then introduce your favorite quote from the chapter:

**QUOTE:**

**page number of quote:** ____________

**Response to quote:**


Chapter 7: The Muscle of Curiosity

Summarize the chapter by describing the muscle of curiosity and then introduce your favorite quote from the chapter:

<table>
<thead>
<tr>
<th>QUOTE:</th>
</tr>
</thead>
</table>

page number of quote: ______________

Response to quote:

**Conclusion**

What is the PURPOSE of the book? Do you think it achieved its purpose? Why?

What is your favorite "muscle"? Why?

What kind of world do you think we would have if everyone developed the seven "muscles"? Why do you think so?
Book Report Worksheet: *Peaceful Revolution*
Title of Your Book Report

In a sentence, briefly summarize what the book *does* or what it aims to do with the information it provides to us. (Use some of the words from your answer to create your title.)

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

TITLE:

________________________________________:  

*A Summary and Analysis of Peaceful Revolution*, by Paul K. Chappell

Example:

By comparing positive human talents to muscles, the book provides a strategy for developing a peaceful world.

Title: DEVELOPING THE MUSCLES FOR PEACE:  
*A Summary and Analysis of Peaceful Revolution*, by Paul K. Chappell
Chapter 1: The Muscle of Hope

Summarize the chapter by describing the muscle and then introduce your favorite quote from the chapter: In Chapter 1, the author explains how realistic hope contributes to human survival and how it, in fact, can define and expand our humanity. Realistic hope can provide strength to triumph over suffering. It differs from naïve hope because realistic hope is based on rationality and experience. Realistic hope leads to greater things, such as idealism. In comparing naïve and realistic hope, Chappell states:

QUOTE: “Hope is as vital for human survival as food and water. ... However, it is important to distinguish between realistic hope and naïve hope. Naïve hope gives us the illusion of joy while realistic hope improves our perspective in a way that gives us a more positive attitude. Naïve hope sets us up for a big fall, for disappointment and pain; realistic hope gives us the strength to endure and overcome big falls."

Response to quote: This quote is important because it considers two kinds of hope that few people consider: naïve and realistic. The differences between a naïve hope and a realistic hope are as stark as the differences between "the illusion of joy" and a "positive attitude" and "a big fall" and "strength to endure." This quote places hopefulness in the real world of success and failure and links hope to real things such as a positive attitude and endurance. It illuminates the reality of hope and underscores the meaning of the main metaphor: realistic hope is as real and as useful as any muscle in the human body.
Format Rules for Book Report

1. Center Title on page. Capitalize all important words. (Do not capitalize articles, conjunctions, or prepositions unless they are the first or last word of the title.)

2. Place name and class name in lower right-hand corner.

3. Boldface all banners – or headings – in the term paper. Add an extra space in paper when you begin a new banner.

3. Indent each new paragraph.

4. Quotations from the book – if more than two lines – should be blocked off separately. They should be indented and centered on the page. List the page of the quotation in parenthesis at the end of the quotation.

5. Always italicize or underline the title of a book you refer to. For example: Peaceful Revolution, by Paul K. Chappell.

6. Include a bibliography at the end of the paper with the name of the book, author, place it was published, publisher, and date it was published.

7. Good luck!
Rubrics for Book Report

Format:

Typed Papers:
• Must be double spaced
• Quotes must be single spaced, properly indented, correctly formatted (no quotation marks if more than two lines), and include page numbers
• Headings for each part must be boldfaced
• Page numbers must be on each page (except for title page)
• Title page must be correctly formatted.
• Report must be complete: all chapters must be included.
• Bibliographic entry must appear at end of paper.

Written Papers:
• Single spaced.
• Headings and new parts must be clearly set off from previous parts.
• Page numbers must be on each page (except for title page)
• Title page must be correctly formatted.
• Paper must be complete: all chapters must be included
• Bibliographic entry must appear at end of paper.

Quality of writing:
• Writing must be clear, precise, and grammatical.
• Quotations must be introduced by a sentence, (E.g., “An important quotation from this chapter is the following:”)

Structure:
The book report must follow the outline presented in class. That is, the structure must be as follows:
• Introduction
• Chapters 1-7
• Conclusion
Book Report for Peaceful Revolution, by Paul K. Chappell
(This assignment can be given without worksheets.)
Developed by Christopher Mahon

Write a summary and analysis for Peaceful Revolution. Follow this structure.

Introduction:
• Describe the "state of the world" at this time in history and note any special problems or challenges that need peaceful solutions. Provide a brief biography of Paul K. Chappell. Define the purpose of his book and say whether or not you think it achieved its purpose.

Body:
• Summary and analysis of Chapter 1, including one quotation from the chapter and your response to it. (In other words, explain what "the muscle of hope" is, and then introduce your quote and respond to it.)
• Summary and analysis of Chapter 2, including one quotation from the chapter and your response to it. (In other words, explain what "the muscle of empathy" is, and then introduce your quote and respond to it.)
• Summary and analysis of Chapter 3, including one quotation from the chapter and your response to it. (In other words, explain what "the muscle of appreciation" is and then introduce your quote and respond to it.)
• Summary and analysis of Chapter 4, including one quotation from the chapter and your response to it. (In other words, explain what "the muscle of conscience" is and then introduce your quote and respond to it.)
• Summary and analysis of Chapter 5, including one quotation from the chapter and your response to it. (In other words, explain what "the muscle of reason" is and then introduce your quote and respond to it.)
• Summary and analysis of Chapter 6, including one quotation from the chapter and your response to it. (In other words, explain what "the muscle of discipline" is and then introduce your quote and respond to it.)
• Summary and analysis of Chapter 7, including one quotation from the chapter and your response to it. (In other words, explain what "the muscle of curiosity" is and then introduce your quote and respond to it.)

Conclusion:
• Again, state what you think the purpose of the book is, and whether the author achieved the purpose.
• What is your favorite "muscle"? Why?
• What kind of world do you think we would live in if everyone developed these seven "muscles"?

Your book report should have a title and nine headings: one each for the introduction and conclusion, and one for each chapter. The introduction and conclusion can each be more than one paragraph, and the entire typed book report should be 7-10 pages.