Below you are asked about a particularly significant moment or event which you might have had during a therapy session. Please take a minute to think back over your relationship so far with this client. Of the events which have occurred so far, select a specific moment or event that stands out in your mind as particularly significant. Please briefly describe this significant moment or event below in a few sentences, and indicate about how long ago or in roughly what session it occurred.

Now, with this specific moment or event in mind, please rate how accurately each of the items below fits your experience. Please tick the appropriate box to indicate your answer.

<table>
<thead>
<tr>
<th>During this specific moment or event…</th>
<th>not at all</th>
<th>a little</th>
<th>moderately</th>
<th>very much</th>
<th>completely</th>
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</thead>
<tbody>
<tr>
<td>1. I felt a sense of freedom</td>
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<tr>
<td>2. There was give and take between my client and myself</td>
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<td>3. I felt my client respected me</td>
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<td>4. I felt I was ‘living in the moment’</td>
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<td>5. I felt my client understood what it was like for me</td>
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<td>6. I felt a spiritual experience</td>
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<td>7. My client and I both knew what was in each other’s mind</td>
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<td>8. I felt more alive</td>
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<td>9. I felt a kind of magic happened</td>
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<td>10. I felt my client and I were both connected in some way</td>
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<td>11. I felt my client trusted me</td>
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<td>12. I felt my client was being genuine with me</td>
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<td>13. I felt the atmosphere was kind of awesome</td>
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<td>14. I felt I understood what it was like for my client</td>
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<td>15. I felt I experienced something beyond the ordinary</td>
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<td>16. My client and I felt close to each other</td>
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<td>17. I felt my client and I were equal</td>
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<td>18. I felt I had lost all sense of time</td>
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<td>19. I felt respect for my client</td>
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<td>20. I felt I was being genuine with my client</td>
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<td>21. I felt a sense of having my own power</td>
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<td>22. I felt my client was there for me</td>
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<td>23. I felt I had a better understanding of myself and/or others</td>
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<td>24. I felt a warm personal bond between myself and my client as fellow human beings</td>
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<td>25. I felt a profound connection between my client and me</td>
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<td>26. I felt the experience with my therapist was beyond words</td>
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