

INFORMATIONAL GUIDE

Myalgic Encephalomyelitis / Chronic Fatigue Syndrome (ME/CFS)



Myalgic Encephalomyelitis (ME), commonly known as Chronic Fatigue Syndrome (CFS) or ME/CFS, is a devastating multi-system disease that causes dysfunction of the neurological, immune, endocrine and energy metabolism systems.

DID YOU KNOW



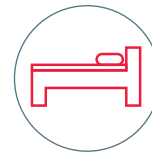
According to current estimates, over 250,000 people in the UK have ME / CFS.



75 percent of patients are women.



There is no single test that can diagnose ME, no cure for ME and no universally effective treatment.



At least 25 percent of ME/CFS patients are home or bed-bound.



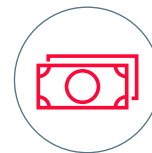
People with ME/CFS have lower quality of life measurements than any other disease tested.



84-91percent of ME/CFS patients either are not yet diagnosed or are misdiagnosed.



Symptoms typically persist for years; recovery is rare.



The economic cost of ME/CFS is at least £3.3 billion per year.

AND YET

- + Research into M.E./CFS represents less than 1% of all active grants given by UK mainstream funding agencies (CMRC).
- + ME is a stated priority for the Medical Research Council, but research activity remains “chronically” low according to ME Research UK. (Source: ME Research UK).

TIME FOR
UNREST