

Saturday

10am - 3pm, Drop In
Have a chat and a cuppa

10am - 12pm, Drawing and Painting,
Craig Rundle
Get creative and try new techniques

1pm - 3pm, Sculpture, Craig Rundle
Make and build your own sculptures

Waddington Street Centre
working in partnership with
New College Durham



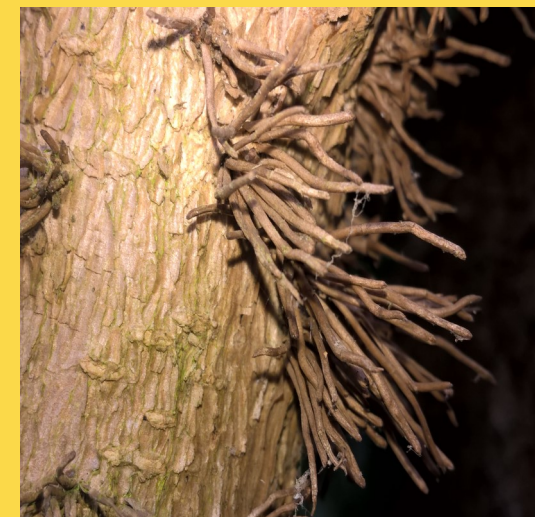
If you need more information please call
0191 386 0702 or visit:

www.waddingtoncentre.co.uk

Learners need to provide evidence of benefits
being received when enrolling on
New College (NC) courses



AUTUMN 2017 LEARNING ACTIVITIES TIMETABLE



Service User Photo

Waddington Street Centre

3 Waddington Street,
Durham, DH1 4BG

Autumn Term 2017
Monday 18th September -
Friday 1st December

	AM	PM / EVENING
Monday	10am - 12pm Graphics and Design NC 10am - 12pm Advanced Badminton HT 10.30am - 12.30pm Swimming Group HT 11am - 12pm Mahjong	1pm - 3pm Exploring History NC 1pm - 3pm Bike Ride HT 1pm - 3pm Illustration 3.30pm - 5.30pm Women's Group NRR 7pm - 9pm - Bi Weekly Music Night NRR
Tuesday	10am - 12pm Fine Art Projects NC 11am - 12pm Badminton HT	1pm - 3pm Art Workshops NC 1pm - 3pm Ways with Words NC 2pm - 3pm Gym HT 5pm - 7pm Young Person's Support Cafe (16-21's only) 6pm - 8pm Young Person's Open Art Studio (16-21's only)
Wednesday	10am - 12pm Card Craft 10am - 12pm ICT for All NC One to One Sessions HT	1pm - 3pm Glass 1pm - 3pm Film Group 1pm - 3pm Singing Group 5pm - 7pm Men's Cree Group NRR One to One Sessions HT
Thursday	10am - 12pm Thrive Thursdays, Drop In 10am - 12pm Bi Weekly World Cafe 10am - 11.30am Glass 10am - 12pm Positive Growth 4 Life NC	1pm - 3pm Thrive Thursdays, Drop In 1pm - 3pm I.T for the Terrified 2pm - 3pm Football HT 7pm - 9pm Drop In NRR
Friday	10am - 12pm The Natural World NC 10am - 12pm Relaxation for All NC 10am - 12pm Walking Group HT	1pm - 3pm Music NC 1pm - 3pm Exploring Music NC 1pm - 3pm Table Tennis HT
Saturday	10am - 1pm Drop In NRR 10am - 12pm Drawing and Painting NRR	1pm - 3pm Drop In NRR 1pm - 3pm Sculpture NRR
Key	NC = New College Course HT = Health Trainer Activity - All equipment supplied NRR = No referral required - open access	

Monday

10am -12pm, Graphics and Design (NC),
Craig Rundle

Create designs using Photoshop

10am -12pm, Advanced Badminton, Peer run

10.30am - 12.30pm, Swimming Group,
Gemma Kilbride

11am - 12pm, Mahjong, Ruth Crofton
A game played with 144 tiles based on
Chinese characters

1pm - 3pm, Exploring History (NC), Mike Watts
A fascinating look at other times and cultures

1pm –3pm, Illustration, Craig Rundle
Create your own characters and drawings

1pm - 3pm, Bike Ride, Gemma Kilbride
Excellent opportunity to exercise and get outdoors
(Dependent on weather)

3.30pm - 5.30pm, Women's Group, Joan Moore
Make new friends, have a chat, enjoy yourself

7pm - 9pm, Bi Weekly Music Night,
Steve Wakefield
Come along to sing, play, watch or socialise

Tuesday

10am - 12pm, Fine Arts Projects (NC), Craig Rundle

Get creative and try new techniques

11am - 12pm, Badminton, Gemma Kilbride
Great exercise for all levels of ability

1pm - 3pm, Art Workshops (NC), Craig Rundle
Be creative and try new techniques

1pm - 3pm, Way with Words (NC), Steve Urwin
Create your own expressive poetry

2pm - 3pm, Gym, Gemma Kilbride/Julian Penton
Great way to build cardiovascular strength + keep fit

5pm - 7pm, Young Person's Support Cafe
(16-21's only) Social space with support

6pm - 8pm Young Person's Open Art Studio
(16-21's only) Get creative and try new techniques

**(Please contact the centre on 0191 386 0702
for more information on the above
Young People's activities)**

Wednesday

10am - 12pm, Card Craft, Soo Illingworth
Make your own Greetings Cards

10am - 12pm, ICT for All (NC), Debbie Martin
All levels of ability catered for

1pm - 3pm, Glass, Erica Jones
Make jewellery, coasters, bowls etc.

1pm - 3pm, Film Group, Nick Ryan
Watching and exploring themes in film

1pm - 3pm, Singing Group, Amy Tuddenham
To be confirmed
Singing group for all abilities

5pm - 7pm, Men's Cree Group,
Steve Wakefield, Gemma Kilbride
Make new friends, trips out, build confidence

Thursday

All Day Thrive Thursday

Open drop in the lounge, cafe for anyone
9.30am - 3.30pm

10am - 12pm, Bi Weekly World Cafe, Gemma Kilbride
Explore and prepare foods from other cultures
and try them out

10am – 12pm, Positive Growth 4 Life (NC),
Rosie McEwan
Find the new confident you!

10am - 11.30am, Glass, Erica Jones
Make jewellery, coasters, bowls etc

1pm - 3pm, I.T for the Terrified, Liz Smith
Supportive course for learners with
very basic needs

2pm - 3pm, Football, Gemma Kilbride
Fun and exercise and the chance to
compete in tournaments

7pm - 9pm, Drop In,
Fred Robinson and Steve Wakefield.
Social evening to make and meet friends and
have a good chat

Friday

10am - 12pm, Relaxation (NC), Pauline Craddock
Learn how to relax and meditate

10am - 12pm, The Natural World (NC), Mike Watts
How life forms depend on each other, and
relationships between plants and animals.

10.00am - 12.30pm, Walking Group,
Gemma Kilbride and Gill Waite
Walking is great exercise, sociable
and gets you outdoors

1pm - 3pm, Music (NC), Dave Atkinson,
Learn to play guitar or other instruments

1pm-3pm, Exploring Music (NC), Mike Watts,
Share and play your musical choices with others,
a great experience

1pm - 3pm, Table Tennis, Fergus Grant