

# Applestore Cafe @ Wyresdale Park



## Lunch Menu (Served from noon)

### Homemade Soup (GF\*) 5.9

Please see our boards for the soups of the day. Chunk of granary bread & butter

### Soup & Sandwich Swap your salad garnish, crisps & slaw for a bowl of soup, add 3.5

Available on all hot & cold sandwiches & wraps

### Overfilled Barmcakes (GF\*)

Choice of White or Granary, all served with a salad garnish, kettle crisps & red cabbage slaw

- Egg mayonnaise & watercress (V) 6.5
- 'Dewlay' Tasty Lancashire cheese & 'Farm Yard Ale' chutney (V) 7
- Brie, apple, sticky fig chutney & rocket (V) 7.5
- Spiced hummus, sun-dried tomato & rocket (VE) 7
- Prawns, baby gem leaf & Marie Rose 8 (add smoked salmon 2.5)
- Tuna mayonnaise & spring onion 7
- 'Hamlets' Roast sliced ham, red onion marmalade 7.5 (add Lancashire cheese 1.5)
- Roast chicken, sage & red onion stuffing 8

### Hot Sandwiches (GF\*)

Choice of White or Granary, all served with a salad garnish, kettle crisps & red cabbage slaw

- Slow cooked pulled beef, caramelised onions, Nicky Nook Blue or Tasty Lancashire 10
- Battered haddock goujons, gem lettuce & tartare sauce 9.5
- Classic BLT - Bacon, Lettuce, Tomato 8.5
- Club, toasted 50/50, cajun-spiced chicken, bacon, garlic mayo, gem lettuce, tomato 9.5
- Veggie Club, toasted 50/50, cajun-spiced halloumi, avocado, sun-dried tomato, gem lettuce 9

### Tortilla Wrap filled with salad. Garnish - seasoned potato wedges & red cabbage slaw

- Seasoned crispy chicken strips & garlic mayo 10
- Cajun-spiced chicken & tomato salsa 10
- Bacon, brie & red onion marmalade 9
- Grilled halloumi, sliced tomato & olive tapenade (V) 9
- Falafel, spiced hummus & rocket (VE) 9

### Open Sandwiches (GF\*) toasted sourdough, salad garnish

- Smoked salmon, chives, lemon & herb dressing 8.5
- Warm pulled ham hock, Tasty Lancashire, honey & mustard dressing 8
- Warm spicy mixed beans & tomato, crumbled feta, balsamic syrup (V) 8

#### Dietary Key

Please state all allergens to staff

(GF)=Gluten Free

(GF\*)=Can be made gluten free by request

(V)= Vegetarian (VE) = Vegan

(VE\*) = Can be adjusted to Vegan on request

### **Hot Chicken & Streaky Bacon Salad (GF\*) 10**

Black pudding, mixed leaves, honey & mustard dressing, garlic & herb croutons (add a poached egg 2)

### **Smoked Salmon & Prawn Salad (GF\*) 11**

Mixed salad leaves, sun-dried tomato, lemon & herb dressing & chunk of bread

### **Roast Fig & Goats Cheese Salad (V) (GF\*) 10**

Mixed salad leaves, balsamic syrup, toasted almonds, sticky fig chutney & chunk of bread

### **Crispy Falafel Salad (VE) (GF\*) 10**

Rocket leaves, olive tapenade, sun-dried tomatoes, citrus dressing, garlic sourdough

### **Huevos Rancheros (V)(VE\*) 10**

Eggs baked in a spiced mixed bean stew & tortilla wrap, smashed avocado, toasted sesame, pumpkin & poppy seeds, chilli oil

Add warm chorizo 2 Add crumbled feta 1.5

### **Grilled Burgers** brioche bun, gherkin, gem lettuce, tomato. Chunky chips, red cabbage slaw

- Beef Steak Burger 12
- Crispy Chicken Burger 12
- Lamb Burger 13
- Falafel Burger (V)(VE\*) 11

#### **Burger Toppings All (GF)**

Smoked bacon, Streaky bacon, Warm diced chorizo 2

Nicky Nook blue cheese (V), Tasty Lancashire cheese (V), Grilled halloumi (V), Brie (V), Feta (V), Avocado (VE), Hummus (VE) 1.5

Confit mushroom (VE), Warm caramelised onions (V), Fried egg (V), 2 onion rings (VE) 1

### **Fish & Chips (GF) 13**

Battered haddock fillet, chunky chips, *mushy or garden* peas & tartare sauce, charred lemon

### **8oz Gammon Steak (GF) 11**

Chunky chips, *fried or poached* eggs, grilled pineapple, *garden peas or salad garnish*

### **Cheese & Onion Pie (V\*) 12**

Shortcrust pastry, 'Dewlay' Tasty Lancashire cheese & onion filling, chunky chips, fricassee of peas, *beef or vegetarian* gravy

### **Sausage & Mash 11**

'Hamlets of Garstang' pork sausage, creamy chive mashed potato, beef gravy, fricassee of peas

### **Vegan Sausage & Mash (VE) 11**

'Linda McCartney' red onion & rosemary vegan sausages, chive mashed potato, vegetarian gravy, fricassee of peas

**\*\*Upgrade Chips to Sweet Potato Fries for 1 or Seasoned Wedges for 0.5\*\***

#### **Sides**

Chunky chips (VE)(GF) 3.9

Sweet potato fries (VE)(GF) 4.9

Seasoned potato wedges (VE) 4.5

Bowl of batter onion rings (VE)(GF) 3.7

Mashed potato (V)(VE\*)(GF) 3.7

Jug of gravy (VE\*) 1.9

Side salad (VE) 2.5

Please scan the QR Code to  
Visit our website and view  
our Daily Specials



#### **Our Suppliers**

**Breads:** Clayton Park Bakery **Cheeses:** Pick Up Bank Farm  
**Meats:** Lakeland Speciality & Hamlets **Milk:** Shepherds Dairy  
**Vegetables:** Bradshaws **Fish:** My Fish of Fleetwood  
**Pantry:** JMP Foodservice

#### **Afternoon Tea 16.9**

Requires 24 hours advance notice

Selection of freshly made  
sandwiches & cakes, scones jam  
& cream. Served on a traditional  
carousel with tea or filter coffee

Add a glass of Prosecco 4