Primary Care Resource List

For CareOregon Patients

Please contact your regional care team by calling (503)-416-4100 and providing your name, date of birth, and member ID and asking to speak to your *regional care team*.

You will need to either see your assigned primary care provider, or discuss switching your assigned primary care to the facility of your choosing.

They can also help you get connected to other resources you may need.

Walk-in/Same-day/Next-day Services

**Outside In**
1132 SW 13th Ave, Portland
(503)-535-3860

**Old Town Clinic**
727 W Burnside St, Portland
(503)-228-4533

**Blackburn Center**
12121 E Burnside St, Portland
(971)-361-7700

Quick care hours 5-7 PM Tues, Weds

Integrated Care (Primary Care + Behavioral Health)

**Quest Center for Integrative Health**
2901 E. Burnside, Portland
(503)-238-5203

**Cascadia Behavioral Health**
Intake Line: (503)-674-7777
- Woodland Park Health Center
  10373 NE Hancock St, Suite 200, Portland
- Garlington Health Center
  3036 NE Martin Luther King, Jr. Blvd., Portland
- Plaza Health Center
  4212 SE Division St., Portland,

Small Clinics

**2BWell**
1255 NW 9th Ave Portland, OR 97209
(503)-655-0044

**Bridge City Medical**
Bridge City Family Medical Clinic
1410 NE 106th Ave, Portland
(503)-460-0405

**NUNM Clinics**
3025 SW Corbett Avenue, Portland
*Note: More locations listed online.
(503)-552-1551

**Prism**
2236 SE Belmont St, Portland
(503)-445-7699

Large Health Systems

**OHSU Transgender Health Program**
Call: (503)-494-7970
Email: transhealth@ohsu.edu

**Legacy Gender & Sexual Health Program**
Call: (503)-413-5600
Email: transhealth@llhs.org

*Note: This program will also make recommendations to care outside the Legacy network.*