



Toileting Policy for 2022-2023

Updated August 2022

Meridian Public Charter School does not exclude children based on Toilet Learning ability.

Teachers should be sensitive to parent concerns and offer open communication with parents concerning Toilet Learning, as it is developmentally appropriate for 3-year-olds to be engaged in toilet learning activities.

Children who are fully toilet trained are less prone to accidents and can fully access the school curriculum. According to the American Academy of Pediatrics, most children (approximately 98%) achieve bowel control and daytime urine control by 3 years old. As the Mayo Clinic indicates, “if a potty-trained child reverts or loses ground — especially at age 4 or older — or you're concerned about your child's accidents, contact his or her doctor.”

In order to support children, families, and teachers with Toilet Learning, Meridian implements the following processes and procedures to support all parties and help children achieve age and developmentally appropriate self-help skills. In order to achieve success in this process, it is crucial that all parties maintain open, honest, and supportive communication so that children feel comfortable and can be successful. Please remember that Toilet Learning has to be reinforced at home as well as at school. No child will be forced to sit on the toilet.

According to the Office of the State Superintendent of Education, a child can be defined as not toilet trained if a child has more than 3 accidents (while awake) in a week for two consecutive weeks.

Note: Any child with an Individualized Education Plan or an Individualized Family Service Plan that includes goals for Toilet Learning will follow the plan and guidelines outlined in the IEP or IFSP.

As part of Meridian’s regular schedule and curriculum, children will be taken to the bathroom on a regular schedule and will be allowed to use the bathroom whenever they request. Meridian recognizes that as part of the toilet learning process, children may have accidents. Please note:

- If a child has a bowel movement in their clothing during the school day, a parent will be called to change clothes and/or pick up the student for the day. If parents do not come to change children, teachers will give students directions to change clothes. Teachers are not required to physically remove clothing or wipe students.
- If a child has more than three (3) accidents in a single school day, a parent will be called to pick up their child for the day.



In order to ensure we can support your child’s toilet needs at school, Meridian will provide the following to ensure proper, sanitary care of your child when they have accidents:

School Provides
Latex Gloves or hypoallergenic
Toilet Paper
Bags for soiled clothing
Trash cans with lids for appropriate disposal
Training for staff on proper procedures for managing accidents

For children who are not fully toilet trained, as indicated by the frequency of accidents at school, families are required to meet with the student’s teacher(s) and school administrators to review past accidents, discuss toilet training efforts at home, and prepare a toileting action plan to be followed at school and at home for thirty (30) calendar days. While the toileting action plan is in effect, daily toilet logs completed at school must be reviewed and signed by the family daily. Daily toilet logs completed at home must be submitted to the student’s teacher at the start of each day (all non-school days, including weekends, should be submitted the following school day). Families of students not fully toilet trained are required to bring the following to school in order to support the process:

Family Provides <i>(Families are responsible for ensuring all of these items are in their child’s cubby)</i>	
Wipes	
Disposable Training Pants	Children should not be sent to school in standard diapers, as we want children to get used to the process of putting on and taking off underwear.
Two changes of clothing 1. Underwear 2. A pair of socks 3. A bottom 4. A top	Please ensure that pants and belts are easy to remove (elastic waistbands, Velcro belts, snaps, not buttons). Each full change of clothing must be in a labeled gallon Ziploc plastic bag.
An extra pair of shoes	If possible

Changes of Clothing

Young children’s clothes can become dirty or soiled in the course of the school day and a change of clothes may be necessary for the comfort of the child. Pre-school parents are required to leave two extra sets of clothes at school. Each set of extra clothing should be labeled with the student's name and placed in a gallon-size ziploc bag. Teachers will bag up the dirty clothes so that they go home with the child that day. If a child uses his/her emergency change of clothes, parents must send a new set of emergency clothes the following day. If a child needs to change and does not have an emergency change of clothes parents will be contacted. **If the parent is not able to bring a change of clothes Meridian will provide a change of clothes.**