Sepsis arises when the body’s response to an infection injures its own tissues and organs. It may lead to shock, multi-organ failure, and death – especially if not recognized early and treated promptly. Sepsis is the final common pathway to death from most infectious diseases worldwide, including viruses such as SARS-CoV-2.

### Sepsis Facts

- **47 - 50 million cases per year**
- **At least 11 million deaths per year**
- **1 in 5 deaths worldwide is associated with sepsis**

### Sepsis is the Number 1

- Cause of death in hospitals
- Cause for hospital readmissions
- Healthcare cost (e.g., $62 billion is spent on sepsis healthcare costs in the US alone)

### 80% of sepsis cases occur outside of a hospital

### Sepsis is always caused by an infection like pneumonia or diarrheal illness

### SEPSIS is a medical emergency - if you or someone you know shows signs of sepsis, seek medical care immediately. Every hour counts.

- Slurred Speech or Confusion
- Extreme Shivering or Muscle Pain /Fever
- Passing No Urine All Day
- Severe Breathlessness
- It Feels Like You’re Going to Die
- Skin Mottled or Discolored

### September 13

You can help #StopSepsis and #SaveLives

Get involved at worldsepsisday.org

### References

8. Up to 50% of sepsis survivors suffer from long-term physical and/or psychological effects
9. 40% of cases are children under 5
10. 80% of sepsis cases occur outside of a hospital