

**Request for P.E. Exemption  
For Interscholastic Athletic Participation at Albany High School**

Name: \_\_\_\_\_

Class of: \_\_\_\_\_

Albany High School students may have their PE 2 requirement for graduation exempted through participation in District interscholastic athletic programs. The one-year requirement will be exempted if the student participates in FOUR seasons of any combination of school athletics, beginning with sports in 10<sup>th</sup> grade. Because 9<sup>th</sup> grade students are required to enroll in P.E., only 10<sup>th</sup>-12<sup>th</sup> grade students are permitted to exempt PE by participating in athletics. Students may not “bank” credits for 9<sup>th</sup> grade athletic participation.

Ninth grade students earn ten (10) credits for their participation in P.E.-1. One additional year of PE is required to meet graduation requirements. **It is the student’s responsibility to track his/her progress and to complete enough seasons of sports to waive the 2<sup>nd</sup> year Physical Education requirement.**

The student who wishes to exempt his/her Physical Education requirement through participation in sports will not add credits to his/her academic record through athletic participation. Instead, a note will be made on the student’s record that he/she participated in Athletics, and each season noted will exempt one fourth of the year-long requirement. If a student opts for a Physical Education exemption for athletics in lieu of taking PE 2 in 10<sup>th</sup> grade, he/she **MUST** participate fully in a minimum of three seasons of Albany High sports during 10<sup>th</sup> and 11<sup>th</sup> grades. Only one season can remain to be completed in the senior year. If the student has more than one season of athletics left to complete at the end of 11<sup>th</sup> grade, he/she will be scheduled for a Physical Education class in 12<sup>th</sup> grade.

Please note: if the student has one season of a sport remaining to complete after 1<sup>st</sup> semester of senior year (i.e., plans to participate in a winter or spring sport during senior year), he/she risks not meeting graduation requirements should anything happen so that he/she is unable to complete that athletic season.

**Students may not have more than FIVE ABSENCES from practices/games to qualify for a Physical Education athletic exemption. In order to be eligible for this Physical Education exemption, the student must have a minimum of a 2.0 GPA during the previous grading period in order to be eligible for this exemption. In addition, students must take and pass the California State Fitness Gram. If a student fails the Fitness Gram, he/she is not eligible for a PE exemption.**

**Note: If you plan to drop PE in the middle of the school year you **MUST** complete an add/drop form during the petition period.**

**Students only need to turn in one signed P.E Exemption form during high school. Form must be turned in to the student’s counselor.**

Please list the AHS sports in which you plan to participate \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date