



AHS Counseling Department Student Brag Sheet



This is your chance to **BRAG!!!** Think hard about everything you have done during high school and give us the details we need to write or talk about you. Imagine that you are writing a resume for a job you really want. Include school, home, community, church, or whatever. Conveying your unique qualities is not an easy task. Therefore, we would appreciate your giving us an honest estimation of yourself, what you have done, and what you have left to do. Please type your answers on an attached sheet referring to these questions. Use as much paper as you need.

1. Is your high school academic record an accurate measure of your ability and potential? Explain.
2. During your high school career, what do you consider your proudest academic accomplishment(s)? Please give examples.
3. During your high school career, what do you consider your proudest personal accomplishment(s)? Please give examples.
4. What do you choose to learn about or pursue outside of school? Examples: books you've read, projects you've taken on, hobbies or interests you've pursued. Please give specific examples and explain why these are important to you.
5. If you were involved in extracurricular activities or have work experience, please describe the most meaningful aspects.
6. What do you consider your greatest personal strengths and weaknesses? Briefly explain your answers.
7. Are there any special circumstances, living situations, challenges, overcoming obstacles, etc. in your life that might have an impact on your application? Please note if your generation will be the first in your family to attend college. (This can be confidential if necessary, but please keep in mind that counselors are mandated reporters)
8. If you have a specific goal for college please describe.

Additional Information

- A. Please list the teachers or coaches to whom you have delivered "Teacher Comment" forms. (Remember: minimum of 4)
- B. List the teacher(s) who are definitely writing your college letters of recommendation. Be sure to check how many you need - do NOT ask more teachers than colleges ask for! Don't forget thank you notes.