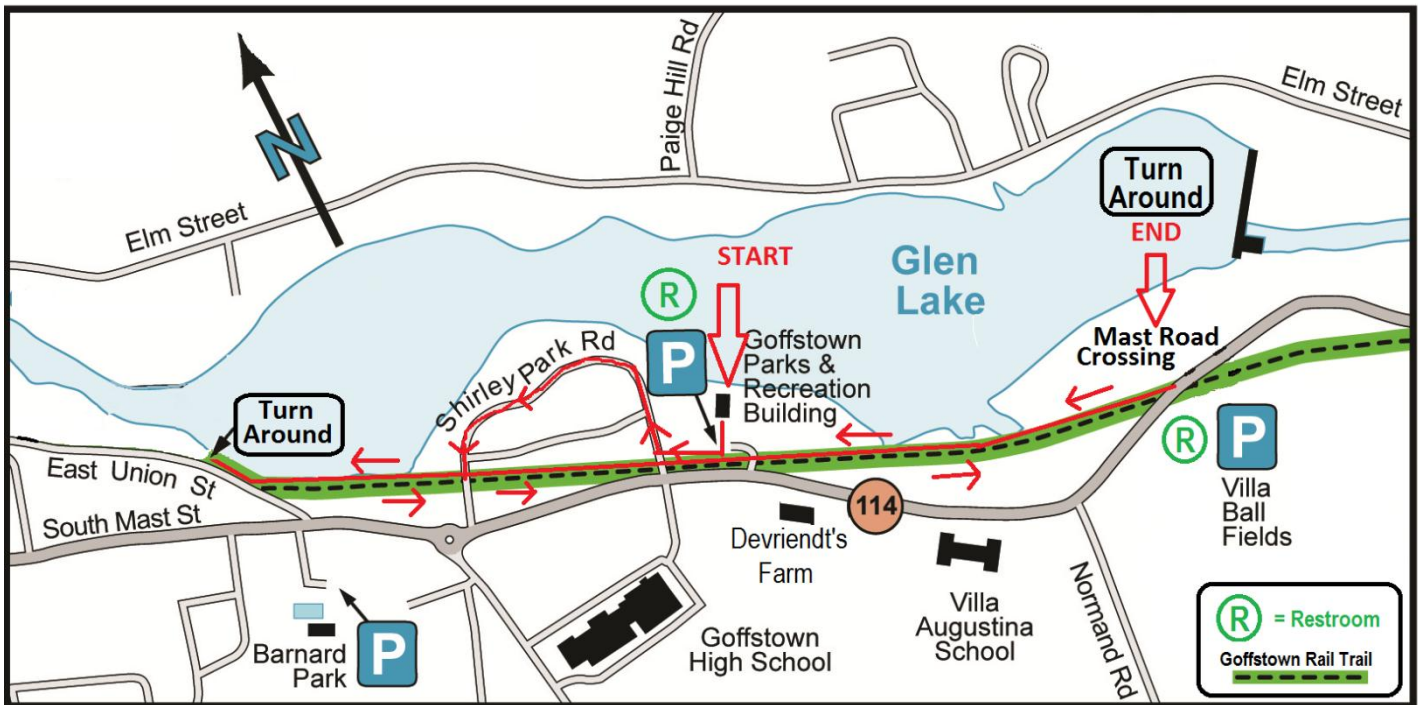


Shirley Park Shuffle

Distance: 2.17 miles roundtrip.

Highlights: No Mast Road crossings, some asphalt riding, on Shirley Park Road & Shirley Ave, quiet streets, nice views of Glen Lake. Drive to Devriendt's Farm for ice cream after!

Recommended for: Families with small children on tricycles, small bikes, or bikes with training wheels.



1. **0.00 miles - Start\Park** – Goffstown Parks & Rec Center, 155 S. Mast Road.
2. Head right (west) on Rail Trail, towards New Boston.
3. **0.1 miles** - Take 1st right (immediately) onto Shirley Park Road, leaving the Rail Trail. Ride on the right side of the roadway. Shirley Park Road is a quiet, U-shaped residential street, and brings you right back on to the Rail Trail. Watch for cars!
4. Optionally, check out Shirley Ave for more a bit more mileage.
5. **0.5 miles** - Get back on to the Rail Trail, take a right on the Rail Trail, and head west (right), towards New Boston.
6. **0.6 miles** - Check out views of Glen Lake on right.
7. **0.71 miles** - When Rail Trail reaches East Union Street, **turn around**, and return on the Rail Trail, the way that you came. Now you are heading east. This time, stay on the Rail Trail all the way back to the Rec Center.
8. **1.2 miles** - Keep going **past** the Rec Center (Rec Center will be on left), heading south\east.
9. Check out view of Glen Lake on left.
10. **1.71 miles** - Continue on the Rail Trail till you reach the Mast Road crossing. This is where it is recommended that you **turn around (END)**, and back track on the trail, the same way that you came, to avoid having to cross Mast Road.
11. **2.17 miles** – Return to start at Rec Center. Total trip = 2.17 miles.