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| 26 If we asked a good friend of yours, what values would they say you most live by?  | 39 What truth about God are you having a hard time believing right now?  |
| 27 What places or practices foster the deepest sense of rest for your soul these days?   | 40 What are a few attributes you had as a child that are still true of you today or that you have lost?                |
| 28 When was the last time you experienced feeling lost or alone?   | 41 What assumptions do people sometimes make about you that are not true?  |
| 29 In what area of your life is God inviting you into deeper sacrifice and selflessness?                                       | 42 What is a word, phrase, or metaphor from Scripture that is guiding you through this season of your life?            |
| 30 What is one attribute you see in someone in this group that you admire?   | 43 What is one way you feel the need to grow that goes against the grain of your personality?                          |
| 31 What is one habit you want to break and one you want to build this year?  | 44 If you could relive one childhood memory, what would it be?   |
| 32 In what area of your life do you feel most un-free?   | 45 Have you ever been through a season of life that felt like “the wilderness”? If so, what did you learn?             |
| 33 Do you feel peaceful right now? Why or why not?   | 46 How is fear most showing up in your life right now?   |
| 34 What are 1-2 areas of your life where you feel the largest gap between who you are and who Jesus is inviting you to become? | 47 In what stage or time of your life did you feel most alive, and why?  |
| 35 What are you currently avoiding in your life — a person, a decision, a problem — and why?                                   | 48 What was an impactful event in your life that formed who you are today?   |
| 36 What attributes emerge when you feel most comfortable and like yourself?  | 49 What aspects of following Jesus feel most natural and unnatural to you?   |
| 37 What is a challenge you are currently facing that requires God’s help?  | 50 If you knew you were living your last day, what would you lower in importance that you currently hold as important? |
| 38 What word best describes how you want people to experience you?   |  |

## GO DEEPER

# Table Conversations

## Practicing the Way

## Go below the surface

These discussions will uncover your approach to life and the ways you are being formed. Take your time with each answer.

Pay attention to emotions that emerge. Practice loving one another by meeting needs that may arise in your conversations.

- 01 What is one pattern from your family of origin you hope to carry forward, and what is one you hope to leave behind?
- 02 Who is one of your “heroes” (close or at a distance), and what about them do you admire most?
- 03 Finish the sentence: I am working on accepting \_\_\_\_\_.
- 04 What is something you are trying to unlearn as of late?
- 05 What was the last encouragement someone shared with you that had a meaningful impact on you?
- 06 When you pass away, what is one thing you hope your loved ones say about you?
- 07 What is a difficult experience you went through that you initially resented but now feel grateful for?
- 08 What teaching of Jesus do you find hardest to live out or understand?
- 09 Who were you closest to in your family growing up, and how has that relationship changed or stayed the same?
- 10 Where are you in your family’s birth order, and how do you think that shaped you as a person?
- 11 How have you experienced the power of forgiveness, whether by offering it or receiving it yourself?
- 12 What do you think your younger self would admire about you today?
- 13 If your future self could give you advice for this coming season, what do you think they would say?
- 14 What is something you want to let go of this year?
- 15 What was a major turning point you experienced in life?
- 16 What attribute or posture of Jesus do you most desire to embody?
- 17 What might you regret in the next ten years if your life continues as it is, and what can you do about it now?
- 18 What is one longing you have that you are waiting to see fulfilled?
- 19 If your week were a candle, is the flame burning bright, low, or somewhere in between? Why?
- 20 What was a challenge you faced as a youth that still shows up in your life today?
- 21 What is a lie you are struggling not to believe?
- 22 What is your favorite moment you experienced with your child (or that you remember experiencing with your parents)?
- 23 What do you like most about yourself?
- 24 What is one answered prayer and one unanswered prayer in your life from the past year?
- 25 Who has shaped and influenced you the most in life, other than Jesus, and how?