Please join us for the May CTC meeting on Thursday, May 12th at 9:00AM.

ZOOM INFORMATION FOR MEETING
Zoom ID: 955 2608 7607
Passcode: 982073

Join Zoom Meeting
https://zoom.us/j/95526087607?pwd=NG9BeWpMTFdVNnJSSHJGZmuFQmNWd209

Spotlight
“Nurturing, mentoring, and feeding our community”

Our April Spotlight guest was Chef Stephanie Willis from Everybody Eats Philly and Vittles Food Hall (located in Chester).

As part of their mission, Everybody Eats Philly is dedicated to increasing food security and building community.

The Everybody Eats concept started in 2020 in response to the lack of resources caused by the pandemic and racial justice protests.
Stephanie shared some of her upbringing with CTC members last Thursday and noted she grew up with a huge family, with sometimes 10-20 people joining for meals. This is where her love of cooking started especially when food fosters community. Everybody Eats' efforts with combatting food insecurity has expanded to other underserved communities in New York, San Antonio, Cleveland, and New Jersey. Recently, Stephanie joined a panel discussion at the Philly Chef Conference on *The Power of Food: Chef Movement for Social Change* alongside Erik Bruner Yang, Ed Lee, and Kat Kinsman.

In addition to Everybody Eats's social impact, they have expanded their operation to a brick-and-mortar in Vittle's food hall in Chester (801 Sproul Street, Chester, PA 19013). Chef Stephanie recommends the WhizWit Burger, Jerk Salmon, and their house-made Cobb salad. Catering IS available and cash transactions are currently not being accepted due to Covid-19.

Let's give them a warm welcome to Delaware County!

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**Spotlight**

I-LEAD is excited to once again partner with Chester Education Foundation in the City of Chester. I-LEAD will continue to market and recruit for the Harcum College program in Delaware County as well as to offer the HiSET (high school completion) program.

Judith G. Ortiz  
Director of Operations, Higher Education Programs, Greater Philadelphia Region
Announcements April 2022

April 2022

Chester Education Foundation
(Blueprints for Success Program)
April 2022

**Family Support Line: Bids for Kids Live & Silent Auction**

Bids for Kids: Annual Live and Silent Auction, Havertown, PA
Friday, April 28, 2018 at 6:30 pm
The Historic Llanerch Country Club
950 West Chester Pike, Havertown, PA

Bids for Kids Silent and Live Auction includes complimentary valet parking, beer and wine open bar from 6:30 - 7:30 p.m., dinner stations, and pass hors d'oeuvres. Cash only bar after 7:30. Always a fun evening, we are excited to share with you our online ticketing and mobile bidding at Bids4Kids3.Gesture.com

Family Support Line is celebrating our 30th Anniversary. We're proud to have protected thousands of Delaware County children from the trauma of child sexual abuse through our prevention, treatment, and advocacy programs. Thank you for protecting Delaware County Children.

Thank you to our Sponsors!
Guardian Sponsors
McLoughlin Plumbing & Heating
Monroe Energy
Premier Orthopaedics
Protector Sponsors
Walsh & Nicholson, Inc.
Defender Sponsors
Holcomb Behavioral Health Systems
(Free Programming/Poster Contest)

May 5th from 9am-11am, Holcomb's Fetal Alcohol Spectrum Disorder training (virtual) To register: https://us02web.zoom.us/meeting/register/tZYrdOGspz0vG9JS6moHXT-3nLRkiMFYZ3

Please help vote for the Holcomb Poster Contest-https://forms.gle/PFxQrguxGHYWygZ87

Holcomb Behavioral Health Systems is pleased to offer the following programs
FREE to Delaware County Schools & Community Organizations

Keep A Clear Mind (4th-6th Grade): KACM is a 5-lesson program that introduces the topics of Alcohol, Tobacco, Marijuana, and Making Good Choices, and the harmful effects and consequences of each substance. Each week, a Prevention Specialist will introduce the weekly topic and students are given a workbook to be completed with a parent or guardian at home. KACM encourages parents and youth to start the discussion of drugs and alcohol prevention together at home. KACM is a great way to increase parent engagement in your school!

Safe Dates (6th-12th Grade): Safe Dates is a highly engaging and interactive 6-8 session program designed to stop or prevent the initiation of emotional, physical, or sexual abuse between individuals in a dating relationship. Teens learn to recognize the difference between caring, supportive relationships and controlling, manipulative, or abusive relationships.

AVOID (6th-12th Grade): The Anti-Vaping Online Information Dissemination (AVOID) Program is a media-based online prevention toolkit for vape prevention for middle and high school students. It is presented in one-hour weekly sessions, for five weeks. AVOID contains brief educational videos and discussion guides. The videos engage students and provide information. The accompanying discussion guides help Prevention Specialists present these videos to youth and conduct a deeper conversation on vaping topics.

Positive Action (1-3rd Grade): Positive Action is a 6-lesson program which encourages students to make positive choices. It works by teaching and reinforcing that you feel good about yourself when you do positive actions, and there's a positive way to do everything. Positive Action is designed to improve academic achievement, school attendance, and problem behaviors.

Environmental Campaigns (All Ages): These monthly campaigns aim to break the belief that “everyone is doing it” and educate youth through printed materials, speaking engagements, and activities that, in fact, most youth today are not using drugs or alcohol.

Stall Stories (All Ages): Stall Stories are monthly flyers which highlight environmental campaigns that aim to increase awareness and educate the community on important topics to prevent ATOD use.

For additional information please contact Allison Doherty at Allison.Doherty@holcombhhs.org

@HolcombPrevention

These programs are coordinated by Holcomb Behavioral Health Systems and funded by the Delaware County Department of Human Services. Division of Drug and Alcohol.
Making A Change Group
(Mentoring Events)

Dear Moms, Daughters, Sisters, Aunts, Friends and Family; You are invited to a 2-part women's empowerment series “Queens Mentoring Queens” brought to you by Making A Change Group and The Chester Upland School District. There will be Food and Giveaways provided, No Cost! Please register below.

Guest speakers include: Tara Jones, Moneira Hawkins, Michelle Primeaux and more!

Tuesday April 19, & Thursday May 12, 2022
5:30-7:30pm at Toby Farms Intermediate School (201 Bridgewater Rd, Brookhaven, PA 19015)

Register

Dear Fathers, Sons, Uncles, Brothers, Cousins, Father figures and alike. You are invited to our G’s Mentoring G’s (Gentlemen) series at Toby Farms Intermediate School (201 Bridgewater Rd, Brookhaven, PA 19015).

Thursday April 21st & May 5th, 5:30-7:30pm, Food and Gifts are provided, No cost!

Please register below.

Brought to you by Making A Change Group and The Chester Upland School District.

Register
QUEENS EVENTS WILL BE ALL FEMALE LED SESSIONS, WITH CONVERSATIONS AND ACTIVITIES FOCUSED ON SUPPORTING OUR YOUNG WOMEN AT HOME AND AT SCHOOL.

QUEENS MENTORING MEETUPS

THURSDAY, APRIL 19TH
AND MAY 12TH
5:30-7:30 PM

EACH YOUNG PERSON MUST BE ACCOMPANIED BY AN ADULT. ADULTS MUST REGISTER AT OUR WEBSITE USING THE QR CODE AND AT OUR WEBSITE.

Toby Farms Middle School,
201 Bridgewater Rd, Brookhaven, PA 19015
April 2022

Chester Upland School District: Evening Under the Stars Fundraising Event

Save the date!

Join Chester Upland School District for our 1st Annual EVENING UNDER THE STARS on Friday, May 20, 2022 at 6:00 pm at Subaru Park - Philadelphia Union Stadium, 1 Stadium Dr., Chester, PA 19013

Tickets: $150.00
After Five Attire
Open Bar, Dinner, Entertainment, Awards
Student Presentations highlighting CTE Programs, and Silent Auction

Sponsorship deadline is May 9, 2022
Healthy Kids Running Series
(Free youth running program)

Healthy Kids Running Series is a five (5) week running program in the spring and fall for kids Pre-K through 8th grade. Each HKRS Series takes place once a week and offers age appropriate running events including the 50 & 75 yard dashes, the 1/4 mile, the 1/2 mile and the 1 mile run. Kids compete each week for a chance to earn points. At the end of the Series the boys and girls who accumulate the most points in their respective distances are awarded trophies. All participants receive a medal on Week 5!

This free five-week series is a community event that is open to children who reside within Chester, PA. Registration for this race cannot be transferred to another HKRS race due to a registration sponsorship tied to the Chester location. All race day guidelines will be emailed prior to event day.

Sign Up Online
Sow Good Now & Amachi Chester
(Free Tennis Clinics)

Sow Good Now & Amachi Chester have partnered to bring this spring's Tennis Clinic. Registration is now open. Lunch and Swag Bags will be provided. Registration is Required!. Spaces are limited. Participation is limited to a single session. Select the desired session below.

For questions, comments or concerns reach out to Brittanii at bhales@chestercity.com or (484)318-6781.
Sow Good Now &
Amachi Chester Presents

TENNIS CLINIC
MAY 7, 2022

Session 1:
9:00 am - 12:30 pm
Lunch is Provided
Session 2:
11:30 am - 2:30 pm
Rain Date: TBD

REGISTRATION REQUIRED | TO REGISTER
CLICK HERE
FOR MORE INFORMATION TEXT:
TEennis TO (484) 318-6781

April 2022

Child Guidance Resource Centers
(Strengthening Families Program - Spring 2022)
Strengthening Families Program
Building stronger families for healthy futures.

The Strengthening Families Program is an evidence-based parenting skills, children's social skills, and family life skills training program specifically designed for families. Both parents and children participate in this program that will improve parenting skills and family relationships, reduce problem behaviors, delinquency and alcohol and drug abuse in children and improve social skills and school performance.

STRENGTHENING FAMILIES BUILDS 5 PROTECTIVE FACTORS
- Parental resilience
- Social connections
- Knowledge of parenting and child development
- Concrete support in times of need
- Social and emotional competence of children

PARENTS WILL LEARN:
- How to effectively discipline & guide children
- Appropriate developmental expectations
- Making and integrating house rules
- Encouraging good behavior
- Protecting against substance abuse

CHILDREN WILL LEARN:
- How to set goals and dreams
- How to follow rules with parents, peers & teachers
- Skills to deal with stress
- Ways to handle peer pressure

WHO: Families with children between the ages of 6-11
WHAT: 14 virtual sessions with dinner provided.
Starting March 17, 2022
CONTACT: Lisa Schneller at lschneller@cgrc.org to register and learn more.

This program is free & dinner will be delivered every week! Enjoy incentives like board games for your family & more.

Strengthening Families 6.0 is coordinated by Child Guidance Resource Centers and funded by the Delaware County Department of Human Services, Division of Drug and Alcohol

April 2022
I-Lead/Harcum College
April 2022

**Pardon Symposium and Clinic**

RSVPs are required to attend.

**RSVP**
Reentry, Resetting, and Redemption

Pardon Symposium & Clinic: Part III - LIVE!

- Th., April 21, 2022
- 6:00 - 8:00pm
- Kapelski Learning Center
- Widener University, E. 14th St, Chester, PA
- CDC Guidelines will be followed

And Special Guest Appearances!

PA Board of Pardons Secretary Celeste Trusty
Saad Solliman, Nad. Reentry Systems Subject Matter Expert
Jonathan Abdur-Rahim King, Reentry Professional

RSVP REQUIRED
Stacey Mandel: staceylinmandel@gmail.com or
Megan Reinprecht: 484-206-8101

Thank you to our sponsors:

Keystone First

April 2022

Greener Partners
(Farm Explorer)

Greener Partners is a nonprofit that addresses food access, education, and sovereignty.
April 2022

Chester Community Coalition
(Registration for Programs)

After a violent experience it can be hard to know where to turn or what to do. We provide trauma-informed support services to families directly affected by gun violence in Chester, PA and Delaware County.

Programs

- Grief Support
- Survivor Support
- Individual Support
- Youth Support Groups
- Case Management
April 2022

**Child and Family Focus**  
(Respite program referrals needed)

We are looking to assist families who have children with a mental health diagnosis in need of extra support at home/in the community. Contact Jessica Maginnis for more information.

Contact

April 2022

**Garret Williamson**  
(Now hiring)

Garret Williamson Newton Square: NOW HIRING - 16+ counselors needed, admin assistant needed - Agriculture education department NEW (Family Farm Events, meeting the animals) PreK play dates on Wednesdays, birthday events at the farm is also available.

Learn More

April 2022

**Youth Development United: Resource/Career Fair**

Chester Resource and Career Fair- NEW DATE Saturday 5/14 Chester High School  
https://www.youthdevunited.org/career-discovery

To sign up for a table for the 5/14 resource Fairhttpsdocs.google.com/forms/d/e/1FAIpQLSfYSSm9KgpTP1L-oxmjbElGX8Z2byMz9VgV0VzmnAic44vxtNg/viewform

April 2022

**The Foundation for Delaware County**  
(Pandemic resources for pregnant and postpartum women in the Delaware County)

**Denise R. Martin**  
Outreach and Engagement Specialist/Cribs For Kids Coordinator

The Foundation For Delaware County  
Baldwin Tower  
1510 Chester Pike, Suite 300/301  
Eddystone, PA 19022  
Tele: (610) 619-6113  
Cell: (267) 453-7342  
Email: dmartin@delcofoundation.org

- **Healthy Start** is a Community Health Worker model with tiered case management services for pregnant women. Staff focus on healthcare access to help ensure full-term and healthy pregnancies, support breastfeeding and infant care, manage information and resource coordination, connect moms...
with in-house counseling for Perinatal Mood and Anxiety Disorders or postpartum depressions, and civil legal assistance through our Medical Legal Partnership program.

- **Nurse Family Partnership** pairs first-time, low-income mothers with are home visiting nurses throughout Delaware County. Women must be enrolled in the program prior to 28 weeks to be eligible for the program which continues until the baby’s 2nd birthday. This relationship-based program focuses on healthcare access and health education, positive parenting, infant growth and development, and support for mom in working towards self-sufficiency. Enrolled mothers are also able to access behavioral health supports and civil legal assistance.

- **Delaware County WIC (Women, Infants and Children) Program** is also a great program to ensure healthy pregnancies and improve birth outcomes, focusing on growth and development of children. It provides eligible pregnant, postpartum and breastfeeding women, infants and children under age 5 with nutrition information, breastfeeding support, and nutritious food and referrals. WIC helps to build strong, healthy families and ensure kids enter kindergarten healthy and ready to learn!

- **Cribs for Kids** is a referral-based program to provide Safe Sleep Education and a new Pack & Play to families who are challenged by extreme poverty and displacement due to domestic violence or house fires. Cribs for Kids nationally has been an important resource and champion in the fight to prevent sleep-related deaths in communities across America.

- **The Center for Hispanic Resources** is a drop in (now telephonic) program that provides assistance to Delaware County’s Spanish-speaking community. Bilingual case management staff assist participants with completing applications, making appointments and connecting with community-based resources, providing translation services and limited interpretation services.
The Foundation for Delaware County’s Healthy Start, Nurse-Family Partnership & Cribs for Kids staff are here for you during the COVID-19 Crisis.

If you are pregnant and live in Delaware County, please contact us to learn about our helpful programs including: telehealth nurse and case management support, social work services, safe sleep education and supplies, breastfeeding support and civil legal assistance. Please share with others who may qualify! Bilingual (Spanish-speaking) staff available.

To find out more please contact Denise Martin, Outreach and Engagement Specialist, at 267-453-7342 or by email at dmartin@delcofoundation.org

Our referral form is here!

Visit CEF’s website