Please join us for the March CTC meeting on Thursday, March 10th at 9:00AM.

ZOOM INFORMATION FOR MEETING
Zoom ID: 955 2608 7607
Passcode: 982073

Join Zoom Meeting
https://zoom.us/j/95526087607
pwd=NG9BeWpMTFdoJSSHJGZm1EQtNWd09

Spotlight

This month’s CTC Spotlight was a Panel Discussion, “College Students’ Engagement in the Chester Community” featuring Widener University’s Office of Civic Engagement, Widener University’s Center for Social Work Education, and Swarthmore College’s Lang Center for Civic and Social Responsibility.

CTC members learned about Widener University’s Bonner and Maguire Scholar Programs through which students volunteer in organizations and schools throughout Chester. The Center for Social Work Education shared information about BSW and MSW Field Placement Internships. CTC members also learned about Swarthmore College’s Chester Semester Program whose purpose is to facilitate committed student engagement through partnering with visionary leaders in the city of Chester.
To learn more about partnering with Widener or Swarthmore for any of these programs please contact:

Widener Office of Civic Engagement- LaShanda A Patton, lapatton@widener.edu
Widener Center for Social Work Education-
Regina Rothe, LCSW, rmrothe@widener.edu
Swarthmore College’s Lang Center for Civic and Social Responsibility-
Ashley Henry, ahenry1@swarthmore.edu

DELAWARE COUNTY CTC NETWORK
ANNOUNCEMENTS FEBRUARY 2022

February 2022

Chester Residents Concerned for Quality Living (CRCQL)
Environmental Justice Petition

Sign Now

February 2022

KidsPeace Clinical Cafe
School-Based Outpatient Therapy

KidsPeace, with co-sponsor NASW-PA Chapter, presents the first Clinical Café of 2022. Join us as we discuss school-based outpatient therapy, including how youth are referred, implementation of services and the treatment youth receive

Register
School-Based Outpatient Therapy:
A New Way to Serve the Community
Wednesday, March 2, 2022

Come talk about:
✓ What is school-based outpatient therapy and how is it implemented
✓ How are people referred and the treatment they receive, including how confidentiality, caregiver involvement, and collaboration with interdisciplinary teams works
✓ How school-based services were provided through COVID, as well as future opportunities

Presenters:
Jessica Keefe, MSW, LSW, Senior Clinician, KidsPeace
Thespina Godshalk, MS, LPC, Clinical Director of School-Based Behavioral Health, LVHN

Jessica and Thespina collaborated to implement their independent programs in a local school district where both organizations serve as community partners, and will share their experiences.

Webinar Event: 9AM-12PM via Zoom
Training is free! CE credits are available. Register and purchase CE credits through Eventbrite
CLICK HERE TO LINK TO EVENTBRITE

Deadline for registration: February 25, 2022
NASW-PA Chapter is a co-sponsor of this workshop. Fee: $45 for NASW members / $60 for non-members

- 3 CE credits will be awarded for completion of this course. NASW has been designated as a pre-approved provider of professional continuing education for Social Workers (Section 47.36), Marriage and Family Therapists (Section 48.36) and Professional Counselors (Section 49.36) by the PA State Board of Social Workers Marriage & Family Therapists and Professional Counselors.
- 3 CE credits for Nursing
- Act 48 credits for Educators

February 2022

Holcomb Behavioral Health Systems
2022 Poster Contest (Kindergarten-8th Grade Students)
2022 Alcohol, Tobacco, and Other Drugs Awareness Poster Contest Packet

Contents:
Informational Letter
Instructions
Guidelines
Fact Sheet
Name Labels
Category Labels

Entry Deadline:
Friday, March 11th, 2022

Funded By:
The Delaware County Department of Human Services,
Division of Drug and Alcohol

Coordinated By:
Holcomb Behavioral Health Systems, Prevention and Education
126 E. Baltimore Ave., Media, PA 19063
Phone: 484-444-0412
Holcomb Behavioral Health Systems is pleased to offer the following programs FREE to Delaware County Schools & Community Organizations

Keep A Clear Mind (4th-6th Grade): KACM is a 5-lesson program that introduces the topics of Alcohol, Tobacco, Marijuana, and Making Good Choices, and the harmful effects and consequences of each substance. Each week, a Prevention Specialist will introduce the weekly topic and students are given a workbook to be completed with a parent or guardian at home. KACM encourages parents and youth to start the discussion of drugs and alcohol prevention together at home. KACM is a great way to increase parent engagement in your school!

Safe Dates (6th-12th Grade): Safe Dates is a highly engaging and interactive 6-8 session program designed to stop or prevent the initiation of emotional, physical, or sexual abuse between individuals in a dating relationship. Teens learn to recognize the difference between caring, supportive relationships and controlling, manipulative, or abusive relationships.

AVOID (6th-12th Grade): The Anti-Vaping Online Information Dissemination (AVOID) Program is a media-based online prevention toolkit for vape prevention for middle and high school students. It is presented in one-hour weekly sessions, for five weeks. AVOID contains brief educational videos and discussion guides. The videos engage students and provide information. The accompanying discussion guides help Prevention Specialists present these videos to youth and conduct a deeper conversation on vaping topics.

Positive Action (1-3rd Grade): Positive Action is a 6-lesson program which encourages students to make positive choices. It works by teaching and reinforcing that you feel good about yourself when you do positive actions, and there's a positive way to do everything. Positive Action is designed to improve academic achievement, school attendance, and problem behaviors.

Environmental Campaigns (All Ages): These monthly campaigns aim to break the belief that “everyone is doing it” and educate youth through printed materials, speaking engagements, and activities that, in fact, most youth today are not using drugs or alcohol.

Stall Stories (All Ages): Stall Stories are monthly flyers which highlight environmental campaigns that aim to increase awareness and educate the community on important topics to prevent ATOD use.

For additional information please contact Allison Doherty at Allison.Doherty@holcombhhs.org

February 2022

The Foundation for Delaware County
Job Openings

Learn More

February 2022

Chester Education Foundation
Blueprint for Success Program
BLUEPRINT FOR SUCCESS PROGRAM

NEED A JOB?

ARE YOU HIGH SCHOOL GRADUATE AND NEED HELP FINDING A GOOD JOB? ARE YOU BETWEEN 18-24 YEARS OLD AND RESIDE IN DELAWARE COUNTY?

IF YES...

CHESTER EDUCATION FOUNDATION’S BLUEPRINT FOR SUCCESS PROGRAM IS FOR YOU!

BONUS! Students that complete the required activities are eligible for a FREE Chromebook from Chester Education Foundation! • This training is funded under the Workforce Investment Act, and administered by the Delaware County Office of Workforce Development •

Resume Prep

Interview Coaching

Paid Internship

Job Placement

ELAINE GREENE UPTON
EGREENE@CHESTEREDUCATION.ORG

Call us now!
610-364-1212

February 2022

Child Guidance Resource Centers
Strengthening Families Program (Spring 2022)
February 2022

Real Kids Real Food
Online Program

If you are a parent or know parents with children of ages 3 - 12, consider signing them up for Real Kids Real Food, an award winning, FREE & FUN 10-week online program that meets on Saturdays from Feb. 5 - Apr. 9 at 10 - 11 AM EST!

Our Clubs have two age groups: 3 to 6 and 7 to 12. During our meetings, the kids enjoy preparing delicious and healthy recipes, exercising, and practicing mindfulness while becoming aware of how to have a healthy body and healthy lifestyle.

The Club Counselors are outstanding college health majors from a variety of universities such Brandeis
Click here to meet the Counselors.

Our 10-week Spring program begins on February 5th, 10 to 11 am EST and we are now accepting registration!

Click here to register for the 3 - 6 Club
Click here to register for the 7 -12 Club
KIDS SPRING CAMP
FREE! VIRTUALLY THROUGH ZOOM!
Sign up now. Limited space

Go to https://realkidsrealfood.org/registration/ to register

SATURDAYS
FEB 5 - APR 9
10 - 11 am EST

GREAT OPPORTUNITY FOR PARENT-CHILD RELATIONSHIPS

FUN activities

• Planting
• Exercises
• Art
• Win prizes

• Delicious recipes
• Healthy lifestyle

DONATIONS FOR FOOD ARE ALWAYS WELCOME
https://realkidsrealfood.org/donation-for-kids/

For more information, visit www.realkidsrealfood.org or email betsy@realkidsrealfood.org

February 2022
I-Lead/Harcum College
Greener Partners is a nonprofit that addresses food access, education, and sovereignty.
February 2022

Chester Upland Youth Soccer

**Soccer Coaches Needed**

We are looking for new soccer coaches for our spring season. We provide a three hour online training and then pay $15/hr for coaches to work at Chester schools from 3:45-5:15, typically as many days each week as they like. Background checks are required. Interested candidates can reach out to Jeannine@chesteruplandyouthsoccer.org

Complete Form

Chester Upland Youth Soccer and Main Street Elementary

**Zoom Soccer**

Throughout the winter on virtual CUSD days and during inclement weather, Ms. Jackson and the Main Street Elementary team are leading Zoom soccer on Tuesdays, Wednesdays and Thursdays at 4pm. It can be accessed by all at:
February 2022

**Child and Family Focus**

**Online Parent Group**

If anyone has parents/ caregivers/ foster parents/ grandparents interested in joining a parent online group- Lifeskills Parents- they can contact: Artheria at 484-649-8681 or by email at ataggart@childandfamilyfocus.org

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February 2022

**Education Voters PA**

**Vigil (March 15th, 2022)**

School Funding Lawsuit Advocates! We did it! All eyes are finally on public education funding in PA! We are so proud of the work you are doing to support the school funding lawsuit in your communities and in Harrisburg. As the historic PA school funding trial reaches its final weeks, parents, teachers, administrators, and education advocates like you from across the state are coming together in their communities for a momentous vigil. You are invited to join us on **March 15** to tell the decision-makers in Harrisburg now is the time to reform our school funding system; our children are counting on them to get this right. Get your friends, family, and neighbors together at a location that you choose, i.e. your yard, a living room, etc. to take a moment to reflect on the past few months of the trial and the impact education funding has on Pennsylvania's children. Small groups to large gatherings are encouraged.

If you have any questions, please reach out to Sandra Miller at sandra@educationvoterspa.org (610.248.4282) or Haley Kulp at haleyk@childrenfirstpa.org (610.350.6141)

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February 2022

**Family and Community Service of Delaware County (FCSDC)**

**FREE rapid HIV testing**
Family and Community Service of Delaware County (FCSDC)  
Health Navigation Services (HNS)

FCSDC is providing navigation services for Delco residents who are at an increased risk of contracting HIV and other STIs. FCSDC’s HNS program assists with linkage to HIV and STI testing and treatment, PrEP/PEP services, condom distribution, health insurance, OB/GyN care, as well as other support services. Please see flyer for more details.
February 2022

The Foundation for Delaware County:  
\textit{Pandemic resources for pregnant and postpartum women in the Delaware County}

\textit{Denise R. Martin}  
Outreach and Engagement Specialist/Cribs For Kids Coordinator

The Foundation For Delaware County  
Baldwin Tower  
1510 Chester Pike, Suite 300/301  
Eddystone, PA 19022  
Tele: (610) 619-6113  
Cell: (267) 453-7342  
Email: dmartin@delcofoundation.org

We know that this pandemic has brought additional challenges for many women who are pregnant or postpartum and for families with children under the age of 5. Now more than ever, families need assistance in accessing care and supportive services or obtaining resources and health education. The foundation’s longstanding programs continue to enroll during this time and provide a critical lifeline to families with unmet needs. Our programs are voluntary for moms and easy to connect to.

- \textbf{Healthy Start} is a Community Health Worker model with tiered case management services for pregnant women. Staff focus on healthcare access to help ensure full-term and healthy pregnancies, support breastfeeding and
infant care, manage information and resource coordination, connect moms with in-house counseling for Perinatal Mood and Anxiety Disorders or postpartum depressions, and civil legal assistance through our Medical Legal Partnership program.

- **Nurse Family Partnership** pairs first-time, low-income mothers with home visiting nurses throughout Delaware County. Women must be enrolled in the program prior to 28 weeks to be eligible for the program which continues until the baby’s 2nd birthday. This relationship-based program focuses on healthcare access and health education, positive parenting, infant growth and development, and support for mom in working towards self-sufficiency. Enrolled mothers are also able to access behavioral health supports and civil legal assistance.

- **Delaware County WIC (Women, Infants and Children) Program** is also a great program to ensure healthy pregnancies and improve birth outcomes, focusing on growth and development of children. It provides eligible pregnant, postpartum and breastfeeding women, infants and children under age 5 with nutrition information, breastfeeding support, and nutritious food and referrals. WIC helps to build strong, healthy families and ensure kids enter kindergarten healthy and ready to learn!

- **Cribs for Kids** is a referral-based program to provide Safe Sleep Education and a new Pack & Play to families who are challenged by extreme poverty and displacement due to domestic violence or house fires. Cribs for Kids nationally has been an important resource and champion in the fight to prevent sleep-related deaths in communities across America.

- **The Center for Hispanic Resources** is a drop in (now telephonic) program that provides assistance to Delaware County’s Spanish-speaking community. Bilingual case management staff assist participants with completing applications, making appointments and connecting with community-based resources, providing translation services and limited interpretation services.
The Foundation for Delaware County’s Healthy Start, Nurse-Family Partnership & Cribs for Kids staff are here for you during the COVID-19 Crisis.

If you are pregnant and live in Delaware County, please contact us to learn about our helpful programs including: telehealth nurse and case management support, social work services, safe sleep education and supplies, breastfeeding support and civil legal assistance. Please share with others who may qualify! Bilingual (Spanish-speaking) staff available.

To find out more please contact Denise Martin, Outreach and Engagement Specialist, at 267-453-7342 or by email at dmartin@delfoundation.org

Our referral form is here!

Visit CEF’s website