September 2022 Spotlight

The Shevlin Family Foundation

Presented by Elizabeth Rizzo
September is National Recovery Month and many people in our community afflicted with addiction need practical help when they transition out of inpatient treatment. Thank you to the Shevlin Family Foundation for their presentation on the services they provide the community, including: short-term housing options, food, transportation and/or other practical needs when money is tight and needs are great.

*Click below to view presentation*

[View](#)

[Visit website](#)

**HOPE Program**  
*Hearing Other People's Experiences*
This video is dedicated to Joey Sardella who lost his fierce and courageous battle to addiction on August 31, 2019.

Rest In Peace
January 27, 1995 ~ August 31, 2019 (age 24)
An exciting new playground will be built this month in Chester by KABOOM! in partnership with the City of Chester, Chester Education Foundation and PECO. Kaboom! is a national nonprofit working to end playspace inequity, by working with communities to build incredible, kid-designed playspaces.

Can you help? We are looking for volunteers to help with the build. You can RSVP by scanning the QR code on the flier below to take part in the building process!
We are Building a New Playground!
We need your help to bring a new playspace to life at Sun Village Park!

**Date:** September 27-29, 2022  
**Time:** 8:30AM-3:30PM  
**Location:** Sun Village Park Chester, PA

- Volunteers must be legal working age or older.
- The Build Day will take place in sun or rain. Please come prepared for the weather in clothes that are comfortable and can get dirty or stained with paint. Only closed-toe shoes will be allowed.
- Water, lunch, snacks, gloves and masks will be provided.

**RSVP**  
Register through Eventbrite  
[https://SunVillagePark.eventbrite.com](https://SunVillagePark.eventbrite.com)

Together, we can ensure a safe and exciting place for community members to gather, play and be active! Please join us!

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**Nonprofit Executive Leadership Institute**  
*Presented by Margie DuBrow*

Since 2004, the Nonprofit Executive Leadership Institute (NELI) has helped nonprofit leaders become more effective agents of change.

Set Your Sights on Organizational Leadership, a professional development course for non-profit managers, starting in October (see below for deadline info).
Application Deadline:
Monday, October 3, 2022

Program Dates: Thursdays | 9:00 a.m. - 1:00 p.m.

2022 | October 27; November 3; November 17; December 1; December 15
2023 | January 19; January 26; February 9; February 23; March 9; March 23

During the 11, half-day workshops, you will:

- Deepen your understanding of your leadership style and how it affects the creativity and productivity of your team;
- Develop effective strategic planning skills to help your organization plan for the future;
- Learn what it takes to become a more inclusive workplace where the unique talents, abilities, and life experiences of the individual are valued, and staff feel welcomed and engaged;
- Expand your current organizational practices to recruit and retain diverse staff;
- Strengthen your skills in reading financial statements, building an organizational budget, and developing financial scenarios;
- Practice vetting processes that will help your organization assess the viability of new partnerships and growth opportunities; and
- Explore potential paths in your career’s development.

Preferred candidates will have a minimum of three years of professional experience that includes direct supervision responsibilities.

[Click here for more information]

During the September CTC meeting, we asked attendees to answer the following trivia question:

Q: “According to SAMHSA, in 2020, how many people (age 12 and older) had a substance abuse disorder?”

A: 40.3 million people aged 12 or older (or 14.5%) had
- an SUD in the past year, including 28.3 million with alcohol use disorder, 18.4 million with an illicit drug use disorder, and 6.5 million with both alcohol use disorder and an illicit drug use disorder.

Congratulations to our September CTC trivia winner, Beth Bruton of Holcomb Behavioral Health Systems
September 2022

**Chester Education Foundation x KABOOM!**

Chester Education Foundation has partnered with the City of Chester, PECO, and KABOOM! to build a playground in Sun Village Park (September 27-29). We are looking for community volunteers to help us build - no construction skills needed! If you are unable to join us during the build but would still like to contribute, monetary donations towards the cost of food for the volunteers are extremely helpful. Donations can be made on the [CEF website](#) (yellow "donate" button on the homepage) or, checks can be sent to Chester Education Foundation (419 Ave of the States, Suite 700, Chester, PA 19013). Please indicate that the donation is for the "Kaboom playground" and we will send a donation acknowledgement letter. Thank you for your support!

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September 2022

**Hedgerow Theatre**

Robin Hood Performance

Hedgerow Theatre is performing Robin Hood Through September Outdoors at our location at 146 W. Rose Valley Road, Rose Valley, PA 19086. This location is up the street from the Hedgerow Theatre. The show is performed on Sat. at 10 AM and 1 PM and Sundays at 1 PM. Cost is $15 and there is much interaction throughout the show that the children will love.
CRC Watersheds Association
Upcoming Events

Join us for an entertaining summer afternoon walk on Thursday, Sept. 15th at Hildacy Preserve, near Newtown Square.

Our guide for the hike, Mike Coll, is a storyteller at heart, but he is also the manager of Natural Land’s Hildacy Preserve where he has transformed the 50+ acres of previously agricultural landscape into a montage of native meadow, woodland and edge/savannah type vignettes.

Mike will explain the ecological motives for his restoration choices, the challenges faced and the lessons learned from the practices he has employed.

Register
Come Tour Villanova University's Stormwater Control Measure Research and Demonstration Park on Saturday Sept. 17th.

Villanova is one of the leading universities in the research of Stormwater Green Infrastructure. The Program headed by Dr. Robert Traver conducts hydrologic and water quality research on several types of stormwater water control measures.

This on-campus tour will be led by researchers and will discuss current research of the various stormwater controls.

Register

September 2022

The Shevlin Family Foundation
Sandwiches for Kensington

The Shevlin Family Foundation will be delivering sandwiches in Kensington on September 24th. Sandwiches and donations can be dropped off either the 22nd or the 23rd. They can be dropped off in Chester ON the 22nd at 715 E 20th St, Chester, PA 19013 OR ON the 23rd in Broomall at 1012 Richmond Rd, Broomall, PA 19008.

September 2022

Chester Exchange

The Chester Exchange is still building our network. For anyone who is interested in knowing more about the Exchange please contact Kathryn Redd for additional information and a presentation. Also, we will host a retreat at Chester High School on October 4th, 9 a.m. to 2 p.m. Come meet the new superintendent of the Chester Upland School District. He will speak and answer questions.

Contact

September 2022

The Horsham Clinic
PHP Openings

The Horsham Clinic is a Mental and Behavioral Health Hospital that provides Higher Level of Care (HLOC) services. These include Inpatient (IP) and Partial Hospitalization Programs (PHP) for children, adolescents, and adults. If you, or anyone you know, is in need of treatment or services, please feel free to contact our Assessment and Referral Center (ARC) at 1-800-237-4447.
The Horsham Clinic has immediate PHP openings.

Locations: Ambler, Montgomery County (adult, child and adolescent)

Broomall, Delaware County and Coatesville, Chester County: (child and adolescent)

Call 1-800-237-4447 (press 2 when prompted) to schedule intake appointments
STRENGTHENING FAMILIES PROGRAM 6-11

An evidence-based program for families with children ages 6-11

STRENGTHENING FAMILIES BUILDS 5 PROTECTIVE FACTORS

Progress and connection doesn’t have to stop, even during a global pandemic. The program is proven to help with:

- Parental resilience
- Social connections
- Knowledge of parenting and child development
- Concrete support in times of need
- Social and emotional competence of children

CONTACT

Please contact Lisa Schneller at lschneller@cgrc.org or by phone at 484.454.8700, x1484

TOOLS, SKILLS & STRATEGIES TO BUILD STRONGER FAMILIES IN 7 WEEKS

Strengthening Families Program is a 14-session, virtual, evidence-based parenting skills, and family life skills program specifically designed for families. Both parents and children participate to improve parenting skills and family relationships, reduce problem behaviors, delinquency, and alcohol and drug misuse in children and improve social skills and school performance.

HOW DOES IT WORK?

Families and children meet over Zoom and explore a variety of topics to enhance connection, decrease stress, prevent substance use, and build resilience.

The group meets for 14 Thursdays beginning October 20th at 6:00 pm

Topics covered include:
- Problem-solving
- Goal Setting
- Understanding each other better
- Peer pressure resistance
- Finding family values
- Better communication skills

Free to join  Evidence-based program  Dinner delivered!

September 2022

Child Guidance Resource Centers
Strengthening Families Program

National Voter Registration Day. Sept. 20th - 11 am to 2 pm. Child Guidance Resource Centers, Havertown. ggonzalez@cgrc.org.

DARN - Delco Area Resource Centers. Sept. 14th 9:30 am. Contact me for the agenda and zoom link. ggonzalez@cgrc.org.
DELWARE COUNTY
PAYS SUMMIT

It PAYS to ask, It PAYS to know!

NOVEMBER 03 2022

The PAYS Summit will be held virtually through Zoom from 8:30AM-1 PM

More information to follow!

The PAYS Summit is coordinated by Chimes Holcomb and funded through the Delaware County Department of Human Services, Division of Drug and Alcohol.

Pennsylvania State Police
Sunny Day Camp
September 2022

Embank Behavioral Health and Sanare Today
1 Mile Walk & Mental Wellness Resource Fair
2ND ANNUAL
STEP-OFF ON THE
RIGHT FOOT!
1 Mile Walk & Mental Wellness
Resource Fair

Saturday, October 1st
9AM-12PM
at West Goshen Park

Please join us for this FREE community event!
• 1 Mile Walk
• Mental Health & Wellness Resources
• Food Truck & Refreshments
• Silent Auction
• Sign-up for Free QPR (Question, Persuade, Refer) Training
• and more!

KEEP STEPPING FORWARD.
WE'RE ON THIS JOURNEY TOGETHER!

REGISTER FOR FREE!

September 2022

The PEAL Center
Two-day virtual workshop on IEPs and 504s.
Please join us for this free 2-day Virtual Workshop
October 12, 2022 and October 13, 2022
9:30 AM to Noon both days
Must attend both days to receive certificate of attendance.
On October 13, 2022 the PEAL Center will present
The PEAL Center will provide information on IEPs & 504s.
Click here to register
Presented by
Voice and Vision, Inc. and the PEAL Center

This project, publication reporting, was developed in part under grant number 5Y16MH008937 from the Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services (HHS). The views, policies, and opinions expressed are those of the authors and do not necessarily reflect those of SAMHSA or HHS.

September 2022

Widener Social Work
Conversation with PA State Representative Mike Schlossberg
Widener Center for Social Work Education invites you to join us for a conversation with PA State Representative Mike Schlossberg!

Representative Schlossberg will talk to us about the power of our vote to ensure the well-being of the clients we serve, ourselves, and our communities.

Please join us!

REGISTER HERE!

FRIDAY, OCT 28
12 - 1 p.m. EDT
**City Team: Housing Vacancies**

BRIDGE HOUSING PROGRAMS for women and women with children—that give an opportunity for women to make a turn and get back on their feet when they are recently homeless or at risk of homelessness.

Call 610.872.6865 ext. 6140 for the women’s program

Contact Sherry for more information

**Child and Family Focus**

We are currently looking for qualified respite providers who are willing to contribute respite services to our...
families. The Respite Provider position is a flexible, independent contractor position in which Providers offer direct care to a child with a mental health diagnosis to allow their caregivers a break from providing this consistent care. Each qualified family receives 6 months of respite care, averaging 12 hours per month, and providers can service multiple families depending on our current waitlist. Hourly rates start at $15 - $17/hour. Leah and I are hoping that you’d be able to forward this info along to your colleagues if possible. We also were hoping that you could point us in the direction of some in-person or virtual events that may be a good resource for us to share the info as well. If they are interested in becoming a respite provider or have any questions, please feel free to send their contact info me!

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**September 2022**

**Keep Music Alive**

Keep Music Alive is helping to celebrate Delco Arts Week with dozens of other Delco arts organizations from Oct 1 to Oct 9 with multiple instrument petting zoo events (see DelcoArts.org for the full calendar - We’re also celebrating 7th Annual Kids Music Day (9/30 - 10/9) with musical activities for kids at dozens of locations... www.KidsMusicDay.org for full details..."

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**September 2022**

**Holcomb Behavioral Health Systems**

Holcomb SAP Council meeting October 7th from 9-11am ADHD and Addiction. To register: https://us02web.zoom.us/meeting/register/tZIscuivpzIiH9GN3GfV1Y6JqUjLm00-Gh2q

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**September 2022**

**Neighbor to Neighbor Community Development Corporation**

Trip to National Museum of African American History and Culture in Washington DC.

Bus leaves FABC Amnexit Parking Lot at 7AM and returns to Darby Township, Sharon Hill, PA at approximately 8PM. Fee is $100 Contact Rhodell Burell for more information or call 610-461-8140.

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**September 2022**

**CUYS (Chester Upland Youth Soccer)**

Party in the Park

On November 5, we are celebrating this brand new playground with Party in the Park at Sun Village Park, 968 9th St, Chester. Please let me know if you want to run an activity of any sort there. jeannine@chesteruplandyouthsoccer.org 310-505-5355

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Contact
I-LEAD/Harcum College

I-LEAD is excited to once again partner with Chester Education Foundation in the City of Chester. I-LEAD will continue to market and recruit for the Harcum College program in Delaware County as well as to offer the HiSET (high school completion) program.

Judith G. Ortiz
Director of Operations, Higher Education Programs, Greater Philadelphia Region
I-LEAD - Institute for Leadership Education, Advancement & Development, Inc

1.877.428.8092 x 602
P.O. Box 229
Prospect Park, PA 19076
Mobile: 484.433.6124
jortiz@i-leadusa.org
Healthy Start is a Community Health Worker model with tiered case management services for pregnant women. Staff focus on healthcare access to help ensure full-term and healthy pregnancies, support breastfeeding and infant care, manage information and resource coordination, connect moms with in-house counseling for Perinatal Mood and Anxiety Disorders or postpartum depressions, and civil legal assistance through our Medical Legal Partnership program.

Nurse Family Partnership pairs first-time, low-income mothers with home visiting nurses throughout Delaware County. Women must be enrolled in the program prior to 28 weeks to be eligible for the program which continues until the baby’s 2nd birthday. This relationship-based program focuses on healthcare access and health education, positive parenting, infant growth and development, and support for mom in working towards self-sufficiency. Enrolled mothers are also able to access behavioral health supports and civil legal assistance.

Delaware County WIC (Women, Infants and Children) Program is also a great program to ensure healthy pregnancies and improve birth outcomes, focusing on growth and development of children. It provides eligible pregnant, postpartum and breastfeeding women, infants and children under age 5 with nutrition information, breastfeeding support, and nutritious food and referrals. WIC helps to build strong, healthy families and ensure kids enter kindergarten healthy and ready to learn!

Cribs for Kids is a referral-based program to provide Safe Sleep Education and a new Pack & Play to families who are challenged by extreme poverty and displacement due to domestic violence or house fires. Cribs for Kids nationally has been an important resource and champion in the fight to prevent sleep-related deaths in communities across America.

The Center for Hispanic Resources is a drop in (now telephonic) program that provides assistance to Delaware County’s Spanish-speaking community. Bilingual case management staff assist participants with completing applications, making appointments and connecting with community-based resources, providing translation services and limited interpretation services.
Please join us for the October CTC meeting on Thursday, October 13th at 9:00AM.

ZOOM INFORMATION FOR MEETING
Zoom ID: 955 2608 7607
Passcode: 982073

Join Zoom Meeting
https://zoom.us/j/95526087607?pwd=NG9BeWpMTFVeNnJSSHJGZm1EQmNWdz09

The Foundation for Delaware County’s Healthy Start, Nurse-Family Partnership & Cribs for Kids staff are here for you during the COVID-19 Crisis.

If you are pregnant and live in Delaware County, please contact us to learn about our helpful programs including: telehealth nurse and case management support, social work services, safe sleep education and supplies, breastfeeding support and civil legal assistance. Please share with others who may qualify!
Bilingual (Spanish-speaking) staff available.

To find out more please contact Denise Martin, Outreach and Engagement Specialist, at 267-453-7342 or by email at dmartin@delcofoundation.org

Our referral form is here!
The CTC Newsletter is funded in part by the COPE Grant which is Coordinated by Holcomb Behavioral Health Systems, and funded by the Delaware County Department of Human Services, Division of Drug of Alcohol.