

2023

ANNUAL REPORT



WWW.CORNERSTONE.FOUNDATION

3 SUPERIOR DRIVE, STE 225, SUPERIOR, CO 80027

OUR MISSION



**TO PROVIDE THE LOCAL AND
GLOBAL COMMUNITY WITH
ORTHOPEDIC CARE AND
EDUCATION.**

WHERE WE STARTED

REVISITING THE BEGINNINGS OF THE CORNERSTONE FOUNDATION 20 YEARS AGO...

We are a Colorado based nonprofit comprised of local community members and physicians. The Cornerstone Education and Research Foundation was founded in 2004 by the physicians of Cornerstone Orthopaedics & Sports Medicine, P.C. as an extension of their desire to pursue excellence in orthopedics. From the beginning, the Cornerstone Foundation has strived to: provide orthopedic care to the underserved at home and abroad, educate the community on health and injury prevention, and educate medical professionals on the safest and most effective up to date practices.

We are committed to leading orthopedic missions worldwide, providing physician and community education, and promoting health and wellness to local youth. Our physicians have dedicated themselves to providing orthopedic care to the underprivileged locally and abroad. They have participated in short term medical mission trips to Cambodia, Uganda, Rwanda, Brazil, Honduras, and Guatemala over the last 20 years. These trips offer opportunities to provide orthopedic care and education in impoverished communities.



2023 HIGHLIGHTS

In 2023 we conducted excellent and fruitful global trips to Guatemala and Cambodia. Through these trips we were able to support local hospitals in bringing donated equipment, conduct needed orthopedic surgeries, and instruct local physicians on new best practices.

We also supported an organization in Haiti and two local organizations in Colorado financially and through serving in various capacities to promote the health and wellness of local youth.

We were able to raise over \$99,000 through our fundraising efforts this year. We are grateful for all the support we received last year as we sought to conduct this work with excellence.

THE CORNERSTONE FOUNDATION'S

2023 MEDICAL MISSION DESTINATIONS AND PARTNERS



1

Guatemala
Faith In Practice

2

Cambodia
Jeremiah's Hope

3

Haiti
Locally Haiti

4

Uganda
Musana

5

USA: Colorado
A Precious Child
&
Eye Love Logan

2023 MEDICAL MISSION HIGHLIGHTS

GUATEMALA:

Our partner organization on the ground in Antigua, Guatemala is *Faith In Practice*. We are so grateful for their continued partnership and their invitation for us to serve alongside them in this beautiful country.

From assembling wheelchairs, to conducting knee surgeries, to encouraging post-op patients, this trip was full of both challenging and successful stories.

One young woman, named Evelyn, who had a cancerous football sized growth on her knee removed, can still use your prayers as she undergoes chemotherapy at a children's hospital in Guatemala City.

Thank you *Faith In Practice* for your continued work throughout Guatemala after our team's time on site.



2023 MEDICAL MISSION HIGHLIGHTS

CAMBODIA:

Serving the local staff at *Jeremiah's Hope* Hospital in Phnom Penh, Cambodia has been at the core of the Cornerstone Foundation's work since we started.

This year we got to send a team of 15 to conduct primarily knee and joint surgeries. Thanks to our sponsor, *Zimmer Biomet*, we were able to donate over 1,500 pounds of medical equipment that went towards equipping our team for their procedures and equipping the local team at *Jeremiah's Hope* for future orthopedic procedures.



TRIP RECAP

30

Patients
Served

7

7 Local
Physicians
Trained

1500
lbs

Donated
Equipment

2023 GLOBAL PARTNER HIGHLIGHTS

HAITI:

LOCALLY HAITI

One of our partners this year that we had the privilege of supporting was a Colorado based organization that supports various social efforts in Haiti. *Locally Haiti* has local staff on the ground in Petit Trou de Nippes, a coastal city with which they partner to bring health care, education, and opportunity to rural communities in Haiti. Their mission is to “advocate for and invest in locally led initiatives to support the vision of our partner communities in rural Haiti.” We believe in what this organization and are grateful for the opportunity to have financially supported them in 2023.



UGANDA:

MUSANA

We are grateful for our continued relationship with *Musana* and the great work that they are doing in Uganda through community development. We are excited about our partnership with them to support increased accessibility to medical care. We look forward to our return in 2024 as we get to continue to train local physicians.

[VIEW A STORY OF MUSANA'S RECENT IMPACT HERE](#)

2023 LOCAL PARTNER HIGHLIGHTS

COLORADO, USA:

A PRECIOUS CHILD

EYE LOVE LOGAN

Locally, in Denver, we partnered with *A Precious Child*, a nonprofit serving underprivileged children in Colorado. We provided volunteer medical care at various *A Precious Child* sports camps,

We also provided financial support to the 5k fundraiser put on by *Eye Love Logan*. Supporting this event contributed to fundraising efforts and awareness for the RDH12 Fund for Sight which supports work towards finding a cure for a rare form of retina cell degeneration.

We are very grateful for partnerships with local organizations like these and look forward to continuing to serve alongside them in the future!



2023 HIGHLIGHTS

FUNDING UPDATE:

We held two successful fundraisers this year.

Dodge For a Difference 2023 brought in nearly \$20,000,

The 3rd Annual Trivia night brought in \$3,500.

We ended the year just \$4,000 in the negative.

We are so grateful to all volunteers and donors that made these events possible. A special thanks to our hosts, *Impact Sports* and *Wonderland Brewing*.



Thank you so much to our generous equipment donor, Zimmer Biomet, and all our regular donors that make our work possible.

WHAT WE'RE UP TO IN 2024

Global Work in 2024

Burma 2024: Our team is already up to great things in 2024. Read about Dr. Hsin and Coby Hsin's recent work in Burma with *Free Burma Rangers* below. We are so proud of the world-changing orthopedic work that our team is doing.

BURMA 2024 RECAP

Uganda 2024: Join us August 1-11 as we head to Uganda to continue our support of *Musana* and their efforts to build a robust local healthcare system. This trip will be largely focused on educating local surgeons, doctors, and nurses on donated medical equipment including the X-ray machine that Cornerstone Foundation was able to donate in 2022.

Cambodia 2024: We are making arrangements to send a team to Cambodia again this Fall, sometime in late October to early November. More details and specific dates to come.

Local Work in 2024

We are committed to continue serving alongside *A Precious Child* and *Eye Love Logan*. We will be serving again as medical staff for *A Precious Child's* camps this upcoming season. We are always seeking other new local opportunities as well.

Fundraising Events in 2024

We are dreaming up some new events! Stay tuned for more info!





2024 MISSIONS TIMELINE

TRIPS, PARTNERS, AND DATES

MISSION	PARTNER ORGANIZATION	DATE
BURMA	FREE BURMA RANGERS	MARCH 2024
UGANDA	MUSANA	AUGUST 1-11, 2024
CAMBODIA	JEREMIAH'S HOPE	FALL - TBD

STAY TUNED FOR UPDATES AND MORE INFORMATION AS WE FINALIZE DETAILS...



2024 BUDGET BREAKDOWN

TRIPS/EVENTS	ESTIMATED BUDGET
UGANDA MISSION ANTICIPATED COSTS	\$ 40,000.00
CAMBODIA MISSION ANTICIPATED COSTS	\$ 40,000.00
MISSIONS TOTAL COSTS	\$ 40,000.00
GENERAL OPERATIONS STAFF, MARKETING, ADMIN COSTS	\$ 50,000.00
GRAND TOTAL COSTS	\$ 130,000.00

CONSIDER GIVING IN 2024

We are excited about the continued work to bring hope to the nations through orthopedic care and education. We hope you will join us in this great work by giving and sharing our cause with friends and family. Help us reach our goal to raise \$130,000 in 2024!

ANNOUNCING NEW GIVING OPPORTUNITIES

We now offer regular giving plans through our online giving platform. If you have given regularly in the past through one time donations online or via check, we would like to encourage you to check out this new secure platform for giving where you can set up monthly, quarterly, annual giving, and more. This regular giving will go towards increasing our regular annual budget so that we can expand the scope of our work. We also accept **stock donations** now! Contact us for more info on how to give through stocks!

SEE HOW FAR A ONE TIME GIFT CAN GO!



\$2,000

A one time gift of **\$2,000** will cover the cost for us to provide a nurse or student a scholarship for one of our medical mission trips



\$4,000

A one time gift of **\$4,000** will cover our average admin costs for one month, supporting our operations and continued growth



\$15,000

A one time gift of **\$15,000** will cover one third of the average expenses to conduct one Cornerstone Medical Mission



TO SET UP YOUR GIFT VISIT OUR WEBSITE OR CLICK HERE ->



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A MESSAGE FROM OUR BOARD

AS WE LOOK TO 2024, OUR 20TH YEAR OF THE CORNERSTONE FOUNDATION, OUR BOARD OF DIRECTORS WOULD LIKE TO SHARE A SPECIAL UPDATE...

It's hard to believe 20 years has passed since the Cornerstone Foundation started doing work around the globe. The Foundation's first medical team to Cambodia consisted of one doctor, one anesthesiologist, one nurse and one scrub tech. Now our medical teams are 20-25 people and we have been able to send 3-4 teams a year overseas to do great orthopedic work. And of course, this would not be possible without the support of you, our partners. Stay tuned to more stories of the good work your generosity has provided. Sign up for our newsletter if you haven't done so already and stay tuned to our blogs. Spread our message to your family and friends. Thank you so much for being part of our team!

-The Cornerstone Foundation Board of Directors



THANK YOU!

Thank you so much to all of our supporters! You make our work to bring hope to the nations through orthopedic medical missions possible.



CORNERSTONE FOUNDATION



