



The World Community  
for Christian Meditation  
Australia (SA)



# Christian Meditation: A Gift for Life

Meditation with Children  
and Young People

Date: Monday 21 June 2021  
Time: 9.00am to 3.30pm  
Place: The Monastery Conference Centre  
15 Cross Road Urrbrae  
Cost: \$110 per person, lunch provided.

*Meditation is a way of self-knowledge  
and self acceptance.*

*This is the indispensable first step  
towards any knowledge of God.*

Children and young people are living in a stressful, fast-paced world. Regular meditation helps children and young people relax, generate confidence, become aware of their innate goodness and engage more compassionately with their peers.

A Professional Development Day (System Accredited Module status) will be held at the Monastery Conference Centre.

It will encourage adults to experience meditation for themselves and equip them with the tools to introduce the practice to children and young people. This day will include ways in which meditation can be implemented in the classroom, on a whole school basis and in the home.

This day is highly recommended for School Leadership teams who want to introduce Christian Meditation into their school or for new members of staff who have come into a school that has already introduced Christian Meditation.

Parish teams, catechists, school chaplains are also invited to come.

Booking forms and further  
information from  
[chr.med.southaust@gmail.com](mailto:chr.med.southaust@gmail.com)

Registration forms should be returned  
before 7 June 2021

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## 2021 Registration for:

Name (please print): .....

Role: .....

School: .....

Address: .....

Postcode: .....

Tel: ..... Mobile: .....

Email: .....

Do you have any special dietary considerations? .....

I ENCLOSE PAYMENT (\$110 PER PERSON)

## Payment Options

CHEQUE/MONEY ORDER made payable to **ACMC-Teaching in Schools**

**DIRECT DEPOSIT:** Please provide school name in lodgement  
and email [acmcteaching@gmail.com](mailto:acmcteaching@gmail.com) advising payment

EFT Direct Deposit to Bendigo Bank  
Account Name: ACMC-Teaching in Schools  
BSB:633-000 Acc No: 136793320

**CARD:**  Mastercard  Visa

Name on Card: (Please print) .....

Card Number: 

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 CVV: 

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Expiry Date: ..... /.....

Signature: ..... Amount: .....

Please send payment and this form by **7 June 2021** to Rosie Hamilton PO Box 54, OAKLANDS PARK SA 5046.  
For further information email [chr.med.southaust@gmail.com](mailto:chr.med.southaust@gmail.com)

Please note: In accordance with the Privacy Act 2001, the information provided above shall only be used for the purpose of business related to this course or other ACMC business and shall not be transmitted to a third party for any other purpose.



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