

Lake City Highland Dance



Student name _____

Birth date _____ School _____ Grade _____

Parent/Guardian Name _____

Address _____

Home Phone Number (_____) _____ Cell Phone Number (_____) _____

Email _____

Emergency Contact Name _____

Relation to Student _____ Phone Number (_____) _____

Health Concerns/ Allergies _____

Previous Dance Training? _____

How did you find out about us? _____

Class (Please check):

| TUESDAY | | WEDNESDAY | | THURSDAY | |
|---------|-------------------------|-----------|-------------------------|----------|-------------------------|
| | 3:45 – 4:15 Wee Scots 1 | | 6:00 – 7:00 Highland 1 | | 4:00 – 4:45 Wee Scots 2 |
| | 4:15 - 5:15 Highland 1 | | 7:00 – 8:00 Teen/Adults | | 4:45 – 5:45 Highland 3 |
| | 5:30 - 6:30 Highland 3A | | | | 5:45 – 6:45 Highland 2 |
| | 6:30 - 7:30 Highland 3B | | | | |
| | 7:30 - 8:30 Highland 4 | | | | |

Tuition for 5 month session – January 1st to May 26th, 2018:

| 30 minutes per week | 45 minutes per week | 1 hour per week | 2 hours per week |
|---------------------|---------------------|-----------------|------------------|
| \$200 | \$225 | \$250 | \$375 |

| | |
|---|-----------------|
| Tuition Total | \$ _____ |
| Early Registration Discount (before December 15th) | _____ (- \$20) |
| Family Discount (-10% for second dancer) | _____ |
| Total | \$ _____ |

Payment Type: Cash Check Credit (Checks payable to Lake City Highland Dance)

Please send forms and payment to Lake City Highland Dance, 200 W Hanley Ave #C-321 Coeur d'Alene,
Idaho 83815

Waiver of Liability, Hold Harmless and Use of Image Agreement

1. In consideration of Lake City Highland Dance providing the opportunity for and permitting the undersigned (Participant) to participate and take part in Lake City Highland Dance classes and its related activities, (date) _____ the undersigned Participant and Parent, if applicable, of the Participant, do hereby release, remise and forever discharge, indemnify and agree to HOLD HARMLESS WAIVE, DISCHARGE, and COVENANT NOT TO SUE Lake City Highland Dance, their officers, employees, faculty, instructors, servants, agents and assigns, hereinafter referred to as RELEASEES, from any claim, demand or cause of action whether now in existence, or hereafter arising for any loss of personal property, injury to the Participant or for the death of the Participant, arising out of resulting from, caused by or contributed to in whole or in any part by any action or failure to act, negligence, breach of contract, or other misconduct on the part of Lake City Highland Dance its officers, faculty, agents, servants, employees, (RELEASEES) any other Participant in said classes, any participating parent and/or any one or more of any thereof.

2. We recognize and acknowledge that certain risks of harm are or may be inherent in the various activities contemplated herein and that Lake City Highland Dance or RELEASEES cannot control all of these risks. We are aware that dance training and the exercises associated with it place unusual stress on the body and carry with them the risk of physical injury. I/We assume the risks involved. I/We also understand that dance/skills instruction involves kinetic correction that may include physically touching the student (Participant) as part of the regular class work and/or rehearsal. I/We assume the risk and agree that Lake City Highland Dance faculty have permission to engage in appropriate kinetic correction of the body for technical corrective purposes as part of regular class work and rehearsal.

3. It is my/our express intent that this Release and Hold Harmless Agreement shall bind the members of my/our family if I am alive, and my heirs, assigns and personal representative, if I am not alive. It shall be deemed as a RELEASE, WAIVER, DISCHARGE, AND COVENANT NOT TO SUE the above named RELEASEES. I hereby further agree that this Waiver of Liability and Hold Harmless Agreement shall be construed in accordance with the laws of the State of Idaho.

4. I UNDERSTAND THAT LAKE CITY HIGHLAND DANCE WILL NOT BE RESPONSIBLE FOR ANY MEDICAL COSTS ASSOCIATED WITH ANY INJURY THAT I OR MY CHILD MAY SUSTAIN.

5. I/We also understand that I/we should and am/are urged by RELEASEES to obtain health and accident insurance to cover any personal injury to me/my child (Participant), which may be sustained. I/We agree that I or my child (Participant) will adhere to the Rules and Regulations promulgated by Lake City Highland Dance and obey all local, state and federal laws while participating in this activity.

6. Upon execution of this agreement, the Undersigned also releases ownership and authorizes the use of his or her likeness and image, either in print media format or video in perpetuity for the promotion of Lake City Highland Dance.

7. I hereby grant Lake City Highland Dance and its legal representatives the irrevocable right and unrestricted permission to use and publish photographs or video images of me, or in which I may be included, for any purpose authorized by Lake City Highland Dance, including but not limited to: website use, editorial publications, catalog and advertising use. In granting this permission to Lake City Highland Dance and its legal representatives, I am fully and without limitation releasing it from any liability that may arise from the use of the images.

IN SIGNING THIS RELEASE, I ACKNOWLEDGE AND REPRESENT THAT I/we have read the foregoing Waiver of Liability, Hold Harmless and Use of Image Agreement, understand it and sign it voluntarily as my/I own free act and deed; no oral representations, statements or inducements, apart from the foregoing written agreement, have been made; I am at least eighteen (18) years of age and fully competent or, if I am under eighteen (18) years of age, my parent or legal guardian's approval and signature has been obtained; and I/we execute this Release for full, adequate, and complete consideration fully intending to be bound by the same. If I am under the age of eighteen, I have read, understood, and discussed with my parent or guardian identified below, and we hereby accept the terms and conditions stated in this WAIVER OF LIABILITY AND HOLD HARMLESS AGREEMENT.

Parent/Guardian Signature _____ Date _____

LCHD LEVELS

All dancers will be given the opportunity to perform at multiple venues and to compete if they so choose.

WEE SCOTS 1 (ages 4 – 5)

Wee Scots 1 is a fun and interactive class for our smallest dancers to learn the basic concepts of highland dance.

WEE SCOTS 2 (ages 5 ½ to 6)

In this class dancers will focus on combining movements and positions into dances in an uplifting, positive environment.

HIGHLAND 1 (ages 7 & up)

This class introduces students to the core skills of Highland dancing. Dancers will learn coordination and grace as they become confident in their dancing abilities, and master the Fling and Sword dances.

HIGHLAND 2 (ages 7 & up)

Highland 2 is for continuing students who are seeking to learn more of the dances, including the Seann Triubhas, Lilt, and Flora.

HIGHLAND 3 (ages 7 & up)

This is a twice per week class for more advanced, highly motivated students who want to challenge themselves to become better dancers.

TEENS/ADULTS (16 & up)

Teens and adults of any age can come find their Scottish spirit in this recreational cardio blast class. No prior experience necessary.

STUDIO INFORMATION AND POLICIES

INSURANCE

Lake City Highland Dance does not carry medical insurance for its students. It is required that all students be covered by their own family insurance policies and if injury occurs it is understood that the student's own policy is your only source of reimbursement.

REGISTRATION

Registration forms and waivers must be completed before students can attend any classes.

BAD WEATHER / HOLIDAYS

The studio will not necessarily close for snow days, regardless if area schools are closed. If in doubt call the studio before coming to class on the given day. Students will be contacted in case of cancelation before class.

ATTENDANCE

Good attendance is imperative, as absences and tardiness can hold back an entire class. Students should be prompt and prepared for class.

PRACTICE WEAR

Students must wear comfortable form-fitting dance attire to display proper body alignment and allow for easy movement. No baggy t-shirts, baggy shorts, blue jeans, no jewelry or other inappropriate attire will be allowed. Hair should always be securely pulled away from the face. Students must wear high socks and ghillies, however ballet or jazz shoes may be worn until ghillies can be acquired. Students should bring water bottles to keep themselves hydrated during class.

PRACTICE BOOKS

Practicing during the week is greatly encouraged to help the students remember what they have learned and improve upon it. Students are given practice books to record any practicing done during the week. Parents or students should write down the date and how long they practiced for in the book. Students can save up practices for points which can be used for prizes. At the end of the year, the student with the most practices will receive the LCHD Practice Trophy as well as a scholarship towards the next year's tuition.

WARM-UP ROOM

Dancers are to wait in the warm up room, not the parent viewing area before each class. Please put your child's shoes on there, and have them ready to go five minutes prior to their assigned class time. Dancers are free to continue practicing there before and after class, as long as they are not disrupting other students.