High blood pressure kills more people than any other condition – approximately 10 million people each year, more than all infectious diseases combined. Reducing blood pressure prevents stroke, heart attack, kidney damage, and other health problems.

Only 1 in 7 people with high blood pressure have it under control. An estimated 1.4 billion people worldwide have high blood pressure, but just 14% have it under control.

Blood pressure can be controlled. Health providers in high- and low-income countries, urban and rural areas, and across different health systems show it can be done. Canada has reached nearly 70% control nationwide, and Barbados and Malawi have shown it is possible to increase control rates rapidly.

Resolve will work with global, national and local partners to help scale up proven strategies to improve control of high blood pressure, including:

- Implementing practical treatment protocols – with specific medications, dosages, and steps to take if blood pressure is not controlled.

- Community-based care and task sharing – so that health workers who are accessible to patients in their communities can provide, adjust and intensify medication regimens per physician orders and protocols.

- Regular and uninterrupted supply of medications – getting the right medications to the right place at the right time to reach the patients who need them.

- Patient-centered services that reduce the barriers to adherence – such as easy-to-take medicine regimens, free medications and follow-up visits, and readily available blood pressure monitoring.

- Information systems – that allow continuous, real-time program improvement to determine how patients and providers are doing and catalyze rapid improvements.