Artificial trans-fat is a toxic chemical that increases the risk of heart attack and death. Globally, artificial trans-fat intake is estimated to cause 540,000 deaths every year.¹

**Artificial trans-fat can be eliminated.** Experience from food manufacturers shows artificial trans-fat can be eliminated (it may take 2-3 years for certain foods) and replaced with healthier alternatives without altering taste or increasing cost.²

**Elimination of artificial trans-fat has substantial health benefits.** Eliminating the addition of artificial trans-fats to foods in Denmark reduced deaths from cardiovascular disease.³ In New York State, people living in counties with artificial trans-fat restrictions had a 6.2% greater decrease in hospital admissions for heart attacks and strokes than people in counties without restrictions.⁴

**Resolve** will work with local, national, and global governments to help scale up proven strategies to reduce and eliminate exposure to artificial trans-fats and increase availability of healthier alternatives. This can be done through mandatory labeling, limits, and restrictions. The sources of trans-fat globally are varied and there is currently no systematic effort to measure or eliminate its use. Resolve will support the tracking of artificial trans-fat in the food supply and of people’s exposure to the chemical. Resolve’s ultimate goal is to completely eliminate the use of artificial trans-fats throughout the world.

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