Painting the Model in Costume
Gabriela Dellosso

OIL PAINTING

Brushes:
• Rosemary brushes: set #105 Oils and set # 150 Oil and acrylic Here is the link:
  http://www.rosemaryandco.com/gift-sets?page=1
• The Silver Grand Prix series and the Windsor & Newton Lexington II are very good Bristle brushes.
• Professional quality series 209- Utrecht bristle brushes, are reasonably priced and decent quality.
• Buy various shapes and sizes (#2,4,6,8) (especially filberts and flats).
• Try to include both bristle and synthetic
• Winsor & Newton -- Galeria are nice synthetic brushes - A round size 2 in this brand would be nice.
• Include in your collection a size #2 fan brush and a #0 or #1 sized round brush for detail, Loew Cornell Ultra Rounds --7020 -- Golden Taklon are excellent.
• Holbein series palette knives are also excellent for bold paint strokes. Also a synthetic house painters brush works well for large areas (you can get these at Home Depot)

Medium:

Preferred medium:
1. For your Turps: Chelsea Classical Medium lavender spike oil essence and (this is a natural non-toxic alternative to turpentine). For your linseed: Chelsea Classical studio clarified pale cold pressed linseed oil (also non-toxic). We will then mix them 50/50 in a separate small bottle. Here is a link where you can buy them: http://www.jerrysartarama.com/art-paints/oil-color-paints-and-mediu/chelsea-classical-studio-mediums/lavender-spike-oil-essence OR
2. A mixture of 50% linseed oil and 50% Oderless Mineral spirits (or Turpenoid )in a sparate jar. Then use this mixture and break it down again by adding 50% Oderless Mineral Spirits (or Turpenoid), to paint with.
3. You need a small bottle of Turpenoid.

Paints:
• Williamsburg or Vasari make good oil paints. Other choices include, Winsor & Newton, or Holbein.
Arrange colors in this order on palette (the colors with the asterisk in front are optional, but nice to have
on your palette):

- Titanium White
- *Brilliant Yellow light
- Naples Yellow
- Cadmium Yellow
- Cadmium Orange
- Cadmium red light
- Yellow Ochre
- *Raw Sienna
- *Transparent Red Oxide
- Burnt Sienna
- Venetian Red
- Alizarin Crimson
- Ultramarine Blue
- *Prussian Blue

Don’t forget to bring paper towels, **Viva is the best brand.

Tone your canvas or board (masonite with acrylic gesso primed) with either a Gray or Burnt Sienna

PASTEL PAINTING

PASTEL:

- Gray PastelBord – made by Ampersand (No larger than 11 x 14)

**Preferred Pastel surface: Neutral tones of: Art Spectrum Colourfix coated pastel paper

Or Neutral tones of Pastelbord by ampersand

- Or Gray Canson Paper – Single Sheets
- Hard Pastel set - – Nupastel, is decent – these are good for blocking in.
- A Skin tone set – Rembrandt makes good ones.
- Dark Pastel Sticks – Girault makes dark pastel sets, you can also buy the sticks individually.
- The following: Pastel pencils- Derwent – Burnt Umber, Black, Burnt Sienna, White
- Rembrandt: A range of Blues, Greens, and Reds.
- A soft nylon fan brush. · Paper Towels

WATERCOLOR

Paints:

- Winsor & Newton Cotman Studio Set: This is the 24 whole pan set that includes Cobalt blue and other Genuine Cadmiums.
• Please supplement this set with a tube of permanent white Gouache, Winsor Newton make a good white Gouache (don’t buy Zinc white please).

• If you buy tubed watercolors, please make sure you buy a white mixing palette.

**Brushes:**

• Kolinsky Sable is the best. Winsor Newton’s Series 7 are excellent but expensive. Sizes 0, 2, 4, 6, 8 are desired. Rhapsody Kolinsky brushes; by Creative Mark are a much cheaper alternative and good quality. Buy what you can afford.

• Galeria Synthetic Brush by Winsor Newton, Size 2 round and size 4 or 8 bright.

**Paper:**

• Strathmore 400 hot press plate finish 4 ply bristol paper. It comes in a larger sheet, so you should cut down the sheet to smaller sizes, depending on your composition (11x14 is a good starting size). This is for a special effect where you can wipe out lights.

• A more traditional paper recommendation is Fabriano traditional hot (smooth) or cold press (rough) 140 lb paper. You decide on the texture you prefer.

• Bring a container for water and also bring paper towels, Viva is the best paper towel brand.