

PLEASE POINT TO THE PHRASES THAT APPLY TO YOU



I don't have
access to my
passport



I am in debt



I don't control
my money



My family are
in danger



I don't receive
all of my wages



I can not
move freely



I don't have
days off



I work long
hours without
a break



I cannot leave
my house



I don't know
where I live



I am being
watched



I am told
what to do



I am forced
to work



I have been
physically hurt



I have no
choice who I
have sex with



I am told
where to go



I do not
feel safe



I don't have
a phone



I have been
forced to act
under the
influence of
drugs/alcohol



I am
threatened
with violence



I don't have
access to food



I have been
forced into
sexual acts
by others



I was promised
work, that did
not happen



I don't have
access to
healthcare



I don't go
to school



I don't choose
where I sleep



I am isolated
from friends
and family



I have to do
chores
for others



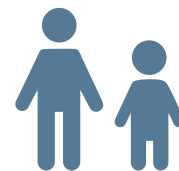
I cannot
speak freely
with others



I have been
forced to
commit crime



I am forced to
carry a weapon



I am in a sexual
relationship with
an older person



I am in
danger



I don't know
where I am



I am unhappy
at home



I was told
to avoid the
police

MODERN SLAVERY & HUMAN TRAFFICKING SURVIVOR SELF-IDENTIFICATION TOOL

What is this tool?

This tool was developed by survivors of modern slavery to help you explain what has happened to you to people such as police officers. The phrases and pictures represent situations that you might have been through. While some may seem normal, they can be signs that you're being exploited, which means someone might be making you do something you don't want to do or using you to make money. You might not pick every picture, each person has a unique story, but it might help you talk about what has happened to you

The Lived Experience Advisory Panel (LEAP), have developed this tool to help with what can be a difficult and frustrating process of identification and interviews.

You can find more information on modern slavery and human trafficking [here](#).

How to Use this Tool

- Do take your time, it can be hard to remember what might have happened.
- Do point to what phrases and pictures apply to you.
- Do focus on yourself and your experiences.
- Do ask for a break if you need one.
- Do ask for an interpreter if you need one.
- Don't panic, this is not a test, there are no right or wrong answers. You are not trying to reach any set number of phrases.
- Don't think a picture or phrase is more important than any other.

What's next?

You will have the chance to enter the National Referral Mechanism, this is the UK government's system for identifying and supporting potential victims of modern slavery. If you're over the age of 18, this is your choice to make, you do not have to enter support. Before making this choice, the options should be fully explained to you. If you are under the age of 18 you will be referred for support even if you do not want to be.

The NRM support for adults is currently provided by The Salvation Army, but this support only begins after receiving a positive reasonable grounds decision. If you are under the age of 18 support is provided by your local authority.

Only First Responder Organisations can make a referral to the NRM. The organisations include bodies such as the police, local authorities, some charities such as the Salvation Army, and The Home Office itself. You can find more information about the NRM [here](#).

If this support has not been explained to you, a first responder, the people responsible for referring you into support, should explain next steps in further detail. Including how a referral is made. As a first responder, they are your point of contact for the referral, they will contact and be contacted by the Home Office. They may need further information from you to carry out the referral. Communication is important throughout.

If you need more information, or advice on modern slavery, you can call the **Modern Slavery and Exploitation Helpline** on **08000 121700** which is run by the charity Unseen. The number is free to call and open from 8am - 9pm 365 days of the year. They will give you free and confidential advice.

This box is for first responders to help use the tool.

Further information about the NRM and being a first responder can be found [here](#).

- Explain your role as a first responder and how this tool can help.
- Use clear language, if an interpreter is needed make sure they are trusted, qualified and have appropriate checks.
- Allow for breaks and for time, trauma can make it hard to recall experiences, people may just remember small bits of information.
- Do not interject, be patient and do not lead people to any answer.
- There is no set number of indicators that the person must reach.
- Use this tool in a welcoming environment, not a space used for detaining.
- Allow people to use the tool more than once. It should not be seen as a one off opportunity.



LEAP
LIVED EXPERIENCE
ADVISORY PANEL