

Below is a list of the people I believe have done the coast walk continuously. I must thank David Cotton who first compiled a list and without which I would not have been able to include so many people, and also thank Peter Hill who expanded on the list. Where possible I have tried to verify info, but this was not possible for everyone. I am sure there are some walkers who I may have missed out (apologies to you if I have), though the below is a pretty concise list.

	Name	Age	Start/Finish	Miles	Start date	Days	Description
1	John Merrill	35	London	6824	Jan 1978	310	The pioneer and first to do the walk, in an era when it was probably even harder to do. Even a broken foot only set him back 2 weeks. His walking appetite never ceased after the walk and he has now walked in excess of 200,000 miles. <i>Book: Turn Right at Land's End</i>
2	Vera Andrews	?	Clacton	3524	Mar 1984	223	The first woman to do the walk and even got a Guinness World Record for the longest continuous walk by a woman. <i>Book: I've seen Granny Vera</i>
3	Vivienne Ibbott	?	Southampton	?	Mar 1986	?	No information could be found to verify this one. Included as was in previous list.
4	Helen Krasner	35	Brighton	4922	Mar 1986	337	Took the world record of Vera Andrews. She says she did little planning, was not particularly fit, which makes this effort even more impressive. <i>Book: Midges, maps and muesli</i>
5	Ron Bullen	59	Skegness	7047	Apr 1986	313	He visited every lifeboat station in the UK, and this was a full kit walk, camping as he went. He achieved an incredible distance and got included in the Guinness Book of Records. He revisited the walk in 2004 driving the route in a motorhome.
6	Paul Dyer	?	John O'Groats	?	Sep 1986	?	No information could be found to verify this one. Included as was in previous list.
7	John Westley	38	London	6626	Aug 1990	287	He was the first and until very recently (literally whilst I type the second is finishing) only person to also include Ireland with a combined distance of 9469 miles. Distance and mileage quoted is for GB only. <i>Book: And the road below...</i>
8	Spud Talbot-Ponsonby	25	London	4547	Aug 1993	305	Walked with her dog Tess and was supported by friends and family driving a motorhome around the route. <i>Book: Two feet four paws</i>
9	Jesse	?	?	?	?	?	No information found online other than book reference. But from a previous list not only did he walk the coastline, he took in Offa's dyke, south-north, north-south, then carried on with his walk, then he did the coast to coast east-west west-east, again continuing his walk. He held the world record for continuous walk. <i>Book: Friendship, spirit and freedom: Jesses long walk.</i>
10	Richard & Shally Hunt	52 52	Eastbourne	4298	Jan 1995	302	A couple who walked around the coast (possibly with a few small bus rides and lifts). <i>Book: The sea on our left.</i>
11	Geraldine Pettitt	?	?	5000	Mar 1995	235	No information could be found to verify this one. Included as was in previous list.
12	Robert Steel	75	London	4444	Mar 1995	?	He is the oldest walker to complete the challenge and did it to celebrate the centenary of the National Trust.
13	Paul Harvey	?	Boston	?	Jun 1996	?	No information could be found to verify this one. Included as was in previous lists which describes a BBC article regards the walk that now ceases to exist.
14	James Edmonds	28	?	?	?	?	No information could be found to verify this one. Included as was in previous lists which describes a BBC article regards the walk that now ceases to exist.
15	Peter Griffiths	?	Aberystwyth	6500	Sep 1997	525	A full kit carrying walk with a lot of time spent under canvas. At the end of the walk he staged a photo exhibition titled 'Footsteps on the edge of Britain.'
16	Douglas Legg	64	London	5000	Aug 1998	518	He not only has walked the coast of Britain, but has separately walked around Ireland as well. <i>Book: No fixed abode a long walk to the dome.</i>
17	Martyn & Alison King	?	Liverpool	5200	Jan 2000	689	They set of to visit every RNLI station around the coast. Very sadly 16 months into the walk Alison was diagnosed with a brain tumour. After treatment they returned to complete the walk. They married soon after the walk but sadly Alison died 18 months later.
18	Tom Isaacs	33	London	4500	Apr 2002	366	He was diagnosed with Parkinson's at the age of 27 and about 5 years later decided to do the walk to fund research into curing Parkinson's disease. He raised an incredible amount of money. <i>Book: Shake well before use-A walk around Britain's coastline.</i>
19	Graham Harbord	33	Bristol	5000	Sep 2002	381	Walked in remembrance of his wife Carol who died at a young age from Hodgkin's disease. He was raising money for a DNA sequencer which could have helped his wife. The walk itself was also hit by tragedy when retired vicar, Rev John O'Brien, who joined Graham for the final leg collapsed and died 2 miles from the end of the walk.
20	David Cotton	34	Edinburgh	6266	Oct 2002	362	He was supported by his girlfriend Sam who drove the roving basecamp 'Mervan.' He created a very detailed website as he walked which is still well maintained. On top of just doing the coast he also climbed the three peaks: Snowdon, Scafell Pike and Ben Nevis.
21	Louis	18	Whitby	?	Jul 2004	356	One of the youngest to do the walk, carrying out the walk in his gap year. He camped most of the way around.
22	Gary Lamb	25	Hythe	4500	Apr 2005	318	This was a 'Prayer walk' and he was assisted by his local church. <i>Book: Legs of lamb</i>
23	Greg Whitehead	?	Great Yarmouth	?	Jun 2006	?	Little information on this walker though was apparently a full kit carrying walker.
24	Jannina Tredwell	55	Lyme Regis	4500	Jan 2006	329	She did the walk with her two dogs and was supported by family and friends driving a motorhome around the route. She obviously hadn't had enough as in 2013 she walked around the coast of Ireland as well. <i>Book: Bit far for you dear.</i>
25	Wendy Bathard & Paul Barber	46 49	John O'Groats	5000	Nov 2006	366	The pair along with their dog Havoc did a full kit carrying walk. They just packed in their jobs and went for it.
26	Seb Green	18	Weymouth	3500	Feb 2008	318	I believe he is the youngest to do the walk. He did the walk to make amends for sparking an expensive sea rescue. He walked with his dog Flash and did indeed raise more than the sea rescue had cost.
27	Ges Laker	54	Portsmouth	5715	Jan 2009	379	A full kit carrier completed the walk with his two black labradors Sumo & Phoebe. <i>Book: The Tramp-An epic tale of one man & two dogs who went for a walk</i>
28	David Edwards	27	Cardiff	5020	Mar 2010	140	A full kit carrier couldn't find much information on the walk but the weekly

							mileage appears enormous about 250 miles a week. He walked along the north coast of Isle of Wight rather than through the busy city area around Portsmouth.
29	Nathaniel Severs	24	Portsmouth	7000	Jan 2010	300	He was a full kit carrier and included all islands connected to the mainland via a bridge. A quick timescale for the distance covered, getting some impressive weekly mileage.
30	Amy Leigh	39	London	6000 +	Feb 2010	240	Amy kept up an incredible daily mileage and was supported by her brother who drove the support vehicle. They did the walk in memory of their brother Dean who sadly passed way form kidney failure. They raised a lot of money for Kidney research UK.
31	Joe Robertson	23	Gravesend	5000 ?	Mar 2012	250	Couldn't find any specific reference to distance other than rough estimate from before the trip but appears to have been a very fast and enjoyable trip.
32	Dr Geebers	37	Brighton	6800	May 2009	915	A homeless man from Brighton who it appears at first never intended to walk around the whole coast. He built stone sculptures as he went around the coast for which he got donations to fund the trip. Despite the timescale I believe this was a continuous walk, the longevity is due to the sculptures he made on the way which having googled are very impressive.
33	John Rayment	59	Tilbury	5300	Aug 2012	319	This is technically a sectional walk based on my description but with only one extended stop (taking winter off), and knowing once I start I will wish I hadn't walked in winter am including it as a continuous walk. The 319 days does not include the break period. <i>Book: Coast lines</i>
34	Christian Nock	39	Blackpool	7000 ?	Aug 2012	587	He slept rough every night even refusing offers of accommodation. He included islands that were connected by bridges. He was an ex-soldier who was raising money for Help for Heroes and his walk seemed to gain a lot of publicity and he raised almost £200,000.
35	David Higgins	60	Withernsea	5630	Mar 2013	470	A slightly different tactic he carried camping equipment for some of the time but had a campervan at others. When using the campervan he had to drive it to the endpoint of day, then use public transport to get back to start point before doing the days walk, must have required a lot of planning.
36	Peter Hill	50	Southampton	5045	Feb 2014	291	Peter was accompanied by different friends and family throughout the walk who drove his motorhome around the route. A detailed planner and a very concise website. <i>Book: I may be gone for some time</i>
37	Adam Short	41	Southampton	6600	Mar 2014	508	A hard-core walker and unlike most if not all who had gone before him, who used paths, beaches, lanes etc., he literally tried to keep right on the water's edge. This appears to have led to a few issues with cliff scrambles, tide issues and many other things. He also carried a small pack craft to cross rivers/estuaries.
38	Wayne Russell	35	London	5058	Sep 2015	307	He actually ran around, not sure how fast, but most people think walking is hard enough. He carried camping gear the whole way. He was doing it in remembrance of this sister Carmel.
39	Elise Downing	?	London	5000	Nov 2015	301	She also ran around, carrying camping gear.
40	Josh Hicks	?	Lands End	5400	May 2016	214	Maybe the first Aussie to do the walk? Seems like a pretty fast and furious walk.
42	Natalia Spencer	41	Durdle Door	6000	Feb 2016	360	She walked in remembrance of her daughter, Elizabeth. She did the walk to channel her grief into raising money for the hospital that treated her daughter, and has raised over £200,000 already.
43	Alex Roswell	?	Margate	9500	Nov 2017	1196	This walk gained a lot of publicity, and raised a lot of money. He visited every RNLI station in the UK and Ireland. The mileage/duration includes Ireland as I do not have the GB only figures.
	Still walking						
	Wayne Dixon	44	Knottend		Feb 2016		He is walking the coast continuously with his dog Koda. And unlike anyone before him doing the walk he is organising litter picks on route to help clean up the coastline. He is doing the walk as it is a dream but also in remembrance of his father who he had hoped to do the walk with.
	Sam Doyle	30	Blackpool		May 2017		He is a veteran walking to raise money for PTSD Resolution charity. He is walking with his dog Jess, whom I think was given to him in a pub on route. He is expecting the walk to take him a little over 2 years.