No. 7 Lake Wainono Wetland

Area:
Lake Wainono is considered a wetland of national importance.

Time: 5 hours return
Level of Fitness: Low-Moderate

Start: The track follows along the beach. Walkers can start at either the Dead Arm end (south) or the Hook Historic Memorial (north). The topography is flat. Some of the time will be spent walking on beach shingle and stones which requires stamina. This is not a loop track and you will need to return along the same route or arrange to have a vehicle at each end.

Features:
- Landscape: Lake Wainono is a slightly salty bar built lagoon with the water being 335 ha at 1m above sea level. Hook swamp increases the diversity of the wetland. An artificial stopbank in the south stops any flooding.

- Vegetation: Willows, flax and tall grasses are to be seen on the north-west side of the lake and small rushes on the low-lying flats to the north.

- Wildlife: This area is a bird watchers paradise. There is a diverse range of wetland birds and fish species. 57 bird species have been recorded with 15 breeding species. Fish include long-finned and short-finned eels, brown trout and flounder. Whitebait, smelt and yellow eyed mullet also visit the lagoon in season. Lampreys visit the outlet stream.
  Hook beach is a popular place for sea fishermen.

- Wainono lagoon is populated by hunters during the duck shooting season (May). Water fowl include Canada geese, black swans, mallard and grey ducks, and paradise ducks.

- Please SHUT GATES and don’t disturb any stock.