

We aim to provide our students with vitamins & key nutrients essential for growth by offering a wide variety of **fruits** and **vegetables** in various colors.

Burlington Public Schools Elementary Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Popcorn Chicken Smiley Fries Broccoli Mixed Fruit	3 French Toast Sausage Hash Browns Carrot Dippers Applesauce	4 Nacho's Lettuce, Salsa, Cheese Sauce Corn Pear	5 Mac & Cheese Veggie Dippers Dinner Roll Peaches	6 Pizza Caesar Salad Roasted Chick Peas Mixed Fruit
9 Columbus Day (NO SCHOOL) 	10 Chicken Fingers French Fries Glazed Carrots Strawberries w/Topping	11 Hamburger or Cheeseburger Baked Beans Cape Cod Chips Veggie Dipper Apple Crisp	12 Meatball Sub Green Beans Garden Salad Pudding	13 Gills Pizza Caesar Salad Fruit Cup
16 Pancakes w/Sausage Hash Browns Orange Juice	17 Chicken Patty on Roll w/ Lettuce & Tomato Sweet Potato Fries Pear Cup	18 Taco's w/Lettuce, Salsa, Cheese Sauce Rice Corn Blueberry Crisp	19 Pasta w/Meatballs Garlic Bread Green Beans Pears	20 Homemade Pizza Garden Salad Roasted Chick Peas Mixed Fruit
23 Chicken Nuggets Tater Tots Peas Apple	24 Ravioli's Dinner Roll Green Beans Veggie Dippers Peaches	25 Baked Chicken Mashed Potatoes Stuffing Butternut Squash Mixed Fruit	26 Homemade Chicken Soup w/Grilled Cheese Apple Crisp Veggie Dippers	27 Sal's Pizza Caesar Salad Roasted Chick Peas Mixed Fruit
30 Hot Dogs Baked Beans Cape Cod Chips Carrots w/Ranch Dressing Orange Smiles	31 Popcorn Chicken Smiley Fries Peas & Mixed Fruit Halloween Cookie 	Alternative Daily Lunch Options: -Bagel and Cheese Stick or Yogurt -Peanut Butter & Jelly -Sun Butter & Jelly -Fresh Tossed Salad - Pizza (Mon.) -Hot Dog (Tues.) -Grilled Cheese (Wed) - Ham & Cheese Croissant (Thurs)		DAILY OFFERINGS INCLUDE: - <i>WW pita pocket or dinner roll</i> - <i>8oz. milk varieties</i> (<i>skim, low fat, or skim chocolate</i>) - <i>Piece of fresh fruit</i> - <i>Fresh salad</i> - <i>Fresh Veggie Boats</i>