



CLIFFORD HOUSE

What's On Jan-Mar 2018

“Somewhere to be me...”

Clifford House is here for you if you or your loved ones are affected by an illness that has no cure. You don't need to be referred to Clifford House by your GP or medical specialist.

It's up to you.

All activities at Clifford House are free, so there's nothing to pay at all. We can also offer free transport – please contact us to find out more.








www.clifford-house.eventbrite.co.uk

Clifford House is open Tuesday, Wednesday & Thursday 10am – 4pm

From dancing, drawing and drama to Q&A sessions and support groups, we have a packed programme of activities for you whatever your interests or ability. You're also welcome to join us for a complimentary lunch between 12pm-2pm each day.

More details about each activity can be found at www.clifford-house.eventbrite.co.uk

Key to activities

-  Practical advice and support
-  Express your creativity
-  Health and Wellbeing
-  Fun and Social
-  Appointment slots
-  Drop in - no need to book
-  Multi-Week Course*

**number inside circle indicates course week number*

Booking is easy

The quickest and easiest way to book is online
- all you will need is an email address.

Visit www.clifford-house.eventbrite.co.uk

Alternatively you can phone us on 0114 235 7560
(10am to 4pm, Tuesday-Thursday) or email
cliffordhouseenquiries@hospicesheffield.co.uk

For more information on Clifford House
please visit www.stlukescliffordhouse.org.uk

Practical Advice and Support

Working in partnership with a variety of organisations across the city, Clifford House offers you practical help and advice on how to live with your condition.



Citizens Advice Sheffield

Available Tuesday to Thursday from 10am–4pm, Citizens Advice Sheffield offer one-to-one advice to support you with a wide range of matters such as housing, finances, work, health, lifestyle and wellbeing.

One hour appointment slots can be booked at 10am or 2pm. At any other time, simply drop in for a chat.



Age UK

Age UK hosts regular group sessions at Clifford House. Upcoming dates are listed in this timetable.



The Brathay Trust

The Time 4 You project runs on Saturday mornings, using creative therapies and outdoor activities to provide bereavement support to young people aged 10-16.

Activity Timetable

For free transport options please call 0114 235 7650

Citizens Advice available daily 10am-4pm

Tues
Jan
9

| | | | |
|------------|---|--|-----------|
| | Living Well: Tackling Fatigue | | 10am-12pm |
| | Creative Writing | | 10am-12pm |
| | Art Club: Life Drawing | | 10am-12pm |
| | Scrapbooking Journal | | 10am-12pm |
| | Complementary Therapies | | 10am-12pm |
| | Games Room | | 10am-4pm |
| NEW | Drama Club | | 2pm-4pm |
| NEW | Coping Strategies: Cancer Related Fatigue | | 2pm-4pm |
| NEW | Skin Care & Make Up | | 2pm-4pm |

Wed
Jan
10

| | | | |
|------------|--|--|------------|
| | Internet & Tech Support Café | | 10am-12pm |
| | Complementary Therapies | | 10am-12pm |
| NEW | Art Club: Sculpture | | 10am-12pm |
| NEW | Coping with Cancer at Work | | 12pm-4pm |
| | Give it a Go: Ukulele | | 2pm-4pm |
| | Ask St Luke's: Advice from the Experts | | 2pm-4pm |
| | Coffee & Company | | 2pm-4pm |
| | Dancing for Health | | 2pm-4pm |
| NEW | Craft Club: Creativity Workshop | | 2pm-4pm |
| | Cinema Club: Dunkirk 2017 | | 5.30pm-7pm |

Thurs
Jan
11

| | | | |
|------------|--------------------------------|--|-----------|
| | Complementary Therapies | | 10am-4pm |
| | Craft Club: Home Crafts | | 10am-12pm |
| NEW | Mind & Memory: Memory | | 10am-12pm |
| NEW | Art Club: Photography | | 10am-12pm |
| | Cookery DIY: Seville Marmalade | | 10am-12pm |
| NEW | Book Club | | 2pm-4pm |
| | Art Club: Life Drawing | | 2pm-4pm |
| | TV Lounge | | 2pm-4pm |
| | Movement 4 All | | 2pm-4pm |

Activity Timetable

For free transport options please call 0114 235 7650

Citizens Advice available daily 10am-4pm

Tues
Jan
16

| | | | |
|------------|---|--|-----------|
| | Living Well: Managing Stress and Tension | | 10am-12pm |
| | Creative Writing | | 10am-12pm |
| | Art Club: Life Drawing | | 10am-12pm |
| | Scrapbooking Journal | | 10am-12pm |
| | Complementary Therapies | | 10am-12pm |
| | Games Room | | 10am-4pm |
| NEW | Drama Club | | 2pm-4pm |
| | Coping Strategies: Cancer Related Fatigue | | 2pm-4pm |
| | Age UK | | 2pm-4pm |
| NEW | Art Club: Print Making | | 2pm-4pm |

Wed
Jan
17

| | | | |
|------------|--|--|------------|
| | Internet & Tech Support Café | | 10am-12pm |
| | Complementary Therapies | | 10am-12pm |
| NEW | Art Club: Sculpture | | 10am-12pm |
| NEW | Coping with Cancer at Work | | 12pm-4pm |
| | Give it a Go: African Drumming | | 2pm-4pm |
| | Ask St Luke's: Advice from the Experts | | 2pm-4pm |
| | Coffee & Company | | 2pm-4pm |
| | Dancing for Health | | 2pm-4pm |
| NEW | Craft Club: Creativity Workshop | | 2pm-4pm |
| | Cinema Club: Sully 2017 | | 5.30pm-7pm |

Thurs
Jan
18

| | | | |
|------------|----------------------------|--|-----------|
| | Complementary Therapies | | 10am-4pm |
| | Craft Club: Home Crafts | | 10am-12pm |
| NEW | Mind & Memory: Mindfulness | | 10am-12pm |
| NEW | Art Club: Photography | | 10am-12pm |
| | Cookery DIY: Moroccan Menu | | 10am-12pm |
| NEW | Book Club | | 2pm-4pm |
| | Art Club: Life Drawing | | 2pm-4pm |
| | TV Lounge | | 2pm-4pm |
| | Movement 4 All | | 2pm-4pm |

Activity Timetable

For free transport options please call 0114 235 7650

Citizens Advice available daily 10am-4pm

Tues
Jan
23

| | | | |
|------------|---|--|-----------|
| | Living Well: Moving and Handling for Carers | | 10am-12pm |
| | Creative Writing | | 10am-12pm |
| | Scrapbooking Journal | | 10am-12pm |
| | Complementary Therapies | | 10am-12pm |
| | Games Room | | 10am-4pm |
| NEW | Drama Club | | 2pm-4pm |
| | Coping Strategies: Cancer Related Fatigue | | 2pm-4pm |
| NEW | Art Club: Print Making | | 2pm-4pm |

Wed
Jan
24

| | | | |
|------------|--|--|------------|
| | Internet & Tech Support Café | | 10am-12pm |
| | Complementary Therapies | | 10am-12pm |
| NEW | Art Club: Sculpture | | 10am-12pm |
| NEW | Coping with Cancer at Work | | 12pm-4pm |
| | Give it a Go: Jam Session | | 2pm-4pm |
| | Ask St Luke's: Advice from the Experts | | 2pm-4pm |
| | Coffee & Company | | 2pm-4pm |
| | Dancing for Health | | 2pm-4pm |
| | Lymphedema Support Group (St Luke's patients only) | | 2pm-4pm |
| NEW | Craft Club: Creativity Workshop | | 2pm-4pm |
| | Cinema Club: The Mountain Between Us | | 5.30pm-7pm |

Thurs
Jan
25

| | | | |
|------------|---------------------------------|--|-----------|
| | Complementary Therapies | | 10am-4pm |
| | Craft Club: Home Crafts | | 10am-12pm |
| NEW | Mind & Memory: Cognitive Skills | | 10am-12pm |
| NEW | Art Club: Photography | | 10am-12pm |
| | Cookery DIY: Tapas | | 10am-12pm |
| NEW | Book Club | | 2pm-4pm |
| | Art Club: Life Drawing | | 2pm-4pm |
| | TV Lounge | | 2pm-4pm |
| | Movement 4 All | | 2pm-4pm |

Activity Timetable

For free transport options please call 0114 235 7650

Citizens Advice available daily 10am-4pm

Tues
Jan
30

| | | | |
|------------|---|--|-----------|
| | Living Well: Breathlessness | | 10am-12pm |
| | Creative Writing | | 10am-12pm |
| | Art Club: Life Drawing | | 10am-12pm |
| | Scrapbooking Journal | | 10am-12pm |
| | Complementary Therapies | | 10am-12pm |
| | Games Room | | 10am-4pm |
| NEW | Drama Club | | 2pm-4pm |
| | Coping Strategies: Cancer Related Fatigue | | 2pm-4pm |
| | Age UK | | 2pm-4pm |
| NEW | Art Club: Print Making | | 2pm-4pm |

Wed
Jan
31

| | | | |
|------------|--|--|------------|
| | Internet & Tech Support Café | | 10am-12pm |
| | Complementary Therapies | | 10am-12pm |
| | Give it a Go: Guitar | | 2pm-4pm |
| | Ask St Luke's: Advice from the Experts | | 2pm-4pm |
| | Coffee & Company | | 2pm-4pm |
| | Dancing for Health | | 2pm-4pm |
| NEW | Craft Club: Creativity Workshop | | 2pm-4pm |
| | Cinema Club: Blade Runner 2049 | | 5.30pm-7pm |

Thurs
Feb
1

| | | | |
|------------|---------------------------------|--|-----------|
| | Complementary Therapies | | 10am-4pm |
| | Craft Club: Home Crafts | | 10am-12pm |
| NEW | Mind & Memory: Cognitive Skills | | 10am-12pm |
| NEW | Art Club: Photography | | 10am-12pm |
| | Cookery DIY: Kashmir Chutney | | 10am-12pm |
| NEW | Book Club | | 2pm-4pm |
| | Art Club: Life Drawing | | 2pm-4pm |
| | TV Lounge | | 2pm-4pm |
| | Movement 4 All | | 2pm-4pm |

Activity Timetable

For free transport options please call 0114 235 7650

Citizens Advice available daily 10am-4pm

Tues
Feb
6

| | | | |
|------------|---|--|-----------|
| | Living Well: Movement 4 All | | 10am-12pm |
| | Creative Writing | | 10am-12pm |
| | Scrapbooking Journal | | 10am-12pm |
| | Complementary Therapies | | 10am-12pm |
| | Games Room | | 10am-4pm |
| NEW | Drama Club | | 2pm-4pm |
| | Coping Strategies: Cancer Related Fatigue | | 2pm-4pm |
| NEW | Art Club: Print Making | | 2pm-4pm |
| NEW | Mindfulness | | 2pm-4pm |

Wed
Feb
7

| | | | |
|------------|--|--|------------|
| | Internet & Tech Support Café | | 10am-12pm |
| | Complementary Therapies | | 10am-12pm |
| NEW | Art Club: Sculpture | | 10am-12pm |
| NEW | Coping with Cancer at Work | | 12pm-4pm |
| | Give it a Go: Write a Cello Piece | | 2pm-4pm |
| | Ask St Luke's: Advice from the Experts | | 2pm-4pm |
| | Coffee & Company | | 2pm-4pm |
| | Dancing for Health | | 2pm-4pm |
| NEW | Craft Club: Creativity Workshop | | 2pm-4pm |
| | Cinema Club: Hacksaw Ridge | | 5.30pm-7pm |

Thurs
Feb
8

| | | | |
|------------|-------------------------------------|--|-----------|
| | Complementary Therapies | | 10am-4pm |
| | Craft Club: Home Crafts | | 10am-12pm |
| NEW | Mind & Memory: Theory of Creativity | | 10am-12pm |
| NEW | Art Club: Photography | | 10am-12pm |
| | Cookery DIY: Welsh Cakes | | 10am-12pm |
| NEW | Book Club | | 2pm-4pm |
| | Art Club: Life Drawing | | 2pm-4pm |
| | TV Lounge | | 2pm-4pm |
| | Movement 4 All | | 2pm-4pm |

Activity Timetable

For free transport options please call 0114 235 7650

Citizens Advice available daily 10am-4pm

Tues
Feb
13

| | | | |
|------------|---|--|-----------|
| NEW | Living Well: Sleep Better | | 10am-12pm |
| | Creative Writing | | 10am-12pm |
| | Art Club: Life Drawing | | 10am-12pm |
| | Scrapbooking Journal | | 10am-12pm |
| | Complementary Therapies | | 10am-12pm |
| | Games Room | | 10am-4pm |
| NEW | Drama Club | | 2pm-4pm |
| | Coping Strategies: Cancer Related Fatigue | | 2pm-4pm |
| NEW | Art Club: Print Making | | 2pm-4pm |
| | Age UK | | 2pm-4pm |
| NEW | Mindfulness | | 2pm-4pm |

Wed
Feb
14

| | | | |
|------------|---|--|------------|
| | Internet & Tech Support Café | | 10am-12pm |
| | Complementary Therapies | | 10am-12pm |
| NEW | Art Club: Sculpture | | 10am-12pm |
| NEW | Coping with Cancer at Work | | 12pm-4pm |
| | Ask St Luke's: Advice from the Experts | | 2pm-4pm |
| | Coffee & Company | | 2pm-4pm |
| | Dancing for Health | | 2pm-4pm |
| NEW | Craft Club: Creativity Workshop | | 2pm-4pm |
| NEW | Special Event: Valentine's Afternoon Tea | | 3pm-5pm |
| | Cinema Club: La La Land | | 5.30pm-7pm |

Thurs
Feb
15

| | | | |
|------------|---------------------------------------|--|-----------|
| | Complementary Therapies | | 10am-4pm |
| NEW | Craft Club: Chinese New Year Crafts | | 10am-12pm |
| NEW | Mind & Memory: Practical Creativity | | 10am-12pm |
| NEW | Art Club: Photography | | 10am-12pm |
| | Cookery DIY: St Luke's Signature Soup | | 10am-12pm |
| NEW | Book Club | | 2pm-4pm |
| | Art Club: Life Drawing | | 2pm-4pm |
| | TV Lounge | | 2pm-4pm |
| | Movement 4 All | | 2pm-4pm |

Activity Timetable

For free transport options please call 0114 235 7650

Citizens Advice available daily 10am-4pm

**Tues
Feb
20**

| | | | |
|------------|---|--|-----------|
| | Living Well: Tackling Fatigue | | 10am-12pm |
| | Creative Writing | | 10am-12pm |
| | Art Club: Life Drawing | | 10am-12pm |
| | Scrapbooking Journal | | 10am-12pm |
| | Complementary Therapies | | 10am-12pm |
| | Games Room | | 10am-4pm |
| NEW | Drama Club | | 2pm-4pm |
| | Coping Strategies: Cancer Related Fatigue | | 2pm-4pm |
| NEW | Art Club: Print Making | | 2pm-4pm |
| NEW | Mindfulness | | 2pm-4pm |

**Wed
Feb
21**

| | | | |
|------------|--|--|------------|
| | Internet & Tech Support Café | | 10am-12pm |
| | Complementary Therapies | | 10am-12pm |
| NEW | Art Club: Sculpture | | 10am-12pm |
| NEW | Coping with Cancer at Work | | 12pm-4pm |
| | Give it a Go: Ukulele | | 2pm-4pm |
| | Ask St Luke's: Advice from the Experts | | 2pm-4pm |
| | Coffee & Company | | 2pm-4pm |
| | Dancing for Health | | 2pm-4pm |
| NEW | Craft Club: Creativity Workshop | | 2pm-4pm |
| | Cinema Club: My Pure Land (Urdu, with English subtitles) | | 5.30pm-7pm |

**Thurs
Feb
22**

| | | | |
|------------|-------------------------|--|-----------|
| | Complementary Therapies | | 10am-4pm |
| | Craft Club: Home Crafts | | 10am-12pm |
| NEW | Book Club | | 2pm-4pm |
| | Art Club: Life Drawing | | 2pm-4pm |
| | TV Lounge | | 2pm-4pm |
| | Movement 4 All | | 2pm-4pm |

Activity Timetable

For free transport options please call 0114 235 7650

Citizens Advice available daily 10am-4pm

**Tues
Feb
27**

| | | | |
|------------|---|--|-----------|
| | Living Well: Managing Stress & Tension | | 10am-12pm |
| | Creative Writing | | 10am-12pm |
| | Art Club: Life Drawing | | 10am-12pm |
| | Scrapbooking Journal | | 10am-12pm |
| | Complementary Therapies | | 10am-12pm |
| | Games Room | | 10am-4pm |
| NEW | Drama Club | | 2pm-4pm |
| | Coping Strategies: Cancer Related Fatigue | | 2pm-4pm |
| | Age UK | | 2pm-4pm |
| NEW | Art Club: Print Making | | 2pm-4pm |
| NEW | Mindfulness | | 2pm-4pm |

**Wed
Feb
28**

| | | | |
|------------|---|--|------------|
| | Internet & Tech Support Café | | 10am-12pm |
| | Complementary Therapies | | 10am-12pm |
| NEW | Art Club: Sculpture | | 10am-12pm |
| NEW | Coping with Cancer at Work | | 12pm-4pm |
| | Give it a Go: African Drumming | | 2pm-4pm |
| | Ask St Luke's: Advice from the Experts | | 2pm-4pm |
| | Coffee & Company | | 2pm-4pm |
| | Dancing for Health | | 2pm-4pm |
| NEW | Craft Club: Creativity Workshop | | 2pm-4pm |
| | Cinema Club: Murder on the Orient Express | | 5.30pm-7pm |

**Thurs
Mar
1**

| | | | |
|------------|-------------------------|--|-----------|
| | Complementary Therapies | | 10am-4pm |
| | Craft Club: Home Crafts | | 10am-12pm |
| NEW | Book Club | | 2pm-4pm |
| | Art Club: Life Drawing | | 2pm-4pm |
| | TV Lounge | | 2pm-4pm |
| | Movement 4 All | | 2pm-4pm |

Activity Timetable

For free transport options please call 0114 235 7650

Citizens Advice available daily 10am-4pm

Tues
Mar
6

| | | | |
|------------|---|--|-----------|
| | Living Well: Moving & Handling for Carers | | 10am-12pm |
| | Creative Writing | | 10am-12pm |
| | Scrapbooking Journal | | 10am-12pm |
| | Complementary Therapies | | 10am-12pm |
| | Games Room | | 10am-4pm |
| NEW | Drama Club | | 2pm-4pm |
| | Coping Strategies: Cancer Related Fatigue | | 2pm-4pm |
| NEW | Skin Care & Make Up | | 2pm-4pm |
| NEW | Mindfulness | | 2pm-4pm |

Wed
Mar
7

| | | | |
|------------|--|--|-----------|
| | Internet & Tech Support Café | | 10am-12pm |
| | Complementary Therapies | | 10am-12pm |
| NEW | Art Club: Sculpture | | 10am-12pm |
| NEW | Coping with Cancer at Work | | 12pm-4pm |
| | Ask St Luke's: Advice from the Experts | | 2pm-4pm |
| | Coffee & Company | | 2pm-4pm |
| | Dancing for Health | | 2pm-4pm |
| | Lymphedema Support Group (St Luke's patients only) | | 2pm-4pm |
| NEW | Craft Club: Creativity Workshop | | 2pm-4pm |
| | ★ Special Event: Sufi Qawwali Singers Concert | | 6pm-8pm |

Thurs
Mar
8

| | | | |
|------------|-------------------------|--|-----------|
| | Complementary Therapies | | 10am-4pm |
| | Craft Club: Home Crafts | | 10am-12pm |
| NEW | Book Club | | 2pm-4pm |
| | Art Club: Life Drawing | | 2pm-4pm |
| | TV Lounge | | 2pm-4pm |
| | Movement 4 All | | 2pm-4pm |

Activity Timetable

For free transport options please call 0114 235 7650

Citizens Advice available daily 10am-4pm

Tues
Mar
13

| | | | |
|------------|---|--|-----------|
| | Living Well: Breathlessness | | 10am-12pm |
| | Creative Writing | | 10am-12pm |
| | Art Club: Life Drawing | | 10am-12pm |
| | Scrapbooking Journal | | 10am-12pm |
| | Complementary Therapies | | 10am-12pm |
| | Games Room | | 10am-4pm |
| NEW | Drama Club | | 2pm-4pm |
| | Coping Strategies: Cancer Related Fatigue | | 2pm-4pm |
| | Age UK | | 2pm-4pm |
| NEW | Art Club: Print Making | | 2pm-4pm |
| NEW | Mindfulness | | 2pm-4pm |

Wed
Mar
14

| | | | |
|------------|--|--|------------|
| | Internet & Tech Support Café | | 10am-12pm |
| | Complementary Therapies | | 10am-12pm |
| NEW | Art Club: Sculpture | | 10am-12pm |
| | Coping with Cancer at Work | | 12pm-4pm |
| NEW | Give it a Go: Jam Session | | 2pm-4pm |
| | Ask St Luke's: Advice from the Experts | | 2pm-4pm |
| | Coffee & Company | | 2pm-4pm |
| | Dancing for Health | | 2pm-4pm |
| NEW | Craft Club: Creativity Workshop | | 2pm-4pm |
| | Cinema Club: Hampstead 2017 | | 5.30pm-7pm |

Thurs
Mar
15

| | | | |
|------------|-------------------------|--|-----------|
| | Complementary Therapies | | 10am-4pm |
| | Craft Club: Home Crafts | | 10am-12pm |
| NEW | Table Top Gardening | | 10am-12pm |
| NEW | Book Club | | 2pm-4pm |
| | Art Club: Life Drawing | | 2pm-4pm |
| | TV Lounge | | 2pm-4pm |
| | Movement 4 All | | 2pm-4pm |

Activity Timetable

For free transport options please call 0114 235 7650

Citizens Advice available daily 10am-4pm

Tues
Mar
20

| | | | |
|------------|---|--|-----------|
| | Living Well: Movement 4 All | | 10am-12pm |
| | Creative Writing | | 10am-12pm |
| | Scrapbooking Journal | | 10am-12pm |
| | Complementary Therapies | | 10am-12pm |
| | Games Room | | 10am-4pm |
| NEW | Drama Club | | 2pm-4pm |
| | Coping Strategies: Cancer Related Fatigue | | 2pm-4pm |
| NEW | Art Club: Print Making | | 2pm-4pm |
| NEW | Mindfulness | | 2pm-4pm |

Wed
Mar
21

| | | | |
|------------|--|--|------------|
| | Internet & Tech Support Café | | 10am-12pm |
| | Complementary Therapies | | 10am-12pm |
| NEW | Art Club: Sculpture | | 10am-12pm |
| NEW | Coping with Cancer at Work | | 12pm-4pm |
| | Give it a Go: Ukulele | | 2pm-4pm |
| | Ask St Luke's: Advice from the Experts | | 2pm-4pm |
| | Coffee & Company | | 2pm-4pm |
| | Dancing for Health | | 2pm-4pm |
| NEW | Craft Club: Creativity Workshop | | 2pm-4pm |
| | Cinema Club: See details online | | 5.30pm-7pm |

Thurs
Mar
22

| | | | |
|------------|-------------------------|--|-----------|
| | Complementary Therapies | | 10am-4pm |
| | Craft Club: Home Crafts | | 10am-12pm |
| NEW | Table Top Gardening | | 10am-12pm |
| NEW | Book Club | | 2pm-4pm |
| | Art Club: Life Drawing | | 2pm-4pm |
| NEW | TV Lounge | | 2pm-4pm |
| | Movement 4 All | | 2pm-4pm |

Activity Timetable

For free transport options please call 0114 235 7650

Citizens Advice available daily 10am-4pm

Tues
Mar
27

| | | | |
|------------|---|--|-----------|
| NEW | Living Well: Sleeping Better | | 10am-12pm |
| | Creative Writing | | 10am-12pm |
| | Art Club: Life Drawing | | 10am-12pm |
| | Scrapbooking Journal | | 10am-12pm |
| | Complementary Therapies | | 10am-12pm |
| | Games Room | | 10am-4pm |
| NEW | Drama Club | | 2pm-4pm |
| | Coping Strategies: Cancer Related Fatigue | | 2pm-4pm |
| | Age UK | | 2pm-4pm |
| NEW | Art Club: Print Making | | 2pm-4pm |
| NEW | Mindfulness | | 2pm-4pm |

Wed
Mar
28

| | | | |
|------------|--|--|------------|
| | Internet & Tech Support Café | | 10am-12pm |
| | Complementary Therapies | | 10am-12pm |
| NEW | Art Club: Easter Art Crafts | | 10am-12pm |
| | Ask St Luke's: Advice from the Experts | | 2pm-4pm |
| | Coffee & Company | | 2pm-4pm |
| | Give it a Go: Write a Cello Piece | | 2pm-4pm |
| | Dancing for Health | | 2pm-4pm |
| NEW | Craft Club: Creativity Workshop | | 2pm-4pm |
| | Cinema Club: See details online | | 5.30pm-7pm |

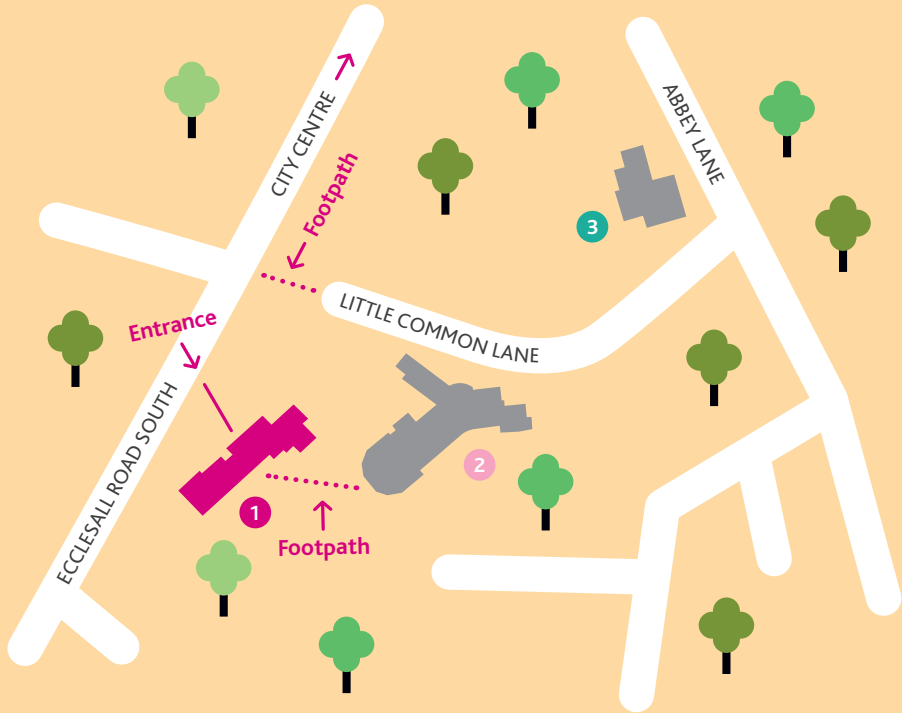
Thurs
Mar
29

| | | | |
|------------|--------------------------------|--|-----------|
| | Complementary Therapies | | 10am-4pm |
| NEW | Craft Club: Easter Home Crafts | | 10am-12pm |
| NEW | Table Top Gardening | | 10am-12pm |
| NEW | Book Club | | 2pm-4pm |
| | Art Club: Life Drawing | | 2pm-4pm |
| | TV Lounge | | 2pm-4pm |
| | Movement 4 All | | 2pm-4pm |

Getting Here

We are immediately next to the Whirlow Lane bus stop, served by the 81, 82, 271 and 272 buses. If you are driving, there is plenty of free parking at Clifford House on Ecclesall Road South.

Don't worry if you'll have trouble getting here – we can provide free transport. Please contact us to discuss options.



- 1 Clifford House
- 2 St Luke's Hospice
- 3 The Rising Sun Inn

Clifford House
Ecclesall Road South
Sheffield S11 9PX

T: 0114 235 7650 (Tues to Thurs, 10am - 4pm)
E: cliffordhouseenquiries@hospicesheffield.co.uk

Book activities now at www.clifford-house.eventbrite.co.uk



Registered Charity No. 254402

All details correct at time of publication