



# STANDUP FOR THE CURE

LAKE SAMMAMISH,  
WASHINGTON  
SATURDAY AUGUST 25<sup>TH</sup>, 2018

## 8:00 AM

### REGISTRATION & OPENING ACTIVITIES

- Change into your pink SUFTC Jersey
- Park your SUP at the water's edge
- Signup for the SUP Clinic, and your Breast Exam
- Enter the Sweepstakes Drawing—place your tickets in the drawing baskets
- Participate in the Silent Auction—bid on SUP Boards and other amazing items
- Shop in the Expo for new fun products

100% OF THE DONATIONS AND  
PROCEEDS FROM THIS EVENT BENEFIT  
SUSAN G. KOMEN PUGET SOUND.

- 8:00 AM** REGISTRATION OPENS
- 9:00 AM** SUP CLINIC BEGINS – ALL LEVELS
- 9:30 AM** HEALTH BOOTH OPENS  
*Breast & Melanoma Screenings*
- 9:45 AM** REGISTRATION CLOSES
- 10:00 AM** THE HAWAIIAN BLESSING FOR OUR BREAST CANCER SURVIVORS  
*The Pū conch signifies the launch the “Sea of Pink”*
- 10:30 AM** ADVANCED (5K) AND INTERMEDIATE (2.5K) RACES
- 11:00 AM** KIDS RACES
- 11:00 AM** YOGA CLASS – ALL LEVELS  
*Yoga to heal the body and soul*
- 11:30 AM** TEAM RELAY RACES
- 11:30 AM** HAPPY HOUR BEGINS  
*Live Music*
- 12:30 PM** LUNCH SERVED  
RAFFLE WINNERS POSTED
- 1:00 PM** SILENT AUCTION CLOSSES
- 2:00 PM** CELEBRITY PRIZE GIVING CEREMONY  
*Prizes for races and top fundraisers*