

NEWS

THINGS TO BE A PART OF AT CIB



Everyone deserves to
have a safe space
to be heard.



Thursdays

Pastor Ryan leaves two open appointments on his calendar every Thursday for anyone who would like to chat. No strings attached.

- Do you have a question about God, faith, or the church?
- Maybe you need a safe place to vent?
- Maybe you would like to get some guidance about the things you're facing in your life?

Whatever your reason, pastor Ryan is available to chat with you in a confidential environment where you will be listened to and responded to with love.

Snap the QR code above to reserve your spot to chat today.

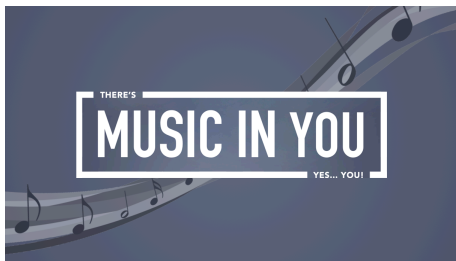


Change your life in 5 minutes.

Meditations For The Metro is a daily, five-minute episode of passages and perspectives set to music, tailored to seekers with busy lives.



Get more info at
churchinbethesda.org/meditations.



There's music in you!

If you play an instrument or sing, we want to include you in our Sunday worship! All ages and skill levels are welcome. Interested?



Snap this QR code to
send us an email.

THERE IS ~~NO~~ SUCH *a* THING AS A FREE LUNCH

Free food is distributed at 12:30 PM, Monday through Friday. No strings attached.
Get more info at churchinbethesda.org/lunch-program

Everyone Should Eat

If you are in need of meals, come to the back entrance of the church Monday through Friday at 12:30 PM for free food.



Get more info at
churchinbethesda.org/lunch-program.

MAY WE PRAY FOR YOU?

churchinbethesda.org/prayer

May we pray for you?

If you're celebrating something, we want to celebrate with you. If you're hurting, we want to carry that with you. Please visit our prayer page to share your requests with us.



Get more info at
churchinbethesda.org/prayer.

Get updates from CiB

Sign up at churchinbethesda.org/get-updates.

Get Updates

CiB sends out periodic updates to keep our community up to speed on all that's going on. Updates are available via email and/or text and you may unsubscribe at any time.



Subscribe today at
churchinbethesda.org/get-updates.

GIVE

Partner with us in our
good work in the world.

Generosity Is Worship

We invite you to partner with us in our good work by making a one-time or recurring donation. Your gifts enable us to be an even more engaging community.



Get more info at
churchinbethesda.org/cultivate.